



STAR ISLAND

Conferences for adults • Youth Conferences • Conferences for all ages

2010

About Star Island

Star Island is located ten miles off the coast of New Hampshire. It is the second largest of the nine islands that make up the Isles of Shoals. Its historic Oceanic House and adjacent buildings become the village home for thousands of visitors each summer. *The nonprofit Star Island Corporation has owned and operated Star Island since 1916, providing affordable individual and family retreats.* From June to September guests come for a day, an overnight visit or to attend one of the many conferences presented each summer on a range of subjects such as natural history, writing, photography, music, painting, ecology, matters of the spirit, yoga and more. And because Star Island has historic connections to Unitarian Universalism and the United Church of Christ, it has a liberal spiritual quality that is renewing and uplifting.

Summer Conferences

Each conference is self-administered with conference chairs arranging for speakers, workshops, childcare and the registration of its participants. This booklet contains descriptions of each conference, registration information and rates. There is additional information about speakers and program details for each conference on the Star Island website and most conferences have web sites as well.



Shoalers

When poet and artist Celia Thaxter (1835-1894) talked about Shoalers she was talking about the resilient villagers of the Isles of Shoals – families of fishermen who lived on the islands all year long. Now when we say Shoalers we mean those who come back to Star Island after their initial visit. It's a matter not of enduring hardships, but of attachment, of having a mind susceptible to the intrinsic nature and captivating history of Star Island.

Geography, Geology & Nature

Many species of birds have been sighted including bald eagles, snowy owls, and nesting colonies of cormorants, snowy egrets and black guillemots. Whales and dolphins can be seen in the Shoals area, and harbor seals have been sighted swimming in Gosport Harbor and sunbathing on Star's rocky shoreline. A checklist of the marine flora and fauna of the Isles of Shoals, compiled by the staff of Cornell University's Shoals Marine Lab included 256 species of invertebrates, 139 species of algae, 49 species of fish and 145 species of birds.

Island Preservation

Star Island is a fragile ecosystem which we work hard to protect while hosting thousands of visitors each summer. We are a leader in sustainable practices that include the following: a reverse osmosis drinking water system, a 70,000 gallon cistern for collecting rain water, the micro-biological secondary treatment system for wastewater, solar panels and we handle the largest amount of compost in New Hampshire. Conservation of resources is of prime importance as is preserving our historic buildings.

Buildings and Amenities

Enter the **OCEANIC HOUSE** and step back in time to a simpler, less hectic era. This historic building provides a glimpse into the life of the Grand Hotel Era of the late 1800s when Star Island attracted such notable artists and writers as Childe Hassam and Nathaniel Hawthorne. Rooms are simply furnished. Meals are hearty and served family-style in the hotel's dining room, which has changed very little since the hotel was built. Modern amenities inside the hotel include a **SNACK BAR** providing lobster rolls, ice cream and other delights. In the lobby, **SHOPS ON STAR** sponsored by the Isles of Shoals Association (Unitarian-Universalist), Inc., offer gifts, books and sundries. Income from the stores enables the ISA (U-U), Inc. to provide valuable support to the island. In addition to the hotel's guest rooms, a number of cottages and stone buildings provide accommodations and conference meeting rooms. Life is comfortable but not modern in part due to our commitment to conservation of resources. Living quarters in the main hotel and cottages have shared bathroom facilities for each floor, while the double rooms of the "motel" units have private toilets and sinks. Water for bathing is provided by the rainwater cistern; showers are available every-other-day. The **STONE CHAPEL** is one of Star Island's most prominent features. This simple meetinghouse was built in 1800 on the highest point of land. Chapel services are a cherished tradition and are held at the close of each day. Guests gather at the foot of the hill to form a procession, carrying candle lanterns as the villagers of long ago carried their whale-oil lamps up the same winding path. Inside the chapel, the lanterns, hung on brackets, provide the only source of light. The **VAUGHN-THAXTER MEMORIAL COTTAGE** houses a library as well as the Thaxter Collection of art and artifacts related to Isles of Shoals poet and artist Celia Thaxter and her family, and early records of Gosport Village history. The **RUTLEDGE MARINE LABORATORY** has salt water "touch-tanks" that provide near-natural habitats for a variety of aquatic creatures collected from the harbor and surrounding waters. Terrariums allow visitors to observe and identify island flora and fauna. The Vaughn-



Thaxter Cottage and Rutledge Marine Laboratory are open until Labor Day weekend.

Pelicans

Every job on the island—including docking boats, cooking and serving food, maintaining the grounds and providing all hospitality services—is staffed by a "Pelican," an affectionate term for the nearly 100 people who work on Star. In 1924, two members of the island kitchen staff brought a small awkward sailboat out to the island named "The Pelican". The staff members who were allowed to use the boat were referred to as "The Pelican Club." From that day forward, Star Island staff members were known as "The Pelicans."





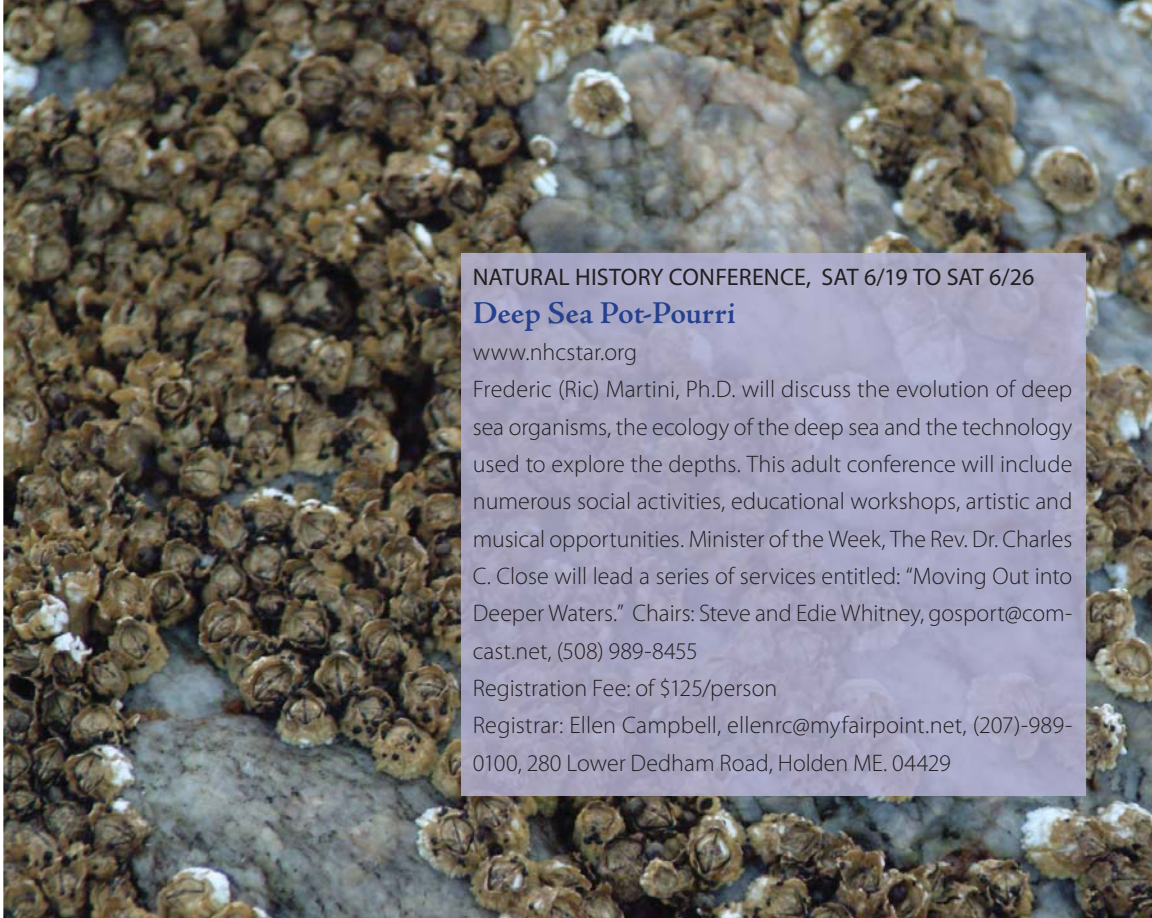
STAR ARTS CONFERENCE SAT 6/12 TO SAT 6/19

Artist Workshops

www.stararts.org

Professional and amateur artists alike are welcome to spend their mornings in the workshop of their choice: music, writing, drama, photography, dance, printmaking or letting their muse choose the time and pace of their inspirations during this weeklong, adults-only conference. Enjoy inspirational and humorous talks with fabulous music, spontaneous performances, quiet contemplation, chapel, rehearsals and adventures to nourish the creative, spiritual and curious mind. Registration fee: \$100/person. Registrants have the option to pre-pay room & board fees in installments. Please contact the conference registrar or visit starisland.org for information.

Registrar: Jill Brody, eastorchard@verizon.net, (401) 421-2678, 43 East Orchard Avenue, Providence, RI 02906



NATURAL HISTORY CONFERENCE, SAT 6/19 TO SAT 6/26

Deep Sea Pot-Pourri

www.nhcstar.org

Frederic (Ric) Martini, Ph.D. will discuss the evolution of deep sea organisms, the ecology of the deep sea and the technology used to explore the depths. This adult conference will include numerous social activities, educational workshops, artistic and musical opportunities. Minister of the Week, The Rev. Dr. Charles C. Close will lead a series of services entitled: "Moving Out into Deeper Waters." Chairs: Steve and Edie Whitney, gosport@com-cast.net, (508) 989-8455

Registration Fee: of \$125/person

Registrar: Ellen Campbell, ellenrc@myfairpoint.net, (207)-989-0100, 280 Lower Dedham Road, Holden ME. 04429

YOUNG ADULTS CONFERENCE
SAT 6/12 TO WED 6/16 OR SAT 6/19

Dream/scape

www.bigyacattack.com

YAC stands for Young Adults Conference, but can mean so much more. Youthful, Accommodating Community. You Are Connected! Or perhaps, Yachting Apparel Collective? At YAC we come together to create, share and grow as an intentional community. We offer conferee-run workshops that reflect our ever-expansive areas of interest and expertise, along with plenty of time to relax, rock out and (re)unite with friends.

Registration Fee: \$50/person

Registrar: Brandi Stoffregen, yacreg@gmail.com, (267) 261-8394
27 Beecher St. Apt 1, Jamaica Plain, MA 02130



RELIGIOUS YOUTH EMPOWERMENT (FORMERLY YRUU)
SAT 6/19 TO SAT 6/26

Waves and Undercurrents -Taking time to recognize the ebb and flow of change in ourselves and in our community

www.yruustar.org

RYE on Star Island is a weeklong conference for ages 15 to 22. We welcome back old friends and invite new ones to be a part of a diverse and open community and provide a safe atmosphere for spiritual growth and renewal individually and as a community. We gather to learn and question themes of faith, gender, art, sexuality, politics and much more in youth-led workshops and programming. Join us in creating new waves and experiencing familiar undercurrents as we celebrate and enjoy being on Star Island together.

Registration: see www.yruustar.org/registration for information

ISLES OF SHOALS HISTORICAL RESEARCH ASSOCIATION (ISHRA) CONFERENCE SAT 6/19 TO WED 6/23

Artistry of the Isles of Shoals: Past and Present

www.ishra.org

Explore the fascinating work of Shoals artists, writers and musicians from by-gone eras in this adult conference. Delve into the architecture and cuisine of the Victorian Isles. Engage in some craftsmanship of your own at seaweed-pressing and art workshops. Discover idyllic island spots and relax on the porch while gazing out to sea.

Registration Fee: \$90/person for members, \$100/person for non-members (includes 1 year membership)

Registrar: Amy Cook, cook-amy@comcast.net, (603) 440-8010, 78 Bedford St., #5, Manchester, NH 03101

Register online at www.starisland.org/ishrajune



ALL STAR I FAMILY CONFERENCE
SAT 6/26 TO SAT 7/3

Ears Wide Open: A Musical Odyssey

www.allstarone.org

Guest speakers include: musician and host of NPR's weekly *Spinning on Air*, David Garland and African drumming expert, composer and musical advisor to The Lion King on Broadway, Robert Levin. Get ready to tap your inner musician during this week-long exploration of world musical genres as we explore how music defines societies, bridges cultural divides, stirs the depths of our senses and nourishes the inner soul. No required reading or musical talent needed.

Registration Fee: \$85/adults (18+) and \$65/child (up to \$365/family).

Registrar: Annie & Scott Stewart, awstewart1@verizon.net, (703) 780-8775, 8400 Blakiston Lane, Alexandria, VA 22308



LIFESPAN RELIGIOUS EDUCATION FAMILY CONFERENCE SAT 7/10 TO SAT 7/17

Ministry Across the Generations: A Unitarian Universalist Faith Development Experience

www.starreweek.com

Guest Speaker: Margaret Sequeira, Director of Lifespan Faith Development at Williamsburg Unitarian Universalist, will guide us through a week of discovery on the topic of Ministry Across the Generations: Creating Multi-Generational Faith Development Communities. Inspirational Workshop include: Barb Greve's "Educating to Counter Oppression," Pat Ellenwood's "The Puzzle of Leadership," and Kiya Heartwood's "Multi-Generational Workshop" for all ages. This conference is for religious educators and volunteers, offering time for professional training and exploration, personal reflection, small group ministry, and the opportunity to experience UU multi-generational community in practice.

Registration Fee: \$150/person

Registrar: Jane Clay, registrar@starreweek.com, (603) 536-2296, 5 Rogers Street, Plymouth, NH 03264

Register online at www.starisland.org/LRE

ALL-STAR II FAMILY CONFERENCE
SAT 7/3 TO SAT 7/10

'The Times They Are a Changin'... Are They Really?'

www.allstar2.gurus.org

How hard is it to make political change in America? A look at what has happened to our politics, our campaigns, the issues that really matter. Guest speaker, Peter Fenn is President of Fenn Communications Group, a political consulting firm, teaches at George Washington University and can be seen on MSNBC opposite Pat Buchanan. Gather with us for laughter, friendship and spiritual renewal.

Registrar: Ron Cordes, as2registrar@gmail.com, (781) 275-6181, 3 Jeffrey Circle, Bedford, MA 01730

Registration Fee: \$100/adult (18+) and \$85/child, up to \$370/family.



MEDITATION WEEK SAT 7/10 TO SAT 7/17
A Contemplative Community Gathering

www.StarMeditation.org

Our week will be devoted to “practicing presence” in various synergistic ways: formal silent group meditation, solitary nature contemplation, socializing, and savoring little moments throughout the day. This retreat is suitable for beginning to advanced meditators, from a variety of traditions and faith backgrounds. Families with children may attend by special arrangement. Contact the registrar for details.

Registration fee: \$85/person

Registrar: Rev. David Scheuneman, Dave@StudioZero.org, (702) 738-4477, 2006 Hollywell St, Las Vegas, NV 89135

INSTITUTE ON RELIGION IN AN AGE OF SCIENCE (IRAS) SAT 7/24 TO SAT 7/31
The Energy Transition: Religious and Cultural Perspectives

www.iras.org

The transition from fossil to renewable resources will depend on good ethics and religion, as well as on good science and technology. This conference will focus on (1) ethical and religious perspectives that can be used to guide future energy choices and (2) energy choices which, in turn, might challenge ethical and religious perspectives.

Registration Fee: \$150/person; \$125/person for IRAS members

Registrar: Bonnie Falla, bfall@enter.net, 810½ N. Ninth St., Allentown, PA 18102

INTERNATIONAL AFFAIRS FAMILY CONFERENCE SAT 7/17 TO SAT 7/24
Empowering Women and Children for Global Health

www.internationalaffairsconference.org

The theme focuses on an emerging international consensus positioning women and children as the key agents for change in meeting the challenges of global health and well-being for all. International Affairs is a week of vitality and traditions, as newcomers join Shoalers returning to their “spirit’s home” for a provocative exchange of ideas, the vigor of friendships new and familiar and appreciation of the Island’s natural beauty.

Registration Fee: \$160/adult (18+), \$110/youth.

Registrar: Miriam Coe, miriam@internationalaffairsconference.org, (617) 524-2985, 48 Tower Street, Jamaica Plain, MA 02130

STAR GATHERING I FAMILY CONFERENCE SUN 8/1 TO SUN 8/8
Program Theme: Preaching That Changes the World

www.starisucc.com

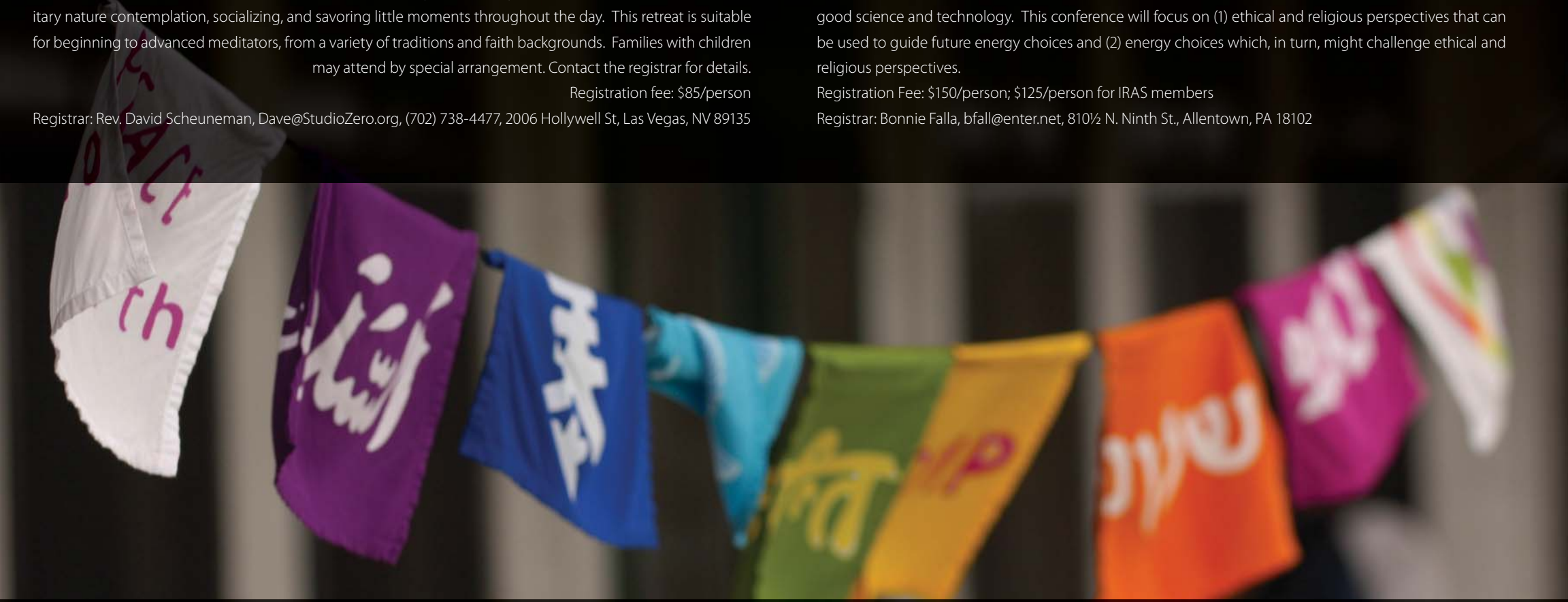
The adult daily program will focus on 6 great prophetic sermons and preachers--Fosdick, King, Coffin, Heschel, Taylor, and Flunder--and how they have wrestled with and transformed our world.


Worship Theme: Sacred Chow: Holy Ways to Eat

Using passages related to food in Scripture we’ll talk about making more local choices, sustainability, and how that all relates to our faith and the survival of the planet.

Registration Fee: \$100/adult (18 and over), \$100/youth (14-17), and \$75/child (13 and under).

Registrar: Keri Mattaliano, sg1_reg@yahoo.com, (860) 462-2533, 47 Steinert Ave, Hamilton, NJ 08619





SOUTHERN NEW HAMPSHIRE UNIVERSITY SUN 8/1 TO SAT 8/7

MFA Writing Residency on Star Island

www.snhu.edu

Six days of true retreat and inspiration for writing students enrolled in SNHU graduate program in writing. Visiting writer Joyce Maynard, whose books include "To Die For," "At Home in the World," and "The Usual Rule." Apply to SNHU Master of Fine Arts in Fiction and Nonfiction <http://www.snhu.edu/5749.asp> or contact Diane Les Becquets, Assistant Director, (603) 668-2211 ext. 2538; Cell: (603) 724-5784



NEW HAMPSHIRE SOCIETY OF PHOTOGRAPHIC ARTISTS SAT 8/7 – SAT 8/14

Digital Photography Workshop

www.nhspa.org

Peter Randall, a longtime Shoaler and founder of the New Hampshire Society of Photographic Artists instructs this program, now in its fourth year. This weeklong program is an opportunity to improve your photographs, add to your portfolio, and work with other photographers in a supportive program. With digital photography we review work daily. Daily assignments and critiques will help participants sharpen their creative vision to make better photographs. Participants must have some experience with photography and be familiar with their digital cameras.

Registration Fee: \$225/person

Registrar: Peter Randall, petererandall@gmail.com, (603) 502-6968, 377 Goodwin Road, Eliot, ME 03903

STAR GATHERING I YOUTH CONFERENCE
SUN 8/1 TO SUN 8/8

Seeking Sabbath

www.starisucc.com

Our media and culture want to keep us busy each and every second. What would it be like if we intentionally sought out time to simply waste with God? What might become of our lives then? Come to explore the idea of Sabbath—as rest, as religious observance, and as times of play, joy and healing—it might just change your life! This conference is open to all youth who will be entering 9th grade in the Fall of 2010 through 2010 high-school graduates. 18-year-olds will be charged the 12-17 room & board rate.

Program Fee: \$100/adult (18 and over), \$100/youth (14-17), and \$75/child (13 and under).

Registrar: Keri Mattaliano, sg1_reg@yahoo.com, (860) 462-2533, 47 Steinert Ave, Hamilton, NJ 08619



STAR GATHERING II FAMILY CONFERENCE SUN 8/8 TO SAT 8/14

www.starisucc.com

Program Theme: The Sea and the Star

As we experience the wonder of Star Island, we will gaze inward through teaching, practice and dialogue to connect with the Spirit of God dwelling majestically within us. Meditation and contemplative prayer enable us to live mindfully in the Presence of God even when we return to the mainland; the gate of heaven is everywhere.

Worship Theme: The Holy Revealed by the Sea & the Star

From the beginning the Spirit of God hovered over the depths of the waters, and today sojourners experience this Spirit on Star Island. We will explore the presence of God using the imagery of sea and stars through scripture, storytelling and poetry. God calls us still into this deep water of transformation and grace.

Program Fee: \$150/person \$100/adult (18 and over), \$100/youth (14-17), and \$75/child (13 and under).

Registrar: Lori Benson, sg2reg@verizon.net, (508) 273-7672, PO Box 298 Onset, MA 02558

STAR GATHERING II YOUTH CONFERENCE SUN 8/8 TO SAT 8/14

A Gathering of New and Old Friends

www.starisucc.com

Come together with new and old friends to experience Star Island, community and a time to grow in your faith. This conference is open to all youth who will be entering 9th grade in the Fall of 2010 through 2010 high-school graduates. 18-year-olds will be charged at the 12-17 room and board rate.

Registration Fee: \$150/person \$100/adult (18 and over), \$100/youth (14-17), and \$75/child (13 and under).

Registrar: Lori Benson, sg2reg@verizon.net, (508) 273-7672, PO Box 298 Onset, MA 02558

Room Classifications

Single rooms and motel units are limited in number and are charged accordingly.
 Double, full-sized beds are limited in number. Most double rooms have twin beds.
 Triple occupancy is possible but limited. Be sure to indicate roommate preferences.
 Motel units (private toilet and sink and twin beds) are reserved for adults.
 Rooms accommodating four persons are charged at the triple room rate.

2010 Room and Board Rates

Adult rates are per person and determined by room type.

Adult (18+ years)	Triple	Double	Single	Motel Double	Motel Single
7-night conferences	\$710	\$754	\$972	\$848	\$1343
6-night conferences	\$615	\$654	\$843	\$735	\$1164
Exploritas (Elderhostel)	650	685	800	720	1100
YAC (4-night), ISHRA June.	\$392	\$416	\$538	\$469	\$743
Cooking Full, Midweek I/II, Writelines, Women/Innerpeace 4-night. . .	\$383	\$409	\$524	\$456	\$724
Granite State, Writers in the Round, Yoga, Photo Retreat (Sept)	\$296	\$317	\$406	\$354	\$563
Pelican Reunion/Laity 3-night	\$314	\$335	\$424	\$372	\$581
Pelican Reunion/Laity 2-night	\$254	\$270	\$343	\$300	\$467
Worcester Art Museum	\$240	\$256	\$329	\$286	\$453
Cooking Short, Women/Innerpeace 2-night, ISHRA Sept, Singing. . .	\$211	\$225	\$290	\$253	\$400

Youth rates are determined by age on the first day of the conference, regardless of room type. Youth in motel units at a parent's request are charged adult rates.

Youth	Under 6	6-11 Yrs	12-17 Yrs
7-night conferences	\$0	\$452	\$600
6-night conferences	\$0	\$392	\$519
Pelican Reunion/Laity 3-night	\$0	\$207	\$271
Pelican Reunion, Laity 2-night	\$0	\$166	\$217

If you don't see your conference listed contact you conference's registrar. Scholarship information is available on conference websites.

10/10 Bring a Friend!

A special offer for Shoalers: Do you know someone who might like Star Island? This is the summer to introduce a friend to your conference or another conference. If you bring a newcomer to Star Island for a conference, you will get a 10% discount - and so will they! (Discounts are made on a matching one-to-one basis). See www.starisland.org/bringafriend for details

Room and Board and Other Charges

The balance of room & board bills and all other charges are to be paid in full on-island during your conference. There is a \$25 service charge for returned checks & \$25 fee for failure to pay the bill on-island. Star Island accepts Visa and MasterCard for room and board bill payment in addition to cash, personal checks, money orders and travelers' checks. We ask that those who are able to pay their bills via cash or check please do so to defray our costs. Credit cards are not accepted at the snack bar, so don't forget to bring your checkbook or some cash! The conference registration fee covers conference costs (see individual listings). For cancellations less than 2 weeks before the conference, you will be charged the entire room & board bill.

Children's Programs and Evening Child Monitoring

During scheduled adult activities, most conferences plan a full children's program, including childcare for those under three. Details about conference's children's program may be found on the conference websites or by contacting the conference registrar. Until September, we house families with children under eight in the same area and offer a child monitoring service from 8 to 11 p.m. All families with one or more children under eight are charged \$46/family (\$20/family for 4-day YAC, Laity and Pelican Reunion families). If paying these child monitoring rates is an undue hardship for your family, please contact Island Registrar, Kristin Laverty at klaverty@starisland.org.

Conference Overnight Guests and Personal Retreats

There are two ways to come to Star Island for overnight stays besides registering for a full conference. "Conference overnight guests" register for a segment of a conference so they may take part in conference activities (i.e.: workshops, discussions and children's programming). "Personal Retreats" are less-structured vacations of one night to a week or more where guests set their own schedule of activities and generally do not attend conference sponsored events. If you are new to Star Island these options offer you a way to spend a few nights on the island. If you are already attending a conference these options offer you opportunities to come back. For pricing and registration information, please visit www.starisland.org

Accessibility and Special Accommodations

The main lobby, dining room and pathways to several cottages and decks are wheelchair accessible. A specially equipped restroom, including a shower stall is adjacent to the lobby. Overnight accommodations are available for mobility-impaired individuals. The golf-cart-like "Vic's Vehicle" is available to transport guests in need of assistance from the dock to the hotel. Some meeting rooms and the majority of sleeping quarters can only be reached by walking up at least one flight of stairs or ambulating over a rocky path. If you have accessibility concerns, we suggest that you check with the conference registrar to see if our facilities will accommodate your personal needs.

Information about boat transportation to the island and parking will be available at www.starisland.org/boatsandparking.



RASAMAYA THU 8/12 TO SAT 8/14

Teacher Retreat

www.rasamaya.com

This weekend excursion is offered to Rasamaya® teachers and their families and will offer the opportunity to develop your movement practice in the company of others. It is a wonderful opportunity to learn from each other. Various styles of Rasamaya® movement classes will be offered for all levels of practitioners from beginner to advanced. Attendance in classes is not required. CEU credits are available for all workshops offered by 200 E-RYT or 500hr RYT/ERYT presenters.

Registration: see conference website



LIFE ON A STAR FAMILY CONFERENCE I
SAT 8/14 TO SAT 8/21

Reflecting on the Call to Serve

www.lifeonastar.com

How have you chosen to serve others? What meaning does it hold in your life? Service can be a powerful way to connect with one another across generations, beliefs, and cultures. Adam Davis, Senior Research and Teaching Associate with the Project on Civic Reflection and editor of *Hearing the Call Across Traditions: Readings on Faith and Service*, will lead us in the practice of civic reflection, a series of conversations that starts with short, thought-provoking readings and gradually opens up onto larger questions about civic engagement. Our week will also include workshops in music, yoga, and photography. Registration Fee: \$90/adult, \$70 per child.

Registrar: Shelley Lauer Bader, LOASregistrar@gmail.com, 649 Park Ave., Huntington, NY 11743

Register online at www.starisland.org/LOAS1



LIFE ON A STAR FAMILY CONFERENCE II
SAT 8/ 21 TO SAT 8/28

Musical Connections

www.lifeonastar.com

Please join us for a week of exploration and workshops on making personal and spiritual connections through music. While connecting, we'll have some fun and relaxation.

Minister of the Week: Rev. Liz Lerner Maclay is a lifelong UU with masters degrees in divinity and theology from Harvard University. She is currently the minister at The Unitarian Universalist Church in Silver Spring MD.

Registration Fee: \$90/adult, \$70 per child..

Registrar: Shelley Lauer Bader, LOASregistrar@gmail.com, 649 Park Ave., Huntington, NY 11743

Register online at www.starisland.org/LOAS2

EXPLORITAS I (FORMERLY ELDERHOSTEL)
SAT 8/28 TO FRI 9/3 OR EXPLORITAS II MON
9/6 TO SUN 9/12

www.exploritas.org

Exploritas will continue to be what Elderhostel was, a program created for and attractive to older, primarily retired adults; now the minimum age is twenty-one. The programs are for adults to learn, grow, explore and relax in a unique island setting. To register, call Exploritas headquarters toll free at (877) 426-8056.

Birding on a Historic Ocean Island (#11716)

Study birds of the Atlantic Flyway as they fly south, and learn to separate them by size, shape and flight patterns. Emphasis will be placed on shore and migratory birds around the Isles of Shoals. Beginning and intermediate birders welcome.

Watercolor Painting on a Historic Ocean Island (#11879)

Enjoy painting where Childe Hassam created over 100 canvases. Focus on shoreline landscapes, the lighthouse, stone buildings and ocean seascapes on the historical Isles of Shoals. Create your own mix of class instruction, painting on location, and daily critique to suit your interests. Beginners through advanced painters are welcome.

Digital Photography on a Historic Ocean Island (#15432)

Explore, study and photograph the beautiful Isles of Shoals. Each day includes instruction, critique, historical studies, free time for exploring, composing and taking photographs, and the mutual support of other photographers. Emphasis will be on composition, visual language and learning how to see. Beginning and experienced photographers are welcome.

CLERGY CONFERENCE SUN 8/29 TO FRI 9/3

Challenges, Questions, Pitfalls, and Joys: The Reality of Serving a Church

This conference will focus on clergy serving local congregations in their first 1-10 years of ordained ministry. We welcome those serving UU and UCC churches as well as ecumenical colleagues to join us for 6 days of programming, collegiality, and time for rest and renewal as we gear up for the new church program year. This conference is co-sponsored by the Pastoral Excellence Program of the Massachusetts Conference of the United Church of Christ and the Unitarian Universalist Association.

Registrar: Kris LoFrumento, Administrator of the Pastoral Excellence Program, lofrumentok@macucc.org, (508) 875-5233 x274 MACUCC, One Badger Road Framingham, MA 01581



CONFERENCE OF THE LAITY FRI 9/3 OR SAT 9/4 TO MON 9/6 Sitting Down, for God's Sake-What Does Sabbath Truly Mean?

This workshop will include lectures and small-group discussions for exploration of the joy of Sabbath by reflecting on four biblical strands found in Genesis, Exodus, the prophetic writings and gospels as well as the secular wisdom of the contemporary "slow" movement and "take back your time." There will be ample time for lively debate and quiet contemplation; active recreation and porch sitting. Workshop leader: Maren Tirabassi, author of numerous books, a well-known facilitator for UCC workshops and conferences, pastor and poet.

Registration Fee: Adults and ages 15+ \$20/person, 11-15 \$10/person, under 11 \$5/person, under 5 free. Registrar: Jayne Coyne, (603) 253-9446, PO Box 133, Center Harbor, NH 03226

WRITELINES MON 8/30 TO FRI 9/3

Creative Writing Workshop

www.writelines.net

This creative writing workshop is suitable for writers of all skill levels and genres. The workshop leader provides prompts from which the group will write. Participants who desire will read their work aloud. Positive comments only. Come with a pen, a notebook and a mind ready to be opened. Star Island and the workshop leader have a way of tapping into your creativity. For further information and pricing, visit www.writelines.net, or contact Dale at dale@writelines.net, (407) 803-8840.

WORCESTER ART MUSEUM TUE 8/31 TO THU 9/2

Painting and Photography on the Isles of Shoals with Sue and Louis Swinand

www.worcesterart.org/education

We'll visit Appledore Island where Celia Thaxter lived, wrote, painted, and hosted many of the most important literary and artistic figures of her time including Hawthorne, Whittier and William Morris Hunt. Her gardens were made famous by the paintings of Childe Hassam. Enjoy time to paint and sketch in any media. Individual instruction in painting, group critiques and poetry readings will be included. Non-student/spouses, writers, photographers, etc. are welcome! Registration: Contact Elizabeth Buck, elizabethbuck@worcesterart.org, (508) 799-4406 x3148, or visit www.worcesterart.org/Education.



PELICAN REUNION FRI 9/3 OR SAT 9/4 TO MON 9/6

Come Again in 2010

www.pelicansarepelicans.com

Pelicans are a rare breed (at least the Star Island version) and many haven't been back to the island in years. Make 2010 the year you come back again to reconnect with your "Spirit's Home." Challenge yourself to find everyone from one of your crews and have a crew reunion in the midst of the larger gathering. Bring your family and friends to experience a weekend on the island that is a part of your personal history. Black Knights and White Knights will join together in solidarity and create a restorative and memorable weekend. We left chanting "we will come back." Make 2010 the year that you do.

Registration Fee: Before June 15th, \$15/person. After June 15th \$30/person.

Registrar: Matthew Baya, Pelican '88,'90 & '91, registrar@pelicansarepelicans.org, (207) 667-4892, 85 Guptill Farm Road, Ellsworth, ME 04605

Register online at: www.starisland.org/pelreunion



GRANITE STATE COLLEGE MON 9/6 TO THU 9/9

Creativity, The Untapped Potential (ARTS 601)

Introduction to Oceanography (SCI 520)

www.granite.edu

Take a learning retreat! Granite State College of the University System of New Hampshire will host two courses on Star in an accelerated format. Courses are open to all, whether for a degree program or personal enrichment. One preparatory class session is required, to be held in Portsmouth about three weeks prior to residency on Star Island. For more information or to register, please call Granite State College at (603) 332-8335, or visit www.granite.edu.



MIDWEEK I MON 9/6 TO FRI 9/10

Retreat

Five days to return to a slower pace for rest, relaxation and renewal. All adults are welcome for uninterrupted time to read, talk with old friends, make new friends, doze, paint, bask in late summer sun or sit alone in peace and quiet. All events except orientation are optional. Minister of the Week: Reverend Mary Giles Edes.

Registration Fee: \$25/person. The registration deadline is August 1.

Registrar: Jan Collier, colliers1192@comcast.net, (603) 431-2344, 203 Cass Street, Portsmouth, NH, 03801-4942

INNERPEACE HEALING ARTS: LIVING IN BEAUTY WED 9/8 OR FRI 9/10 TO SUN 9/12

Nurturing Body, Heart and Soul

www.innerpeacehealingarts.com

Nurture, renew and celebrate spirit with yoga, meditation, relaxation and drumming. Embrace the majesty, wisdom and joy of your own true nature. The longer session includes two days of peace and quiet on our beautiful island haven. Susan Stibler is a Licensed Clinical Social Worker, Registered Yoga Teacher and the proprietor of Innerpeace Healing Arts. For more information and to register: www.innerpeacehealingarts.com



NEW HAMPSHIRE SOCIETY OF PHOTOGRAPHIC ARTISTS THU 9/9 TO SUN 9/12

September Retreat

www.nhspa.org

Peter Randall, a long-time Shoaler and founder of the New Hampshire Society of Photographic Artists, organizes this program, now in its 13th year. This weekend program is an opportunity to share your work with other experienced film based and digital fine art photographers. Special guest will offer an evening program and workshop. Members of the International Association of Panoramic Photographers will join us.

Registration Fee: \$85/person

Registrar: Peter Randall, petererandall@gmail.com, (603) 502-6968, 377 Goodwin Road, Eliot, ME 03903

WRITERS IN THE ROUND THU 9/9 TO SUN 9/12

Songwriters and Poets Retreat

www.witrhome.org/retreat

Writers in the Round Retreat is a creative retreat for songwriters and poets. The spirit of the retreat is supportive, creative and collaborative. It is a time for stretching boundaries, cross genre inspiration and fresh salt air. We welcome all levels of artistry. WITR offers daily classes, unstructured time for composition and collaboration, small group workshops and nightly song and poetry swaps. Past retreats drew writers from NH, ME, RI, MA, NY and CT. Past participants felt that the experience was unprecedented in sparking creativity, and in providing a safe learning environment. The instructors were supportive of risk taking and truly nurturing in a number of ways.

Registration: See conference website



ISLES OF SHOALS HISTORICAL RESEARCH ASSOCIATION (ISHRA) CONFERENCE FRI 9/10 TO SUN 9/12

History, Lore and Legends of the Isles of Shoals

www.ishra.org

The ISHRA fall weekend brings together all who delight in the history, lore and legends of the Isles of Shoals. Both new and old Shoalers will enjoy a weekend of casually organized activities. Explore Star Island at your own pace, take a rowboat trip to Smuttynose Island or just sit in the comfort of a porch rocking chair.

Registrar: Rose Schlegel, rmschlegel@comcast.net, 29 Pine Hill Rd, Newburyport, MA 01950

Registration Fee: \$60/person (ISHRA members) or \$70/person (non-members; the additional \$10 for a 1-year ISHRA membership)

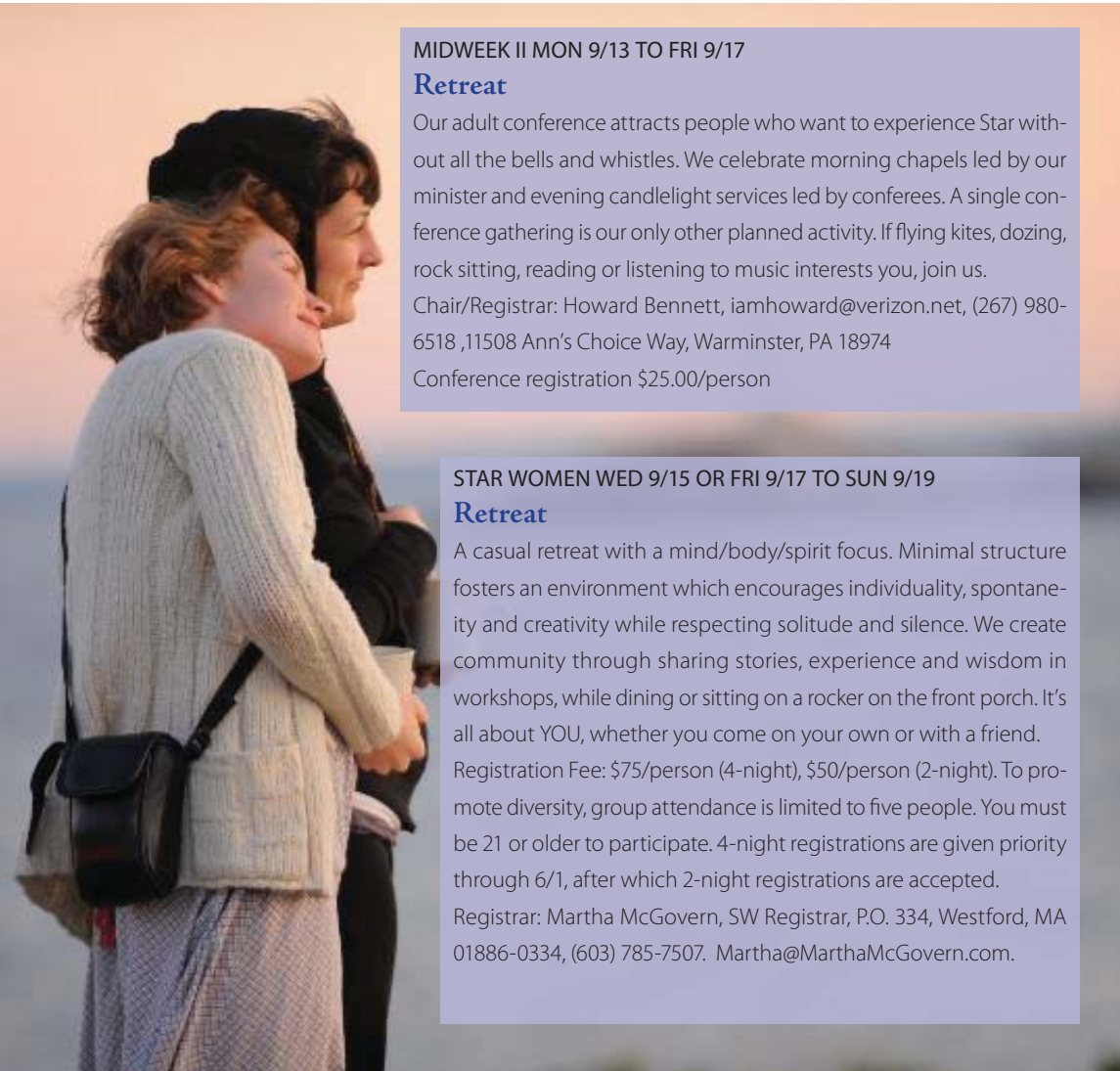
MIDWEEK II MON 9/13 TO FRI 9/17

Retreat

Our adult conference attracts people who want to experience Star without all the bells and whistles. We celebrate morning chapels led by our minister and evening candlelight services led by conferees. A single conference gathering is our only other planned activity. If flying kites, dozing, rock sitting, reading or listening to music interests you, join us.

Chair/Registrar: Howard Bennett, iamhoward@verizon.net, (267) 980-6518, 11508 Ann's Choice Way, Warminster, PA 18974

Conference registration \$25.00/person



STAR WOMEN WED 9/15 OR FRI 9/17 TO SUN 9/19

Retreat

A casual retreat with a mind/body/spirit focus. Minimal structure fosters an environment which encourages individuality, spontaneity and creativity while respecting solitude and silence. We create community through sharing stories, experience and wisdom in workshops, while dining or sitting on a rocker on the front porch. It's all about YOU, whether you come on your own or with a friend.

Registration Fee: \$75/person (4-night), \$50/person (2-night). To promote diversity, group attendance is limited to five people. You must be 21 or older to participate. 4-night registrations are given priority through 6/1, after which 2-night registrations are accepted.

Registrar: Martha McGovern, SW Registrar, P.O. 334, Westford, MA 01886-0334, (603) 785-7507. Martha@MarthaMcGovern.com.

COOKING CONFERENCES MON 9/13 TO FRI 9/17

Session 1: Cooking Up History; A Seat at The Islander's Table 9/13-9/15

Don't miss this marvelous culinary adventure! Join Chef Patrice Gerard, PCEC, for an epicurean journey. Enjoy an abundance of edible wisdom and savory fare. The freshest seasonal local ingredients grace our table. Master baker Cherie Davis' exemplary baked goods accompany. Our Shoals historian shares lore and legends. Rejuvenate, explore and cook up a memorable experience!

Session 2: Cooking up Comfort; Goodness and Well-Being from the Kitchen 9/15-9/17

Appealing and wholesome comfort food is our focus. We'll make it delicious and satisfying with an emphasis on nutrition. Regional, seasonal favorites will be on the menu made with truly nourishing ingredients. Delicious healthy food pleasures with Chef Patrice Gerard --a simply savory experience.

Two sessions offered: choose one or attend both.

Registration fee: \$125 for one session & \$175 for both sessions

Registrar: Susan Wallack, srwallack@gmail.com, (603) 828-3503, 12 Ruth Street, Portsmouth, NH 03801

STAR HAMPSHIRE DANCE FRI 9/17 TO SUN 9/19

18th Traditional Music and Dance Weekend

www.nhcountrydance.com/music/star-hampshire.html

A small, friendly music and dance weekend focusing on contra dancing. Square, English and couples dances will also be enjoyed.

There is time to relax and explore this beautiful island. You may join the yoga or small group singing conferences, rock on the porch, or attend a chapel service. Caller: Rick Mohr. Musicians: Karen Axelrod, piano and accordion; Dave Langford, fiddle; Peter Siegel, guitar and mandolin.

Registration Fee: \$75/person

Registrar: Chrissy Fowler, 93 Kaler Rd, Belfast, ME 04915 (207)338-0979 ktaadn_me@hotmail.com



SINGING IN THE SPIRIT ON STAR (STAR GUILFORD) FRI 9/17 TO SUN 9/19

Revitalizing the Small Church Choir

www.amidonmusic.com/starsinging

For directors and singers looking to revitalize their music ministry for worship, memorial services and end-of-life hospice singing. Peter Amidon, Tony Barrand and Andy Davis will teach four-part SATB songs. All are musical and lyrical; they are sung mostly a cappella, and foster spirit-filled performance.

Registration Fee: \$90/person

Registrar: Dr. Tony Barrand, tbarrand@comcast.net, c/o Star Singing, 38 Church Drive, Guilford, VT 05301



DOVER YOGA AND PILATES

THU 9/16 TO SUN 9/19

Yoga, Yoga, Eat!

www.doveryoga.com

"Yoga, yoga, eat" has become a well loved mantra during our annual retreats. It symbolizes not only the sharing of moments on the mat, but the sense of community we build through the sharing of (delicious) meals together! We are pleased to offer various styles of yoga, Pilates and meditation classes for all levels of practitioners from beginner to advanced. Freedom is given to choose from classes offered or design your own practice. Note: you need not be a member of the studio...but by the end of the weekend you'll want to be!

Registration Fee: \$100/person. Ask about our early bird registration discount!

Registrar: Jen at Dover Yoga, 1 Washington Street, Suite 320, Dover, NH 03820

Special thanks to the following photographers whose photographs are used in this publication:

Tim Barmann (cover), Sean D. Elliot, Jill Brody, Jeff Spoor, Jim Cerney, Bob Levine, and Irene Bush.

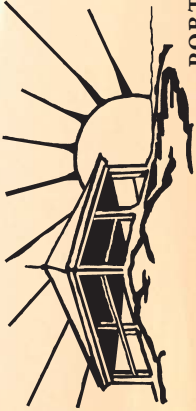
Medical Information

Star Island is a small island in a remote location with access only by boat. Although there is a first aid station on the island, it is equipped for only basic emergency and first aid treatment and may not be staffed at all times. In addition, the travel time to an off island medical facility is a minimum of an hour and may be much longer depending upon weather and sea conditions. The Star Island Corporation strongly recommends not participating in a conference if you suffer from any medical condition which might reasonably require emergency medical response including but not limited to heart conditions, the last trimester of pregnancy, severe allergic reactions, illnesses which require ongoing medical treatment or monitoring and other similar conditions. Additionally, if you have had or expect to have had recent surgery, neurological problems resulting in impaired mobility, mental health issues requiring use of medications or other similar conditions, or if you use or expect to use specialized medications, medical equipment, portable oxygen or other similar items, the Star Island Corporation strongly recommends consulting your physician to ensure that Star Island is a suitable environment for you to visit. Guests on Star Island are responsible for their own medical condition while on the island, including monitoring of health conditions and making sure that they have adequate medication to address any possible medical issues which may arise.

There are inherent risks in traveling to and staying on Star Island which cannot be eliminated, such as exposure to elements on a remote island including but not limited to inclement weather, wildlife and unmonitored terrain the potential for others participating in conference programs to act in a negligent manner that may cause or contribute to injury, harm or death; and lack of access to a medical facility without extensive travel by boat and motor vehicle.



Star Island is private property owned and operated by the Star Island Corporation, dedicated to religious and educational activities. All conferees, guests and day visitors come to the island with permission from the Star Island Corporation. This permission may be revoked at any time if, in the sole discretion of those in charge of island operations, such action is deemed necessary because of behavior that causes disruption of a meeting, program or activity; creates a threat to the health and safety of others; or causes damage to island property.



STAR ISLAND

MORTON-BENEDICT HOUSE

30 MIDDLE STREET

PORTSMOUTH, NEW HAMPSHIRE 03801

www.starisland.org • (603) 430-6272

