

We are so excited for the start of another conference season on Star Island! Ensuring that our guests have a relaxing, fun, and safe time while on island is of utmost importance to us. We strive to offer a healthy and safe environment for all to enjoy as we are all a part of this intentional, caring, community.

With that in mind, we feel it is important to reiterate our health recommendations in light of the current increases in measles cases in the United States. We are unable to require our guests and day visitors to be up to date on immunizations, but we strongly encourage all guests to consult with their primary care provider and review the Centers for Disease Control and Prevention (CDC) recommendations for immunizations prior to arrival on island. We encourage all guests to check their immunization status to protect all guests, including those at greater risk for measles (the elderly, immunosuppressed, pregnant women and young children).

CDC Recommendations for Immunizations can be found at:

Adult Immunizations (<https://www.cdc.gov/vaccines/adults/index.html>)

Childhood Immunizations (<https://www.cdc.gov/vaccines/parents/visit/birth-6-vaccine-schedule.html>)

Measles is rare but is very contagious and spread through coughing and sneezing. Exposure to measles could occur in any public place including stores or schools. Although we don't believe Star Island is at greater risk than being in other public places, given the closeness of our community and our shared space we want to recommend reviewing information on measles. The CDC's Measles Frequently Asked Questions can be reviewed at <https://www.cdc.gov/measles/about/faqs.html>.

Please refer to our current medical considerations which can be found at <https://starisland.org/faq/medical-considerations/> prior to attending a conference on Star Island. If you have any specific questions or concerns you can reach out to our Community Health Advocate, Sarah Whalen, BSN, RN ([swhalen@starisland.org](mailto:swhalen@starisland.org)). We hope all of our guests can enjoy the island to the fullest and are looking forward to seeing you soon!