



# Star Island

*discover. delight. unwind.*

Providing religious and educational retreats for families and individuals since 1915. Visit [StarIsland.org](http://StarIsland.org) for more information

## Family Programs

Multigenerational family programs are open to everyone! Each week-long program is led by a leadership team working throughout the year on and off island to deliver the quality experiences that Star Island has been known for since the early 20<sup>th</sup> century. From theme talks for adults to tie dye sessions for youth, there are a multitude of unique moments to enjoy.

Online registration now open at [starisland.thankyou4caring.org](http://starisland.thankyou4caring.org).



### Star Gathering I UCC Family Week

Saturday, August 1 to Saturday, August 8

Spirituality and Recovery

Join us for a family-friendly week focused on understanding a spiritual path. Mixed among intergenerational activities like arts and crafts, softball games, and talent shows, children and adults will find age appropriate groups to create long-lasting bonds of friendship. This year's theme invites adults in recovery or not to explore the spiritual path and Christian Journey that many experience on a 12 step program.

**Theme Speaker:** Rev. Emily Heath, Pastor, Congregational Church of Exeter, New Hampshire

**Minister of the Week:** Rev. Dr. Adam Hearlson, Asst. Professor of Preaching and Worship at Andover Newton Theological School, Newton, MA

### Star Gathering II UCC Family Retreat

Saturday August 8 to Saturday August 15

Everyday Offerings

Fifty years after the signing of the Voting Rights Act of 1965 and 6.5 years after the inauguration of the nation's first African-American President, through the use of six rich stories of American race relations, we will reflect on the history of race and religion in the United States. A history in which the UCC and its predecessors have played critical roles. We will look at the contributions and complexities of liberal religion and the experience of Africans and African Americans in US history beginning with the Amistad incident and ending with the Obama campaign and presidency. Throughout the sessions we will be attentive to the role of nonviolence and violence, the critical contributions of people of faith, and how the experience of race both separates us as Americans and brings us together.

**Theme Speaker:** Warren Goldstein, Chair of Dept. of History at University of Hartford, CT

**Minister of the Week:** Rev. Donna Schaper, Sr. Minister at Judson Memorial Church, NYC





## Youth Programs

Youth programs are open to any youth entering 9th grade through the summer after high school graduation. There are decades-old traditions in all the gatherings – candlelit chapel services, softball games, and more.

### Star Gathering I UCC Youth Week

Saturday, August 1 to Saturday, August 8

What is Holy to You?

We invite you to take a step away from the noise of the mainland and join us on Star Island to reflect on what it means to be holy and what is sacred. We will covenant to live together in a respectful community as we plumb the depths of our understanding of ourselves and the Divine, however it makes itself known to us. This week is for those seeking to understand themselves and their world in a richer and deeper way.

**Youth Leader:** David Clark, Andover Newton Theological School

### Star Gathering II UCC Youth Week

Saturday August 8 to Saturday August 15

Adulthood in the 21st Century: Stars or Islands

Star Island is committed to being a leader in environmental practice, and we are committed to assisting our youth in becoming transformational leaders of today and tomorrow through the healthy practice of vitality, sustainability, and accountability in every aspect of their lives. Practice for a week, experience for a lifetime!

**Youth Leader:** Rev. Brian Gruhn



### Laity Family Weekend

Friday, Sept. 4 or Saturday, Sept. 5 to Monday, Sept. 7

A Spiritual Approach to Personal Wellness

Reverend Fellows will guide us through a program that will help us find our own path to personal wellness—putting spirituality at the center. Wellness is more than just physical health, exercise, and nutrition. It also includes emotional health, stress management, environmental responsibility, and the most important dimension of well-being—healthy spirituality all of which we will explore. This program is not a series of lectures! We will have fun, move, reflect on our personal journeys, share, and get to know each other better.

**Minister of the Week:** Rev. Robert Fellows, Pastor of Community Congregational Church, UCC in Greenland, NH.



### Star Island Harmony

Friday, Sept. 18 to Sunday, Sept. 20

Secular & Sacred Choral Singing

for Community, Church and Hospice Choruses

A weekend of mostly a cappella 4-part harmony singing; of arrangements of folk songs, hymns, spirituals, gospel, seasonal songs, shape note songs and songs written by folks steeped in the oral tradition; for directors and singers in community, church and hospice choruses, and for those who simply love to sing.

Visit [StarIsland.org](http://StarIsland.org) for information on every summer program