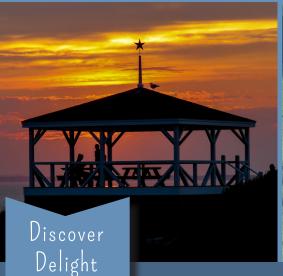


# 🐇 Star Island

### 2018 Program Catalog







Unwind



Programs for adults, youth & families!

### DISCOVER, DELIGHT, UNWIND.

A week on Star Island is like going to summer camp, but our summer experience is for everyone. Star Island offers all-inclusive programming that focuses on a particular theme or topic such as art, history, ecology, spirituality, and yoga—just to name a few!

During July and August, the programs are family-friendly and multi-generational. There are supervised youth activities, meals together in the dining hall, and plenty of free time to explore the Isles of Shoals, or enjoy kayaking, tennis, and swimming. Guests stay in the rustic and historic Oceanic Hotel and can participate in softball games, chapel services, workshops, and lectures, or simply enjoy the view from a porch rocker.

In June and September, the programs are more adult-focused. Some conferences last a few days, others a week, each with a unique theme or focus. Think of it as vacationing with a purpose!

For over 100 years, the nonprofit **Star Island Corporation** has maintained the island and hosted people of all ages as they connect with the natural surroundings and each other. The conferences are put on by dedicated groups of volunteers. Find out for yourself why visiting Star Island is a treasured family tradition for so many, and why guests describe their stay on Star as "magical".

### Our Mission

Our mission since 1915 is to hold and maintain Star Island and such other property as the Corporation may hold or acquire, as a center for religious, education, and kindred purposes consistent with the principles of the Unitarian Universalist Association and the United Church of Christ.

### Our Vision

Our vision is to create on Star Island an environment that frees all who come to renew spiritually, explore matters of consequence, and gain knowledge about the world as it might ideally be.

# 2018 Programs & Conferences

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### Ways to Register

- Register online at www.starisland.org
- Download a paper form **www.starisland.org/registration**
- Call our office at (603) 430-6272 and we'll mail you a paper form

#### **Select Conferences**

Attendees of select conferences are eligible to attend at a discounted rate. Please see page 25 for a breakdown of our discounts or visit our website at **www.starisland.org/discounts**. All eligible conferences are highlighted throughout this book in an orange box like this one.

#### **Natural History Week**

Building Durable Communities: Lessons for a Livable Planet SAT 6/16 to SAT 6/23

Join us as we explore lessons for a livable planet with Carl McDaniel, an esteemed scientist and environmental educator, who has spent a lifetime living the conference's theme as a researcher, educator, and individual. His scientific articles, books, lectures and the building of his energy-positive home will form the springboard for his program "Trail Magic: Lessons for a Livable Planet".

**Theme Speaker:** Carl McDaniel, Ph.D., Professor Emeritus of Biology, Rensselaer Polytechnic Institute, and Visiting Professor of Environmental Studies, Oberlin College

**Minister:** Rev. Douglas Wilson, Founder and Retired Executive Director of Rowe Camp and Conference Center

Program Fee: \$125/adults

**Scholarships & Questions?** Contact Registrar, Anne Perkins, anneperkins 43@gmail.com

Website: www. nhcstar.org

Eligible for a discount

### Institute on Religion in an Age of Science

Artificial Intelligence Turns Deep: Who's In Control?

SAT 6/23 to SAT 6/30

Machine learning, big data, fast computers—and massive financial investments in them--are rapidly changing the prospects of artificial intelligence (AI). How will AI shape our future and what it means to be human? How will we maintain human control of AI, and ensure that it benefits all of society?

**Program Fee:** \$225 for IRAS or members of partner & sponsor organizations, \$325 for non-members, and \$125 for youth up to 18 years old; \$500 cap on registration for families

**Scholarships:** Many scholarship and fellowship opportunities are available. Visit www.iras.org/fellowshipscholarships for more information

**Questions?** Contact the Registrar at mbgriswold@yahoo.com

Website: www.iras.org



### All Star 1 Family Conference

Shimmer, Sparkle, and Shine ... Together!

SAT 6/30 to SAT 7/7

In the immortal words of Earth, Wind, and Fire, "You're a Shining Star -- No matter who you are!" Encircled by nature, history, music, conversation, creativity, play, and opportunities to learn and reflect, this week is all about you doing you...which, of course, makes for a richer us.

**Theme Speaker:** Sarah Somers, J.D., MPH, National Health Law Project

**Minister:** Rev. Dr. Leon Dunkley, North Chapel, Woodstock, VT

**Program Fee:** \$100/adult (18+), \$80/youth, not to exceed a family maximum of \$380

Financial Aid: Financial Aid is offered on a completely confidential basis. Forms are available online, questions can be directed to Registrar, Susan O'Loughlin at sholoughlin@aol.com. Please consider a donation to the Financial Assistance Fund. You can write a check payable to All Star One, with memo FA Fund and mail to Ann Etter, 820 Superior Drive, Northfield, MN 55057. Thank you for your generosity!

**Questions?** Contact the Chairs at allstarone2018@gmail.com or the Registrar at asoneregistar@gmail.com

Website: www.allstarone.org

# All Star 2 Family Conference

Starting a Food Revolution One Yard at a Time SAT 7/7 to SAT 7/14

Linda Borghi, a passionate Biodynamic farmer and experienced individual believes that part of the answer to essentially every problem facing modern society - health-care, jobs, food, security, climate change, and more - is found in nutrient dense food and in the soil right under our feet. Join us for a week on Star Island learning about Linda's movement, Farm-A-Yard.

Theme Speaker: Linda Borghi

Minister: Rev. Megan Kelly Gorman

**Program Fee:** \$100/adult (18+), \$85/youth

Financial Aid: Financial assistance is available to individuals with need through the Ginny Levine Shoalership Fund. Visit our website for more information and to apply or contact financial.aid@allstar2.org. All inquiries and awards are kept confidential.

**Questions?** Contact Registrar, Ron Cordes at registrar@allstar2.org

Website: www.allstar2.org

Explore the conference listings on starisland.org to discover more about a conference's youth program.

#### Lifespan Religious Education

From Me to We:
Building Spiritual Communities
SAT 7/14 to SAT 7/21

People come to Unitarian Universalist communities for many reasons; wanting to raise thoughtful children, seeking a community of justice, finding a spiritual home. Join us as we re-imagine an approach to religious education that truly embraces the understanding that the whole church is religious education.

**Minster:** Rev. Dr. Leon Dunkley, North Chapel, Woodstock, VT

Program Fee: \$200/adults, \$150/child

under 12

**Scholarships:** Contact Registrar, Jane Clay at jhclay@roadrunner.com

**Questions:** Contact Conference co-chairs, Meagan Henry at meaganbeldenhenry@gmail.com or Lynne Weygint at fpw.dce@gmail.com

Website: www.starreweek.com

Eligible for a discount



### International Affairs Family Conference

America's Place in the World: Power, Influence, and World Order

SAT 7/21 to SAT 7/28

What are America's biggest challenges on the international stage? Since the end of WWII, the US has dominated the world politically, economically, and militarily. But America's place in the world is constantly changing and evolving. Our morning theme talks will explore different perspectives on this question.

Theme Speakers: Barry Posen, Professor of Political Science at MIT; Charles Maynes, former IA conferee and independent radio producer based in Moscow; Jendayi E. Frazer, visiting professor at Columbia University's School of International and Public Affairs, a former US Ambassador to South Africa, and former Assistant Secretary of State for African Affairs.

**Minister:** Rev. Darrick Jackson, Consulting Minister of the UU Fellowship of Storrs, CT and the UU Parish of Monson, MA

**Program Fee**: \$170/adult, \$130/youth. New person discount! IA is offering a \$100 discount to people who are new to the conference.

**Scholarships:** Visit our website for more info.

**Questions?** Contact Registrar, Kristin Laverty at kristin@internationalaffairsconference.org

#### Website:

www.internationalaffairsconference.org

#### Star Gathering UCC Family Conferences

Live Green, Love Green: Ecology, Faith and Justice www.stargathering.org

All of the Star Gathering conferences are united in our mission of Ecology, Faith, and Social Justice! Join our fun and supportive community as we take action towards transforming and deepening our relationship with the Earth. New and old friendships will be cemented as we enjoy intergenerational activities, educational and spiritual programs, games, crafts, and environmental exploration on our beautiful island home.

#### Star Gathering 1

SAT 7/28 to SAT 8/4

Star Gathering 2

SAT 8/4 to SAT 8/11

**Theme Speakers:** Rev. Dr. Brooks Berndt, UCC Minister for Environmental Justice, United Church of Christ; Shantha Ready Alonso, Executive Director, Creation Justice Ministries

**Minister:** Rev. Shayna Appel, Co-pastor, First Church (UCC), Jaffrey, NH and Minister at All Souls Church (UU), West Brattleboro.VT

**Program Fee:** \$115/adult, \$90/youth entering 8th grade and lower

**Financial Aid:** Please contact Registrar, Dawn Grobe at SG1registrar@stargathering.org for scholarship information

**Questions?** Contact the Chairs, Chris Gray and Susan Gray at sglchairs@stargathering.org

**Theme Speaker:** The Rev. Dr. Jim Antal, Minister and President of the Massachusetts Conference of the United Church of Christ, former Executive Secretary of the Fellowship of Reconciliation

**Minister:** Reverend Matilda Rose Cantwell, Director of the Center for Religious and Spiritual Life and College Chaplain, Smith College

Program Fee: \$115/adult, \$90/youth

Financial Aid & Questions? Contact the Registrar at stargathering2registrar@gmail.com



### Life on a Star 1 Family Conference

Just Breathe SAT 8/11 to SAT 8/18

Join us as we actively explore the world we breathe in-and-out every day. Our discussions and activities will cover the spectrum of the scientific to the spiritual and the musical to the magical.

**Theme Speaker:** Sam Kean, New York Times bestselling author

Minister: Rev. John Gibbons, First Parish,

Bedford, MA

**Program Fee:** \$130/adult, \$80/youth

**Scholarships:** Visit www.lifeonastar.org/scholarship.htm for more information

**Questions?** Contact Patti Emmons patti@ emmons.org or visit

www.lifeonastar.org/newshoaler.htm

Website: www.lifeonastar.org/LOAS1.htm

Explore the conference listings on starisland.org to discover more about a conference's youth program.

### Life on a Star 2 Family Conference

*Play* SAT 8/18 to SAT 8/25

We don't stop playing because we grow old; we grow old because we stop playing."

- George Bernard Shaw

Come play with us on Star Island and explore the importance of play in our lives, our children's lives, our relationships and our work. What does play mean to you?

**Theme Speaker:** John Keefe, journalist, tinkerer, coder and product manager at Quartz, a digital news outlet

**Minister:** Rev. Carol Thomas Cissel, UU Fellowship of Centre County State College, PA

Program Fee: \$130/adult, \$80/youth

**Scholarships:** Visit www.lifeonastar.org/scholarship.htm for more information

**Questions?** Contact Registrar, Mary Heafy at LOAS2Registrar@gmail.com

Website: www.lifeonastar.org/LOAS2.htm



### Star Gathering Weekend UCC Family Conference

A Weekend of Mindfulness and SoulCollage®

FRI 8/31 or SAT 9/1 to MON 9/3

Rev. Dr. Deborah Roof, a life-long learner in Christian theology and non-Christocentric wisdom traditions, will present interactive sessions on mindfulness, simplicity, and gratitude. Liz Greenberg, L.I.C.S.W. and SoulCollage® facilitator, will guide you in using intuition and inner wisdom to create a SoulCollage® Deck, "The Story of You".

**Theme Speakers:** Rev. Dr. Deborah Roof, Senior Pastor of First Parish Congregational UCC in East Derry, NH; Liz Greenberg, L.I.C.S.W. and SoulCollage® facilitator East Derry, NH

Program Fee: \$40/adult, \$20/youth

**Scholarships:** Contact siuccfinaid@stargathering.org

#### Questions:

sgfwregistrar@stargathering.org

Website: www.stargathering.org

Eligible for a discount



#### **Pelican Reunion**

Accessibility and Inclusion of Everyone
FRI 8/31 or SAT 9/1 to MON 9/3

Rekindle your Pel friendships and make new ones. Join us for a relaxing weekend with an emphasis on activities accessible to all. Move your body with Tai Chi for everyone, arts & crafts on the porch, evening trivia, Yankee Swap, silent auction and other popular Star Island activities.

**Minister:** Rev. Dr. Meg Richardson, faculty, Starr King, Berkeley, CA

**Program Fee:** \$40/adults, \$20/youth received by August 15, 2018; \$80/adults, \$40/youth after August 15, 2018

**Scholarships:** Email financialaid@pelicansarepelicans.org for more information

**Questions?** Contact Registrar, Matt Baya at matt@baya.net

Website: www.pelicansarepelicans.org



**11** YOUTH

### Star Gathering 1 UCC Youth Conference

Being Beloved
SAT 7/28 to SAT 8/4

This week we will practice living in beloved community, where there is space for everyone. We will participate through service projects and environmental conservation, focus on loving ourselves, each other and God. Come and find the wonder, transformation and joy of being beloved and naming the belovedness in another! SG1Y provides programming for rising 9th grade youth to graduated high school seniors.

**Program Leader:** Jennifer Murray, MDiv

Program Fee: \$115/person

Financial Aid & Questions? Contact Jennifer Murray at jennifermurray802@gmail.com

 $\textbf{Website:} \ www.stargathering.org$ 

Eligible for a discount



## Youth Empowerment and Spirituality

YES 10-Year Anniversary SAT 8/4 to SAT 8/11

The YES conferences comes together to create a welcoming and supportive community that promotes and affirms our personal and spiritual growth. YES conferees organize and participate in exciting workshops, join nightly worships, and share meaningful conversations under the stars. We will be incorporating a celebration of the 10th anniversary of the conference into our 2018 program! The YES Conference is open to anyone ages 16-22.

Minister: Rev. Dave Scheuneman, Studio

Zero, Las Vegas, NV

Program Fee: \$85/person

**Scholarships:** Contact registraroftheyes@gmail.com for more information

**Questions?** Contact Co-Chairs, Craig Hildreth & Nathaniel Clark at chairoftheyes@gmail.com

Website: www.yesonstar.org



#### Isles of Shoals Historic and Research Association

www.ishra.org

#### **IUNE**

Through the Lens of History A Photographic Look at the Isles of Shoals

SAT 6/23 to WED 6/27

Vintage photos from yesteryear help us understand the people and places that make Star Island so meaningful. Journey with us over the past hundred years through a treasure trove of authentic photos to better understand those images that capture magical moments of Star Island's past. Create your own keepsakes as we hear from experts on ways to create our own cherished memories.

Program Fee: \$100/person

**Questions?** Contact Chair, Ellen Koenig at ellen.koenig123@gmail.com

Eligible for a discount

#### **SEPTEMBER**

Fishing Through the Ages at the Isles of Shoals

FRI 9/7 to SUN 9/9

Fishing drew the earliest settlers to the Isles of Shoals—indeed, the very name of the islands may come from that era's large schools of "shoals" of fish. Join us in tracing the history of fishing in the Shoals and New England from the 1600s to the challenges of today.

**Theme Speakers:** Co-Chairs Laurence Bussey and Joel Plagenz will be joined by speakers on topics ranging from archeology to marine biology

Program Fee: \$60/person

Questions? Contact Co-Chairs Laurence Bussey and Joel Plagenz at ishraconference@comcast.net

#### **New England Heritage**

Step Back in Time to 1918 SAT 8/25 to TUE 8/28 or SAT 9/1

Explore life in 1918 when the "war to end all wars" drew to a close, a flu pandemic swept the globe, suffrage and prohibition dominated parlor conversation and breakfast cereal and electric streetcars were all the rage. Turn back the clock with speakers and activities that highlight a century past.

**Program Fee:** \$125/person (age 12+) for the 7-night session, \$90/person (age 12+) for the 3-night session

Questions? Contact Ann Beattie at NewEnglandHeritage@comcast.net

#### Road Scholar

Road Scholar is a nonprofit organization dedicated to inspiring adults to learn, discover and travel. They hold themed programming on Star Island each summer. To register visit www.roadscholar.org. Program numbers are referenced in the description.

Experience Star on a Historic Ocean Island

SAT 6/23 to SAT 6/30 SAT 8/25 to FRI 8/31 Watercolor Painting on a Historic Ocean Island

> SAT 8/25 to FRI 8/31 SAT 9/1 to FRI 9/7

Venture out to Star Island and join in a wide variety of activities, including meditation, engaging with your creative process, and delving into New England history. And if you need a rest after a botany walk, there is plenty of time to gaze out to sea while relaxing on the front porch. (#21155RJ)

Enjoy painting where Childe Hassam created over 100 canvases. Focus on shoreline landscapes, the lighthouse, stone buildings and ocean seascapes on the historic Isles of Shoals. Create your own mix of class instruction, painting on location and daily critique to suit your interests. Beginners through advanced painters are welcome. (#11879RJ)

#### Gatsby on the Isles

Summer Soiree on Star Island SAT 8/25 to SUN 8/26

Gatsby on the Isles, a 1920s bash on the high seas, featuring music, lawn games, and a picnic on Star Island. Join us for the day or spend the night for an evening of dancing at the historic hotel. It's a summer jaunt guaranteed to be the bee's knees.

**Questions?** For overnight accommodations, contact Star Island. For general event questions, contact Adam at adam@oldasadam.com

**Website:** www.oldasadam.com/gatsbyon-the-isles



#### **Star Arts**

Exercise Your Creative Energy SAT 6/16 to SAT 6/23

Star Arts, an adult conference, offering optional workshops in visual arts, writing, dance, music, theater, and photography as well as exercise and entertainment. Expand your talents or try something new with other congenial souls. We invite you to feed your spirit in this encouraging and inspiring environment.

Workshop Leaders: Rev. Bill Clark - dance; Bryan Cahall - music; Gary Glor - theater; Nancy W. Taylor - visual arts; Jeanne Beckwith - writing; Photography TBA. See our website for fuller descriptions

**Program Fee:** \$110/person

**Scholarships & Questions:** Visit our website for more info or contact the Registrar at stararts.registrar@qmail.com

Website: www.stararts.org

Eligible for a discount



#### Writelines

Writing on an Island SAT 6/23 to WED 6/27 MON 9/3 to FRI 9/7

Writers of all levels gather together to explore and write wherever the pen directs. We write by candlelight in a stone chapel, on a wraparound porch, with the sound of waves and gulls. We pick up writing techniques from the presenter, from other writers, and from the articles prepared by the presenter.

Program Fee: \$325/person

**Questions?** Contact Dale Slongwhite at dale@writelines.net

Website: www.writelines.net



#### **Island Watercolor Intensive**

Wine Dark, Bottle Green, or Sapphire Blue: What Color is Your Ocean?

SAT 7/14 to FRI 7/20

Painting Star's ever-changing skies, seas and clarity of light and color, we join a long tradition of Isles of Shoals artists. We'll incorporate drawing sessions, hone traditional and experimental techniques and, introduce drawing and painting the figure in the landscape. Personalized instruction is geared to beginners and intermediate students, and an important part of the experience is sharing and supporting each other's work in frequent group critiques. All levels of watercolorists welcome.

Program Instructor: Julia Morgan

Program Fee: \$260/person

Questions? Contact Julia Morgan at julia@

jmorganart.com

#### **Rug Hooking Retreat**

TUE 9/4 to FRI 9/7 MON 9/10 to THU 9/13

Come re-discover your creativity and unwind in a truly unique and beautiful setting. Bring your rug hooking, knitting, spinning - whatever rejuvenates you creatively. The goal is to help you relax, breath in the sea air, connect or reconnect with your creativity, and have fun in a setting like no other. There will be no formal instruction, but we will have the opportunity to discuss goals in your rug hooking journey.

Program Fee: \$150/person

Questions? Contact Chair, Pam Bartlett at

redhorserugs@comcast.net

Website: www.redhorserugs.com



#### Quilter's Conference

Star in Your Own Island Adventure

TUE 9/4 TO FRI 9/7
MON 9/10 to FRI 9/14

A quilting conference set upon the idyllic Star Island with scenic vistas and ocean breezes. Relax and rejuvenate with quilting friends while you stitch away on your favorite project. While primarily quilting on your own, there will be demonstrations and activities throughout the conference. Join us for a dream getaway!

**Program Leaders:** Jean Kearney, certified quilt and Zentangle teacher from JFK Quilts, Durham, NH; Jaci Lawson, Art Quilter and Pattern Designer, Backriverbags.com & Artquiltblog; Mary Furber, Teacher and Pattern Designer, formerly of Little Lamb Quilt Shop (Session II only)

**Program Fee:** Session I - \$120 per person; Session II \$140 per person

Questions? Contact Jaci Lawson at jlawson@dfcpas.com

Website: www.backriverbags.com



#### Writers in the Round

Fostering Creativity
THU 9/6 to SUN 9/9

Writers in the Round is a creative retreat for songwriters and poets. The spirit of the weekend is supportive, creative, and collaborative. We welcome all levels of artistry for daily classes, structured and unstructured time for composition and collaboration, small group workshops, and nightly song and poetry swaps.

**Program Fee:** \$110/person **Minister:** Rev. Craig Werth

Questions? Contact Ellen Taylor at

ellen.taylor@maine.edu

**Website:** www.witrhome.org/retreat

#### NH Society of Photographic Artists Annual Retreat

THU 9/6 to SUN 9/9

Join the 21st annual New Hampshire Society of Photographic Artists retreat. Fine art photographers will share their work, offer short photography-related programs, and meet others with similar interests. A guest photographer offers an evening program and will discuss unique aspects of their craft. All are welcome. Peter Randall and Joe Mazzaqilia are co-chairs.

**Program Fee:** \$85/members, plus \$25 for non NHSPA members.

**Questions?** Contact Peter Randall at peter-erandall@gmail.com

Website: www.nhspa.org

#### **Chamber Music Festival**

Music from various periods, ancient and contemporary FRI 9/7 to SUN 9/9

A superb weekend of world-class chamber music by extraordinary musicians will again resonate in our 200-year-old, candlelit stone chapel, enliven the lobby of our 19th Century hotel and fill our intimate Pink Parlor. Join a weekend of musical bliss with wonderful combinations of cello, piano, violin, viola, clarinet, and voice.

**Program Fee:** \$110/person

**Questions?** Visit our website or contact Registrar, Jill Brody at

registrar.chambermusic@gmail.com

Website: www.chambermusiconstar.org



#### **Star Harmony**

Harmony Choral Singing FRI 9/14 to SUN 9/16

A weekend of a cappella and pian harmony singing: arrangements of folk songs, hymns, spirituals, gospel, seasonal songs, shape-note songs and songs written by folks steeped in the oral tradition; for directors and singers in community, church and hospice choruses, and for those who simply love to sing.

**Singing Leaders**: Mary Cay Brass, Mary Alice Amidon, and Peter Amidon

Program Fee: \$100/person

**Questions?** Contact Registrar, Peter Amidon at amidonpeter@gmail.com

**Website:** www.amidonmusic.com/work-shops/star-island-harmony

#### Star Hampshire Dance

25th Traditional Music & Dance Weekend FRI 9/14 to SUN 9/16

Our small, friendly dance weekend focuses on contra dancing, and includes square, English country, couple dances and we'll explore traditional French dances. There's time to explore the beautiful, historic island, join yoga or singing conferences, rock on the porch and attend a chapel service.

**Dance Callers:** David Millstone and Chrissy Fowler

Musicians: Karen Axelrod - keyboard & accordion; Rachel Bell - accordion; Andy Davis - accordion& banjo; Laurie Indenbaum - fiddle

Program Fee: \$90/person

**Questions?** Contact Registrars, Peter & Thelma Thompson at pjt368@hotmail.com or (802) 333-7160

Website: www.starhampshire.org



#### Soulwork Retreat

TUE 7/31 to SAT 8/4

Step back from the distractions of life and dedicate a special time to reflection and renewal. Gathering together, we will cocreate a supportive space in which each of us can focus on individual aspects of spiritual growth and discernment. Our simple format balances silent meditation, group sessions, and free time.

Program Fee: \$75

**Program Leader:** Rev. David Scheuneman, Spiritual Director at Studio Zero, Las Vegas, NV

**Questions?** Contact Rev. Dave Scheuneman at Dave@StudioZero.org or (702) 530-9376

#### Website:

www.studiozero.org/retreats/soulwork

#### **Meditation Week**

Practicing Presence SAT 8/25 to SAT 9/2

Join a community of kindred spirits for a week devoted to "practicing presence", through formal silent group meditation, solitary nature contemplation, mindful discussion and community building. This retreat gathers adults of all ages, beginning and advanced in experience, from many traditions and faith backgrounds.

**Minister & Speaker:** Rev. David Scheuneman, Spiritual Director at Studio Zero, Las Vegas, NV

Program Fee: \$115/person

**Questions?** Contact Rev. Dave Scheuneman at Dave@StudioZero.org or (702) 530-9376

Website: www.starmeditation.org

Eligible for a discount



#### **Star Women**

Embracing the Star Sister Magic WED 9/12 or FRI 9/14 to SUN 9/16



A retreat with a mind/body/spirit focus. Strong bonds are developed through conference traditions like the opening-closing circle and poetry weave. With time to unwind, conferees enjoy the island's rejuvenating energy. Conference size is limited to ensure a sense of community and intimacy. Attendees must be 21+

**Program Fee:** \$75/person 4-night option; \$50/person 2-night option

**Scholarships:** Visit starwomen.weebly.com for more information

Questions? Contact Registrar, Lauri Yanis at registrarstarwomen@gmail.com

Website: www.starwomen.weebly.com

#### **Innerpeace Healing Arts**

Nourishing the Goddess Sea, Star & Sisterhood FRI 9/7 to SUN 9/9

Experience Inner peace and vitality as you nurture and renew with morning meditation in nature, daily qi-gong and yoga flow, and evening ceremony. There will be time for conversation and connection, as well as for quiet reflection. Enjoy staring out at the sea from your rocking chair, row to Smuttynose Island, or rekindle your creativity with an expressive arts project. Enter into the wonder of island, sea, stars, sunsets and take time to nourish you!

Program Fee: \$150/Goddess

Nourishing the Practitioner For Therapists, Counselors & Healthcare Professionals TUE 9/11 to THU 9/13

Have you ever felt the effects of compassion fatigue? If you have, you're not alone. Understand the symptoms, prevention, treatment, and ethical concerns of compassion fatigue, vicarious traumatization and burn out. Experience effective, nourishing holistic practices that help reduce stress reaction, depression, anxiety, fatigue, lack of motivation, etc. Included will be meditation, mindfulness, qi-gong, positive psychology, and gentle yoga for inner peace, along with time for self-reflection & sharing. 12 CEU's (6 of these in Ethics) NH-NASW.

Program Fee: \$325/person

#### Innerpeace Information

The Innerpeace programs are organized and run by Susan Stibler, LICSW, E-YRT 500. If you have questions about an Innerpeace program or scholarship opportunities, email Susan at susan@susanstibler.com or visit www.susanstibler.com.

#### Yoga Retreat

Why Go Anywhere Else? THU 9/13 to SUN 9/16

Changing the world begins with being at home in our own selves, so why go anywhere else? This is our sixteenth annual retreat on Star Island, bringing together some of New England's top yoga teachers and most delightful students. Deepen your practice and release your daily cares during this truly special long weekend.

Program Fee: \$180/person before April 1,2018; \$210/person after April 1,2018

Scholarships & Questions? Contact Carrie Tyler at info@rasamaya.com

Website: www.rasamaya.com

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#### **Birding Weekends**

Studying Spring & Fall Bird Migration FRI 5/11 to SUN 5/13

> FRI 5/18 to SUN 5/20 FRI 9/21 to SUN 9/23

FRI 9/28 to SUN 9/30

Star Island boasts a list of almost 250 recorded bird species and is THE place to witness bird migration in New Hampshire. On previous trips, we have seen more than 20 species of warblers, and rarities including King Eider, Chuck-wills-widow, and Lazuli Bunting. Schedule permitting, we will pay a morning visit to the Appledore Banding Station.

Program Fee: \$100/person

**Scholarships & Questions:** Contact Eric Masterson at erictheirish@gmail.com

Website: www.ericmasterson.com

#### Star Island Paranormal Weekend

Paranormal Investigating
THU 6/14 to SAT 6/16

Paranormal Reactions brings real paranormal adventures live to Star Island. Investigate some of the most active areas on the island. Work with our high tech equipment and enjoy night long investigations. Witness evidence first hand and learn how you can investigate any locations on your own.

Program Fee: \$75/person

**Questions?** Contact Maureen Raiche at paranormalreactions@gmail.com

Website: www.paranormalreactions.com

#### Young Adults Conference

Go on Being SAT 6/9 or TUE 6/12 to SAT 6/16

YAC's unique experience is a radical combination of summer camp, experimental community and spiritual retreat. This year's theme, "Go On Being", explores how inner experience is impacted by the outer world. Programming will provide space to share experience; create and destroy; and discover what happens when we "Go On Being".

**Program Fee:** \$125/person 7-night option, \$100/person 4-night option, \$25/person per night for any other durations

**Scholarships:** Visit our website for more info. Applications due May 2,2018

Questions? Contact Registrar, Abbi Neel at yacregistrar@gmail.com

Website: www.bigyacattack.com

#### Do It Yourself Experience

Community Spirit: Share the Talent SAT 7/14 to TUE 7/17

This unique program provides an opportunity for each participant to create a session to share with the entire community – presentations on science, history or art, performances, art & craft workshops, yoga, games – the sky's the limit on what you may offer and in turn, experience from fellow participants.

Program Fee: \$35

**Questions?** Contact Chair, Ann Beattie at diyexperience@comcast.net

#### Star Island Experience Week

SAT 8/25 to SAT 9/1

Venture out to Star Island for a week of relaxation and discovery. Explore the island, gaze out upon the sea while relaxing in a rocking chair on the front porch, or partake in island activities as little or as much as you would like. Other programs on island offer meditation practice and delving into New England history.

Program Fee: \$100/person

Website: www.starisland.org/experience

Eligible for a discount

#### Midweek 1 Retreat

MON 9/3 to FRI 9/7

Escape to a place of salt spray and ocean breezes with spectacular sunrises, sunsets, starry nights and three meals a day. You can choose to be lazy - even the few scheduled activities are optional. Build new friendships, rekindle the old, kayak, sing, rest, relax and return home feeling refreshed!

Minister: Rev. Mary Giles Edes

Program Fee: \$25/person

**Questions?** Contact Sarah Hooker at Sjh18hillside@gmail.com

Eligible for a discount

#### **End of Summer Celebration**

Music (and food) to Feed the Soul FRI 9/7 to SUN 9/9 or MON 9/10

Join us and relax in the sublime September weather. Enjoy our generous hospitality of fabulous food, wine, and spirits at our popular Social Hour. Listen to epic music performed throughout the day by an eclectic group of veteran musicians. Discover why the End of Summer is the "Best of Summer".

Program Fee: \$35/person

**Questions?** Contact Registrar, Judy O'Keefe at EOSCStar@qmail.com



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#### ISA (UU) Retreat

FRI 9/7 to SUN 9/9

Join us on Star Island for wind, salt, and sun, where a low key weekend is just what you need to wind down into Autumn. This is a great weekend to put on a sweater and bring someone new to Star Island. Enjoy rocking chairs on the front porch, social hour, and picnics as you soak it in and start to tuck in for the winter.

**Program Fee:** \$15/person, plus \$15 ISA membership fee for non-members

**Questions?** Contact Nate Soule at nathan.soule@gmail.com

#### Midweek 2 & Quaker Retreat

Star for Star's Sake MON 9/10 to FRI 9/14

Attendees enjoy the freedom to roam, read, commune, and be one with the island. We are an adult retreat. In addition to our two daily chapel services there is Quaker silent worship every day.

Minister: Rev. Telos Whitfield, Universal-

ist Society of Strafford, VT

Program Fee: \$25/person

**Questions?** Contact Howard Bennett at howbenn@gmail.com or 267-980-6518



### UNITARIAN UNIVERSALIST ALLIANCE OF CAMP & CONFERENCE CENTERS

Our vibrant network of camps, retreats and conference centers offer experiences of growth, connection, spirituality, and community throughout the year. Each of these independent camps and centers identifies with Unitarian Universalist (UU) values and traditions.

### UUACCC MEMBER CAMPS & CONFERENCE CENTERS

(listed in reverse alphabetical order)

Unirondack Camp & Conference Center Lowville, NY unirondack.org

Unicamp Camp & Retreat Center Honeywood, ON unicampofontario.ca

UBarU Camp & Retreat Center
Mountain Home, TX ubaru.org

Star Island Conference & Retreat Center
Isles of Shoals, NH starisland.org

Shelter Neck Unitarian Universalist Camp
Burgaw, NC shelterneckuucamp.org

The Rowe Center
Rowe, MA rowecenter.org

Murray Grove Retreat & Renewal Center Lanoka Harbor, NJ murraygrove.org

The Mountain Retreat & Learning Center
Highlands, NC themountainrlc.org

Ferry Beach Park Association
Saco, ME ferrybeach.org

Center for Ethical Living and Social Justice Renewal (CELSJR) New Orleans. LA celsir.org

Camp de Benneville Pines Angelus Oaks, CA uucamp.org

uuaccc.org

# Room & Board Rates

Rates are per person and include lodging, meals, tips & ferry transportation

Adults (18+)	Standard Shared	Standard Single	Motel Shared	Motel Single
7-night Programs	\$967	\$1,315	\$1,191	\$1,747
Watercolor	\$845	\$1,143	\$1,041	\$1,523
ISHRA June, Writelines June, Soulwork	\$582	\$777	\$708	\$1,067
New England Heritage 3-night Do It Yourself, Pel Reunion 3-night SGW 3-night	\$459	\$613	\$613 \$563	
Pel Reunion 2-night, SGW 2-night	\$353	\$467	\$432	\$613
ISHRA Sept, End of Summer, ISA (UU), Harmony, Women 2-night, Nourishing the Practitioner, Star Hampshire, Chamber Music, Paranormal	\$322	\$429	\$393	\$557
Photo, WITR, Yoga	\$437	\$578	\$578 \$532	
Quilting 1, Rug 1 &2	\$357	\$473	\$435	\$623
Quilting 2, Midweek 1 & 2, Writelines	\$448	\$598	\$544	\$789
Women 4-night	\$550	\$733	\$667	\$964
Nourishing the Goddess	\$262	\$351	\$322	\$456

Youth rates are determined by age on the first day of the program, regardless of room type

Youth	Under 6	6-11 Yrs	12-17 Yrs
7-night Programs	Free	\$448	\$ 640
Pel Reunion 3-night, Do It Yourself NEH 3-night, SGW 3-night	Free	\$ 216	\$ 310
Pel Reunion 2-night, SGW 2-night	Free	\$165	\$ 239

### Discounts

In an effort to make Star Island accessible and affordable for everyone, we're offering a variety of discounts for the 2018 season. Visit our website for additional information, more discounts, to apply and to view the select conference list.

www.starisland.org/discounts

### Guide to finding your discount!

#### Are you new to Star Island?

Receive **30% off room & board** if you have never attended a conference on Star Island **AND** are associated with one of the groups listed below. Only applies to select conferences.

- Congregation/Religious Organization
- · Historical Society/Organization
- Arts Group/Organization
- Science/Environmental Organization

#### Are you a former Pelican?

Former Pelicans who have not attended a conference on Star Island in the last three years or more receive two years of a discounted rate for <u>any</u> conference.

#### Discount Rate:

- Year 1 Discount: 50% off room & board
- Year 2 Discount: 25% off room & board

# Have you been to Star Island, but not recently?

Receive **30% off room & board** if you have not attended a conference on Star Island in the last three years or more. Only applies to select conferences.

# Are you a returning Shoaler and bringing someone new?

Receive a room & board credit if you are a returning conferee and bring a new Shoaler to Star Island. Receive a \$50 or \$125 credit depending on how many people you refer.

The new Shoaler receives **30% off room & board** of one of the select conferences.

Select conferences are boxed in orange throughout this book. Visit our discount web page to see a full list of conferences.

### Financial Aid

Many programs offer scholarships - contact the registrar for more information. Star Island also has a confidential Financial Aid Program available to individuals and families registered for a program who have not received a program scholarship. Learn more about your options at www.starisland.org/financial-aid.

# Star Island Events

We hope to see you at our on and off island events in 2018! Be sure to visit our events web page for more offerings and updates throughout the year. www.starisland.org/events

### Thank you to our sponsors!











































SHOPS ON STAR

#### Thank you to the following photographers for use of their images

Mary Jo Brown, Sean D. Elliot, Robert Levine, Charlie Nutting, Peggy Saunders, Cheryl Ann Sturken, and Carrie Tyler.

# Important Information

As an island community surrounded by water, we take safety seriously. Below are a few of our most important island rules and policies. Please visit our website for a full list of policies to review before your visit to Star Island. www.starisland.org/importantinfo

#### Island Safety

On Star Island we promote a nurturing and caring environment in which individuals are safe and respected. To that end, important and relevant policies may be found at www.starisland.org/island-policies.

#### Medical Information

Star Island is a remote location with extremely limited capacity to respond to medical emergencies. Star Island Corporation assumes no liability for accidents, illnesses, or any medical treatment. Our first aid station is equipped with basic emergency supplies and is staffed intermittently. The process of evacuating individuals who experience significant health issues ranges from one hour (in ideal conditions) to many hours. Star Island Corporation strongly recommends not participating in a conference if you have a medical condition that could require emergency medical response. Our policy states that conferees who knowingly come to the island with any of the conditions listed on our website and then require emergency medical evacuation will be charged for the full conference.

The first aid station does not maintain an inventory of prescription medications. Everyone must bring enough of any needed medicine to cover the length of the stay. We recommend an extra four days worth as a precaution.

If someone has a condition that affects walking ability, the conference registrar must be informed in advance in order to assist in accommodations. Please supply information concerning any health condition which might affect participation in conference programs and/or which would help us to provide proper care in case of an emergency. Include names, specific medical conditions, allergies, continuing medication, electrical needs for medical equipment, etc.

#### Minors

Any person under eighteen attending without a parent or legal guardian is required to submit a Minor Medical Release Form to the conference registrar before your application can be accepted. This form may be downloaded from our website.

# Star Island

Morton-Benedict House 30 Middle Street Portsmouth, NH 03801

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