

# **Volunteer Information**

## **Spring 2014**

Welcome to Star Island Spring Volunteering!! The following information should help you to understand and carry out your duties as Volunteers. Please keep in mind that some schedules and policies may change.

### **First, a couple of ground rules:**

- 1) All volunteers must be at least 18 years old.
- 2) While there will be time to relax and socialize in the evenings, you should come prepared to put in 8 hours of old-fashioned hard work each day. Unfortunately, if people don't work when they're supposed to be volunteering, they might not be asked to come back.
- 3) The Star Island Corporation volunteer positions can be physical in nature. Requirements can include but are not limited to lifting up to 50 pounds at a time. Please let us know if you have any limitations which will hinder you from volunteering? If you do doesn't mean that you won't be able to come and volunteer it just helps us with our planning.
- 4) Our Spring volunteer weekends are usually limited to about 35 people with the exception of Memorial Day weekend which is usually about 60 people. We will make every effort to make it so that everyone that wants to come and volunteer is able to at least once.

## **General Information**

### ***What To Bring***

We will supply pillows. You should bring a sleeping bag or blankets, a towel, personal medications, glasses (reading/sun), comfortable shoes, flashlight, sun block, battery operated alarm clock, hat. Be prepared for all weather conditions; it can be warm and muggy or cold and rainy. Layers work well. You might want to bring snacks and a water bottle. Also please bring clothes that you don't mind getting dirty and rain gear.

### ***Luggage***

You are responsible for carrying your luggage to the boat and to your room so pack accordingly. It is better to pack two smaller and lighter bags than one heavier bag. Please limit your luggage to 40lbs or under (a duffle bag without wheels is preferable).

### ***Facilities/Bathrooms***

Many of our systems are not online this time of year, and some toilets are bucket flush only. Due to the limitations of off season systems we do not offer showers for our weekend volunteers. The volunteer weekend will have the feel of camping out/"roughing it".

Volunteers should expect to share their room with another volunteer. While we would love to offer single rooms to everyone, most of the time we will be working in many of the buildings preparing them for the season so that gives us a

smaller amount of space for housing. Before you arrive on island there will be an opportunity for you to let us know of roommate requests.

## ***Meals***

Meals are buffet style-self-serve and wash. At the end of each dinner, we ask for 2 people to help wash pots and pans from the kitchen. Vegetarian dishes will be available, but we are unable to provide vegan and gluten free options.

## ***Lodging***

Volunteers stay in rooms assigned by the on island Volunteer Coordinator. While we would love to give everyone singles, space is limited so most of the time we will have to double up.

## ***Boats***

Typically volunteer weekend boats depart Portsmouth at 5:30pm on Friday and arrive back at 4:30pm on Sundays. On the Memorial Day weekend there are typically 2 boats departing Portsmouth on Friday, one at 3:00pm and one at 6:00pm. There is one boat returning to Portsmouth at 5:00pm on Sunday and two boats returning to Portsmouth on Monday, one at 1:00pm and one at 5:00pm.

Dinner is provided on Friday nights upon your arrival.

## ***Typical Daily Schedule***

Below is the typical schedule from 2011. Times may vary for 2014.

### Friday

4:00 p.m. to 5:15 p.m.: Arrival and parking at dock in Portsmouth  
5:15 p.m. to 5:30 p.m.: Boat Boarding  
5:30 p.m. to 6:30 p.m. Boat Ride to Star Island  
6:45 p.m. to 8:15 p.m.: Orientation and dinner

### Saturday

7:15 a.m. to 7:55 p.m.: Breakfast  
8:00 a.m. to 10:00 a.m.: Work  
10:00 a.m. to 10:15 a.m.: Break  
10:20 a.m. to 12:00 p.m.: Work  
12:00 p.m. to 1:00 p.m.: Lunch  
1:00 p.m. to 3:00 p.m.: Work  
3:00 p.m. to 3:15 p.m.: Break  
3:20 p.m. to 5:00 p.m.: Work  
6:00 p.m.: Dinner

### Sunday

7:15 a.m. to 7:55 p.m.: Breakfast  
8:00 a.m. to 10:00 a.m.: Work  
10:00 a.m. to 10:15 a.m.: Break  
10:20 a.m. to 12:00 p.m.: Work  
12:00 p.m. to 1:00 p.m.: Lunch  
1:00 p.m. to 2:30 p.m.: Wrap up projects and clean up work area  
2:30 p.m. to 3:00 p.m.: Pack up and report to pier  
3:00 p.m. to 4:00 p.m.: Boat ride back to Portsmouth

If you have any general questions or comments, please feel free to call at (603) 430-6272 or e-mail at [rounder@starisland.org](mailto:rounder@starisland.org), or [office@starisland.org](mailto:office@starisland.org).

Thank you,  
Tim O'Connor  
Star Island Corporation Spring Volunteer Coordinator

## Volunteer Position Descriptions

### Automotive Repair/Service and Mechanical

We are seeking people with strong mechanical skills to work on our trucks and small engines, as well as other mechanical repairs as needed.

### Carpentry and Furniture Repair

This volunteering area is for the highly experienced carpenters. Work may include small furniture repair projects, rough and finish carpentry projects such as building an exterior stair case, replacing siding on buildings, rot repair, sheetrock/plaster repairs, etc.

Furniture repair includes replacing knobs on dressers, fixing wobbly dressers, desk and nightstands, refinishing desk tops, fixing broken rocking chairs etc.

### Chair Caning

Are you an experienced chair caner? With almost 100 caned wooden rocking chairs on island we are looking for volunteers to help us bring some of them back to life for the conference season.

### Foodservice Setup

Most of our foodservice volunteers will be helping to reawaken the large regular season foodservice area. This includes but is not limited to cleaning, scrubbing, mopping and painting. There may be a few foodservice volunteers who will be helping to prep, cook and doing dishes during the weekend.

### Gardening

(Usually limited to Memorial Day weekend and 15 people)

We have many flower beds about the island. On the Gardening crew you will help with weeding, planting and general beautification of the island's flower beds.

### Grounds/Landscaping and General Clean Up

You may be using power equipment for mowing and weed whacking, trash pickup, raking and beautifying the island grounds in preparation for the conference season.

### Information and Technology

Previous experience with networking, PC maintenance, Cat5, telephony, and technology in general is preferred.

### Living/Meeting Space Set Up

This is one of the largest areas of need on the island. During the spring work weekends you will help to clean and prepare these spaces in preparation of the conference season. Expect to be scrubbing, sweeping, mopping, and washing walls, windows, and furniture.

### Interior Painting

We are looking for people who have some experience and enjoy interior painting. Prep work (washing & sanding) are part of most jobs. Must be able to work on a short step ladder.

### Exterior Painting

We are looking for people who have experience and enjoy outdoor painting and/or applying preservative on the exterior of buildings and decks. Many jobs require one to work from staging or ladders.