



Star Island

2019 Programs for Adults, Youth, & Families



Discover. Delight. Unwind. *Together.*

DISCOVER. DELIGHT. UNWIND. TOGETHER!

People of all backgrounds are drawn to Star Island for its recreation, natural beauty, and simplicity. **What keeps people coming back year after year, is the abundance of kindness and community.**

Star Island offers all-inclusive programming that focuses on a particular theme or topic such as art, history, ecology, spirituality, and yoga. Star is a place to learn, explore, enjoy the outdoors, and connect with friends both old and new.

During July and August, the programs are family-friendly and multi-generational. There are supervised youth activities, meals together in the dining hall, and plenty of free time to explore the Isles of Shoals, or enjoy kayaking, tennis, and swimming. Guests stay in the rustic and historic Oceanic Hotel and can participate in softball games, chapel services, workshops, and lectures, or simply enjoy the view from a porch rocker.

In June and September, the programs are more adult-focused. Some conferences last a few days, others a week, each with a unique theme or focus. Think of it as vacationing with a purpose! You can enjoy the activities or sit back and take in the island serenity.

No matter who you are or what you're interested in, Star Island is a beautiful place to be, full of people who care about each other and making the world a better place.

For over 100 years, the non-profit Star Island Corporation has hosted conferences put on by dedicated groups of volunteers. Find out for yourself why visiting Star Island is a treasured family tradition for so many, and why guests describe their stay on Star as *magical*.



Our Mission

Our mission since 1915 is to hold and maintain Star Island and such other property as the Corporation may hold or acquire, as a center for religious, education, and kindred purposes consistent with the principles of the Unitarian Universalist Association and the United Church of Christ.

Our Vision

Our vision is to create on Star Island an environment that frees all who come to renew spiritually, explore matters of consequence, and gain knowledge about the world as it might ideally be.

2019 Conferences & Programs

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Ways to Register

- Register online at www.starisland.org
- Download a paper form at www.starisland.org/registration
- Call our office at (603) 430-6272 and we'll mail you a paper form

Select Conferences

Attendees of select conferences are eligible to attend at a discounted rate. Please see page 29 for a breakdown of our discounts or visit our website at www.starisland.org/discounts. All eligible conferences are highlighted throughout this book in an orange box like this one.

Natural History Week

China's Environmental Challenges: Global Impacts on a Shrinking Planet

SAT 6/15 to SAT 6/22

Enjoy stimulating lectures and discussion with China specialist and environmentalist, Dr. Judith Shapiro, about China's effect on the world's environment. Discuss global environmental challenges, China's domestic challenges as well as the effects of the Mao era. Astronomy, yoga, art, bird watching and evening entertainment are also part of this year's NHW.

Theme Speaker: Dr. Judith Shapiro is the director of the Masters in Natural Resources and Sustainable Development for the School of International Service at American University. Professor Shapiro's research and teaching focus on global environmental politics and policy, the environmental politics of Asia and Chinese politics under Mao.

Minister: Rev. Douglas Wilson, Founder and Retired Executive Director of Rowe Camp and Conference Center

Program Fee: \$125/adult

Scholarships & Questions?

Contact Registrar, Anne Perkins, anneperkins43@gmail.com

Website: www.nhcstar.org

Eligible for a discount

Institute on Religion in an Age of Science

The CRISPR Apple on the Tree of Knowledge: Bioengineering, Gene Editing, and the Human Future

SAT 6/22 to SAT 6/29

Scientists, theologians, religious scholars and ethicists will offer illuminating and thought-provoking perspectives on the issues surrounding the gene-editing technology known as CRISPR1. We will explore ethical issues such as therapy versus enhancement; species elimination versus global epidemic; germline intervention; and the long-term effects of bioengineering and genome editing.

Program Fee: \$225 for IRAS or members of partner & sponsor organizations, \$325 for non-members, and \$125 for youth up to 18 years old; \$500 cap on registration for families

Scholarships: Many scholarship and fellowship opportunities are available. Visit www.iras.org/fellowshipscholarships for more information

Questions? Contact the Registrar at mbgriswold@yahoo.com

Website: www.iras.org

Eligible for a discount



Star Union - The Joy of Star

Sharing - What Brings Us Together?

SAT 6/22 to SAT 6/29

Join new and familiar friends to share in the stories, the music, and expression of the creative, gentle, and loving spirit that unites us. This week we plan to have a relaxed and joyous look at each other and ourselves, and celebrate that which brings us together. We'll do this through music, stories, and gentle fun.

Youth Component: We are all family on Star! Youth are welcomed and will have supervised and programmed activities.

Program Fee: \$85.00 per adult (over 21)

Minister: Rev. Dr. Leon Dunkley

Speaker: Kemp Harris- Composer, Musician, Children's Author, Actor, Teacher and Muse

Questions? Contact Bill Tibbs at starunionconference@gmail.com

Eligible for a discount



All Star 1

Who Are You: Explorations Through Storytelling

SAT 6/29 to SAT 7/6

Who are you? What is your story? Come explore your history and narrative. The truth is in the telling! Surrounded by our fabulous environment and great company, we will join together for a week of fun, laughter, creativity, and rejuvenation.

Theme Speaker: Donna Washington, Storyteller, Author, and Teaching Artist

Minister: Rev. Nancy Wood, United Church of Christ, New Hampshire

Program Fee: \$100/adult (18+), \$80/youth, not to exceed a family maximum of \$380

Financial Aid: Soon after completing your registration, please send a financial aid application to the All Star I Registrar, Ali Walton (ASOneRegistrar@gmail.com).

Contributions to the All Star I Financial Assistance Fund are welcomed and encouraged. Please consider a donation to the Financial Assistance Fund. You can write a check payable to All Star One, with memo "FA Fund" and mail to Ann Etter at 820 Superior Dr, Northfield, MN 55057.

Questions? Contact the Chairs at allstarone2019@gmail.com or the Registrar at asoneregistar@gmail.com

Website: www.allstarone.org



All Star 2

Following the Sun: Renewable Energy for Your Home and the World

SAT 7/6 to SAT 7/13

Solar energy isn't just panels. Your house can use the sun for heating, cooling, and proper lighting. Let's explore how siting, landscaping, design, and materials can make your home more comfortable, more earth-friendly, and cheaper to live in. We'll also discuss the worldwide forces that affect our energy use.

Theme Speaker: Hilton Dier III, Consultant for Renewable Energy Design and Managing Partner for Missisquoi River Hydro LLC

Minister: The Reverend Anne Mason, Senior Minister, First Parish UU in Lexington, MA

Program Fee: \$105/adult (18+), \$90/youth

Financial Aid: Financial aid is available through grants from the Ginny Levine Fund. For information and an application, visit our website or contact financial.aid@allstar2.org. All inquiries and awards are kept confidential.

Questions? Contact Registrar, Brooke Cordes at registrar@allstar2.org

Website: www.allstar2.org

Explore the conference listings at starisland.org to discover more about a conference's youth program.



Faith Development (LRE)

Deepening Faith: Healthy, Whole, Inspired

SAT 7/13 to SAT 7/20

Lifespan Religious Education Week is now the Faith Development Conference (FDC)! Lay leaders, musicians, administrators, membership professionals, and ministers are welcome to partner with religious educators in crafting high-quality faith formation and religious learning experiences. FDC will focus on shared leadership and family ministry. Bring your families, friends, religious education and worship teams.

Minster: Rev. Dr. Natalie Fenimore, Unitarian Universalist Congregation at Shelter Rock, Manhasset, NY

Program Fee: \$210/adults, \$150/children under 12

Scholarships: Contact Registrar, Jane Clay at jhclay@roadrunner.com

Questions: Contact Conference co-chairs, Greg Boyd at gccboyd@gmail.com and Lynne Weygint at fpw.dce@gmail.com

Website: www.starreweek.com

Eligible for a discount



International Affairs

*Human Migration:
Law, Policy, and Human Rights*

SAT 7/20 to SAT 7/27

The 2019 International Affairs Conference will consider causes and effects of human migration. We'll learn about national immigration policies, international agreements, and the rights and aspirations of migrating people—including some of the most vulnerable, resourceful, and inspiring members of our species.

Theme Speakers: Each morning, the International Affairs conference hears a different speaker. This year we anticipate hosting experts in US immigration law and policy, international agreements on migration and refugees, the social and economic causes and effects of migration, and humanitarian efforts to protect and resettle migrants.

Program Fee: \$175/adult, \$135/youth.

More on our registration policy can be found on the conference website under "Register".

Scholarships: Visit our website for more info. Applications will be due early March 2019. This year IA will offer a \$100 discount to people who have never attended a Star Island conference as an adult before.

Questions? Email Kristin Laverty, IA registrar. at kristin@internationalaffairsconference.org.

Website:

www.internationalaffairsconference.org

Star Gathering UCC Family Conferences

www.stargathering.org

Star Island United Church of Christ (SIUCC) proudly supports all four Star Gathering conferences as we delve into the overarching theme of "The Body" and explore it in four different ways this summer. Join us for fun, relaxation, community, and fellowship for all ages and abilities as we get in touch with our bodies on our island paradise!



Star Gathering 1

Bodies Are Beautiful!

SAT 7/27 to SAT 8/3

The body is complex and holy. Even naming the topic can bring up feelings, messages, and worries about what God and others think of our bodies. Join us this summer on Star Island as we claim our belovedness and lean into the idea that we are all truly made in God's image just as we are.

Theme Speaker: Rev. Dr. Julie Mavity Maddalena, interim pastor First Congregational of Georgetown, MA

Minister: Rev. Heidi Carrington Heath, Interim School Minister, Phillips Exeter Academy, Exeter, NH

Program Fee: \$115/adult, \$90/youth entering 8th grade and lower

Financial Aid: Please contact Registrar, Dawn Grobe at SG1registrar@stargathering.org for scholarship information

Questions? Contact the Chairs, Skyler and Sam Dean-Lee at sg1chairs@stargathering.org

Eligible for a discount

Star Gathering Weekend UCC Family Conference

*The Spiritual Connection:
Body, Mind and Spirit*

FRI 8/30 or SAT 8/31 to MON 9/2

Our theme is "The Spiritual Connection: Body, Mind and Spirit". Join us for a fun and spiritual Labor Day weekend on Star Island as we learn techniques to eliminate pain and stress from our bodies through meditation, yoga, and the healing power of vibrational sound.

Theme Speaker: Romulo (Romy) Valdez, Jr., Ph.D. is a licensed psychologist, certified kundalini yoga instructor and energy/vibrational medicine practitioner.

Program Fee: \$40/adult, \$20/youth

Scholarships: Contact siuccfinaid@stargathering.org

Questions: Email sgfwregistrar@stargathering.org

Website: www.stargathering.org

Eligible for a discount



Star Gathering 2

*The Body - A Vehicle for Justice,
Advocacy, and Peace*

SAT 8/3 to SAT 8/10

The Body - a vehicle for justice, advocacy and peace. It's how we experience the world. Whether we sing, speak, celebrate or mourn, the body is the worldly vessel for the spirit. It's an agent of activism - how we protest, how we demand change. Now more than ever it is the time to use our corporeal selves to speak our spiritual truth.

Theme Speaker: Rev. Traci Blackmon, Executive Minister of Justice & Local Church Ministries for The United Church of Christ and Senior Pastor of Christ The King United Church of Christ in Florissant, MO.

Minister: Rev. Matilda Cantwell, Director of Religious & Spiritual Life and College Chaplain at Smith College

Program Fee: \$115/adult, \$90/youth

Financial Aid & Questions? Contact the Registrar at stargathering2registrar@gmail.com

Eligible for a discount

Family Festival

Discover Star Island

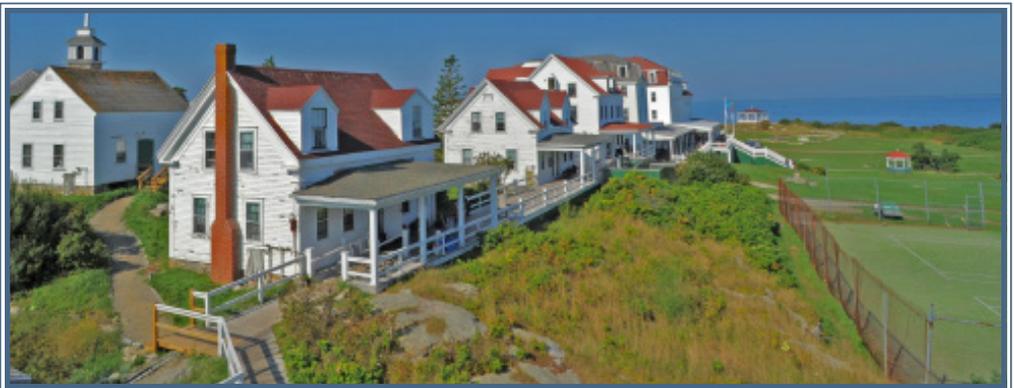
SAT 8/3 to SAT 8/10

Always wanted to come to Star, but didn't know which week to pick? Join us for a specially curated week filled with the best Star has to offer. Whether you'd like to start the day with a yoga workshop, or in a rocking chair watching the sea, or fill your days with inspiring workshops, presentations on social justice by leaders in the field, crafts or games, or exploring the harbor by kayak, we guarantee fun and fellowship for all ages.

Program Fee: \$115/adult, \$90/youth
4-night option! \$90/adult, \$65/youth

Questions: Contact Kris Lofrumento at krislofrumento@gmail.com or Brenda Bladen at brendabladen@gmail.com

Eligible for a discount



Life on a Star 1

Technology, Culture, and the Family

SAT 8/10 to SAT 8/17

Join us for kinetic experience, engaging discussion, and artistic interpretation as we examine the interactions of technology and culture over the ages. Humans make and use tools, and always have -- from the spear point to the plow, to the internet and artificial intelligence. How do our inventions change us?

Theme Speaker: Debora L. Spar, Baker Foundation Professor at Harvard Business School, former president of Barnard College, former president and CEO of Lincoln Center for the Performing Arts

Minister: Rev. John Marsh, Lancaster, MI
www.johnmarsh.com

Program Fee: \$130/adult, \$80/youth

Scholarships: Visit www.lifeonastar.org/scholarship.htm for more information

Questions? Contact Patti Emmons
patti@emmons.org or visit
<http://lifeonastar.org/newshoaler.htm>

Website: www.lifeonastar.org/LOAS1.htm



Life on a Star 2

Love & Justice

SAT 8/17 to SAT 8/24

Sharon Salzberg reminds us love is at the root of a radical re-imagining of human relationships in the world. This week will bring opportunities to have fun and connect so we can leave inspired and empowered to make the changes we envision. Our theme speaker Cathy O'Neil (mathbabe.org) will demonstrate how shaming is used to justify and perpetuate inequality and help us explore the relationship between acceptance, or love, and justice.

Theme Speaker: Cathy O'Neil

Minister: Rev. Eva Cameron, First Universalist Church of Essex of Essex, MA

Program Fee: \$130/adult, \$80/youth

Scholarships: Partial scholarships are available. Applications and instructions can be found at <https://www.lifeonastar.org/scholarship.htm>

Questions? Contact Registrar, Mary Heafy at LOAS2Registrar@gmail.com

Website: www.lifeonastar.org/LOAS2.htm



Pelican Reunion

Ignite Your Creative Spark

FRI 8/30 or SAT 8/31 to MON 9/2



Be inspired to “get out of your box” with playful, fun activities as well as time to relax and go with your flow. Drum, move, sing, express, and create to your heart’s content! Enjoy old and new friends, natural beauty, and Star Island popular activities.

Minister: Rev. Dr. Leon Dunkley, North Universalist Chapel Society, Woodstock, VT

Program Fee: \$40/adults, \$20/youth received by August 16, 2019; \$80/adults, \$40/youth after August 16, 2019

Scholarships: Email financialaid@pelicansarepelicans.org for more information

Questions? Contact Registrar, Matt Baya at matt@baya.net

Website: www.pelicansarepelicans.org

Eligible for a discount



Star Gathering 1 UCC Youth Conference

Bodies Are Beautiful!

SAT 7/27 to SAT 8/3

We're planning a week of fun and faithful conversation, games and exploration! The messages we get from the world tell us that we should always be trying to change our bodies. This summer, we're totally counter-cultural -- learning how to love our bodies at every shape, size and ability!

Program Leader: Jennifer Murray, MDiv
Minister of Youth & Families, South Church (UCC), Andover, MA

Program Fee: \$115/person

Financial Aid & Questions? Contact Jennifer Murray at jennifermurray802@gmail.com

Website: www.stargathering.org

Eligible for a discount

Youth Empowerment and Spirituality

A New Decade of YES!

SAT 8/3 to SAT 8/10

Come experience an engaging and transformative week of young adult programming and worship as the YES conference enters into its second decade. Be a part of a fantastic conference tradition while creating new memories that will last a lifetime! The conference is open to all those ages 16-22.

Minister: Rev. Dave Scheuneman, Studio Zero, Las Vegas, NV

Program Fee: \$85/person

Scholarships: The YES conference offers a need-based scholarship, about which more information is available at www.yesonstar.org.

Questions? Contact Annie Hanley-Miller, YES 2018-2019 Registrar registraroftheyes@gmail.com

Website: www.yesonstar.org

Eligible for a discount



Gloucester Schooner Adventure Expeditions to Star Island

Summer Solstice Sail WED 6/19 to FRI 6/21

Summer Wind Sail MON 8/26 to WED 8/28



Re-live Adventure's windjammer days, experience the joys of schooner sailing with billowing sails on this magnificent 122' tall ship. Sail round trip from Gloucester Harbor to Gosport Harbor. Adventure is Gloucester's flagship, an historic dory fishing schooner. Stay 2 nights and enjoy Adventure and Star Island.



Program Fee: \$395/adult, \$295/youth

Gloucester Schooner Adventure hosts special events to celebrate the season, themed around natural history and the whales of Cape Ann and Ipswich Bay. Re-live the history of the Gloucesterman Adventure and a day in the life of a Doryman, fishing and tall ship schooner sailing. Explore and enjoy the Isles of Shoals.

All island guests are invited to go sailing on Adventure!

Questions:

Stephen Hall, cruise@schooner-adventure.com



Isles of Shoals Historic and Research Association www.ishra.org



JUNE

The Isles of Shoals and the Stories Behind the Headlines

SAT 6/22 to WED 6/26

The Isles of Shoals don't often make the news, but when they do, it is headline worthy. Join us as local experts bring us the "Stories behind the Headlines" of three major Shoals events - the proposed Onassis Oil Refinery in 1973 which threatened everything we love about the Shoals, the sinking of the "Squalus" in 1939 and the Smuttynose murders in 1873.

Speakers: David Moore, Ann Beattie

Program Fee: \$100/person

Questions? Contact Chair, Ellen Koenig
at ellen.koenig123@gmail.com

Eligible for a discount

SEPTEMBER

Star Behind the Scenes

FRI 9/6 to SUN 9/8

Miles from shore, how have the Shoals met their needs for water, power, food and other essentials through the centuries—and today? Learn the fascinating answers and tour Star's solar power installation, wastewater treatment facility and the reverse osmosis plant that makes seawater fresh for drinking.

Program Fee: \$60/person

Questions? Contact Co-Chairs Laurence Bussey and Joel Plagenz at ishraconference@comcast.net



New England Heritage

Immigration: Shaping New England

SAT 8/24 to TUE 8/27 or SAT 8/31

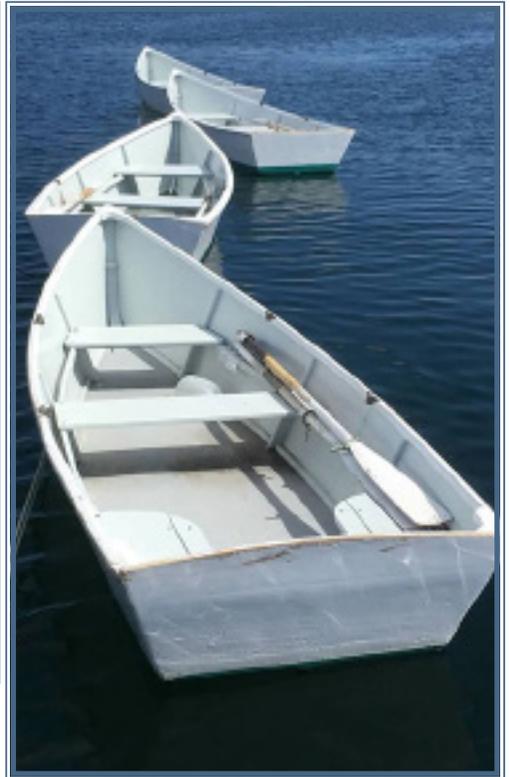
Explore how several cultures have shaped New England's way of life, from the early emigration of the British, to the subsequent capture and enslavement of Africans, to the influx of the Irish, especially during the great famine, to the wave of Italian and French-Canadian immigrants after the Civil War.

Minister: Reverend Gail Avery, Canon for Transition and Community Engagement in The Episcopal Church of New Hampshire

Program Fee: \$125/person (age 12+) for the 7-night session, \$90/person (age 12+) for the 3-night session

Questions? Contact Ann Beattie at NewEnglandHeritage@comcast.net

Eligible for a discount



Road Scholar

Road Scholar is a nonprofit organization dedicated to inspiring adults to learn, discover and travel. They hold themed programming on Star Island each summer. To register visit www.roadscholar.org. Program numbers are referenced in the description.

Experience Star on a Historic Ocean Island

SAT 8/24 to FRI 8/30

SAT 6/22 to SAT 6/29

Venture out to Star Island and join in a wide variety of activities, including meditation, engaging with your creative process, and delving into New England history. And if you need a rest after a botany walk, there is plenty of time to gaze out to sea while relaxing on the front porch. (#21155RJ)



Watercolor Painting on a Historic Ocean Island

SAT 8/24 to FRI 8/30

SAT 8/31 to FRI 9/6

Enjoy painting where Childe Hassam created over 100 canvases. Focus on shoreline landscapes, the lighthouse, stone buildings and ocean seascapes on the historic Isles of Shoals. Create your own mix of class instruction, painting on location and daily critique to suit your interests. Beginners through advanced painters are welcome. (#11879RJ)



Star Arts Retreat

Explore Your Creativity

SAT 6/15 to SAT 6/22

Star Arts is a week-long adult creative retreat where you will experience an inspiring week of creative workshops, yoga and singing opportunities in an embracing community. You need not be an artist, nor an active participant, but Star Arts offers a chance to express your creative side and celebrate your uniqueness.

Guest Speaker: Alexandra de Steiguer - winter resident and photographer on Star

Program Fee: \$110/person

Scholarships & Questions: Scholarship questions should be directed to Barbara Reynolds, stararts.registrar@gmail.com

Website: www.stararts.org

Eligible for a discount

Writelines

Writing on an Island

SAT 6/15 to WED 6/19

MON 9/2 to FRI 9/6

We write in a group from prompts designed to awaken creativity. We write by candlelight in a stone chapel. We write in rocking chairs with a panoramic view of the ocean in all directions. We write with the sound of waves and gulls. We experiment with technique in a positive environment. Designed for writers of all skill levels. Workshop Leader: Dale Slongwhite, published author.

Program Fee: \$325/person

Questions? Contact Dale Slongwhite at dale@writelines.net

Website: www.writelines.net



Watercolor Intensive

Abstracting Water, Earth, Fire and Air

SAT 7/13 to FRI 7/19

Poised on the edges of earth and the sea, the artists of Star Island witness the ever-changing skies and daily sun arcing up and over the vast horizon line. The clarity of light and form out on the island encourages a letting go of visual clutter. We witness daily an underlying abstraction of shape, color, pattern and light. In this workshop we will work with principles of abstraction while allowing close observation of visual phenomenon to guide us.

Program Instructor: Julia Morgan, Guest

Workshop Leader: Holly Wren Spaulding

Program Fee: \$285/person

Questions? Contact Julia Morgan at julia@jmorganart.com

Rug Hooking Retreat

MON 9/2 to THU 9/5

MON 9/9 to THU 9/12

Come re-discover your creativity and unwind in a truly unique and beautiful setting. Bring your rug hooking, knitting, spinning - whatever rejuvenates you creatively. The goal is to help you relax, breath in the sea air, connect or reconnect with your creativity, and have fun in a setting like no other. There will be no formal instruction, but we will have the opportunity to discuss goals in your rug hooking journey.

Program Fee: \$150/person

Questions? Contact Chair, Pam Bartlett at redhorserugs@comcast.net

Website: www.redhorserugs.com



Quilter's Retreat

The Art of Zen Quilting

MON 9/2 TO FRI 9/6

MON 9/9 to FRI 9/13

Enjoy your passion for quilting among the rocks and shoals of Star Island. Rocking chairs are waiting, sewing machines are humming. Tour the island, soak in the atmosphere and quilt with old friends or new while ocean breezes and the call of the seabirds take you away from it all.

Program Leaders: Jean Kearney, certified quilt and Zentangle teacher from JFK Quilts, Durham, NH; Jaci Lawson, Art Quilter and Pattern Designer, Backriverbags.com

Program Fee: \$140/person

Questions? Contact Jaci Lawson at jlaws@dfcpas.com

Website: www.backriverbags.com



Writers in the Round

Fostering Creativity

THU 9/5 to SUN 9/8

Writers in the Round is a creative retreat for songwriters and poets. The spirit of the weekend is supportive, creative, and collaborative. We welcome all levels of artistry for daily classes, structured and unstructured time for composition and collaboration, small group workshops, and nightly song and poetry swaps.

Program Fee: \$110/person

Minister: Rev. Craig Werth

Questions? Contact Ellen Taylor at ellen.taylor@maine.edu

Website: www.witrhome.org/retreat



Chamber Music Festival

A Weekend of Chamber Music

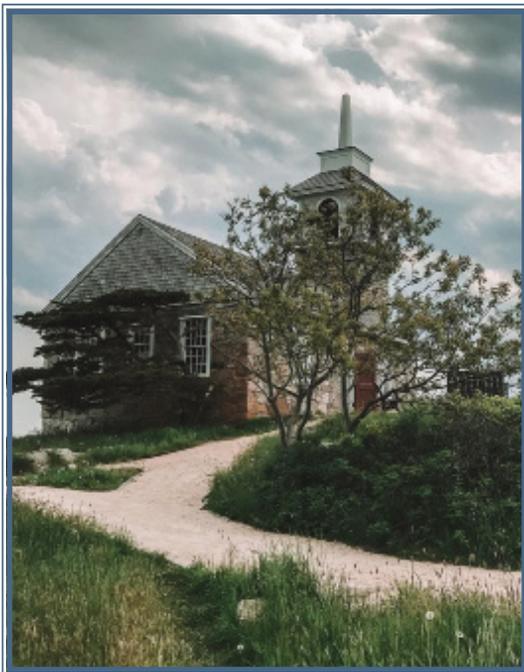
FRI 9/6 to SUN 9/8

A superb weekend of world-class chamber music by extraordinary musicians will again resonate in our 200-year-old, candlelit stone chapel, enliven the lobby of our 19th Century hotel and fill our intimate Pink Parlor. Join a weekend of musical bliss with wonderful combinations of cello, piano, violin, viola, clarinet, and voice.

Program Fee: \$110/person

Questions? Visit our website or contact Registrar, Jill Brody at registrar.chambermusic@gmail.com

Website: www.chambermusiconstar.org

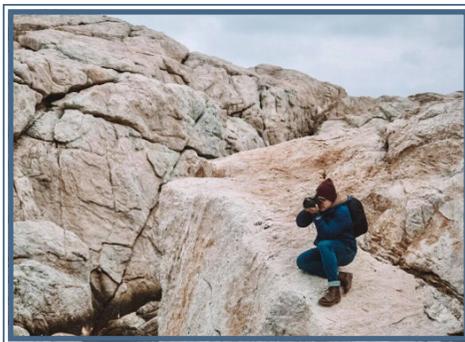


NH Society of Photographic Artists Annual Retreat

WED 8/28 to FRI 8/30

Sponsored by the New Hampshire Society of Photographic Artists, the retreat is an opportunity for serious photographers to meet and share their work. Participants are asked to bring prints or digital files. Several photographers will offer short programs highlighting a particular aspect of their work. This year for the first time, the program is three days, mid-week, and in August. Non NHSPA participants are welcome but must pay \$25 membership fee.

Program Fee: \$50/ members, plus \$25 for non NHSPA members.



Questions? Contact Peter Randall at petererandall@gmail.com

Website:
www.nhspa.org



Star Harmony

Participatory Choral Singing

FRI 9/13 to SUN 9/15

A weekend of a cappella and piano/SATB choral singing: arrangements of folk songs, hymns, spirituals, gospel, seasonal songs, shape note songs and songs written by folks steeped in the oral tradition; for directors and singers in community, church and hospice choruses, and for those who simply love to sing.

Singing Leaders: Mary Cay Brass, Nicholas Williams, Mary Alice Amidon, and Peter Amidon

Program Fee: \$100/person

Questions? Contact Registrar, Peter Amidon at amidonpeter@gmail.com

Website: www.amidonmusic.com/workshops/star-island-harmony

Star Hampshire Dance

Contra & Square Dancing

FRI 9/13 to SUN 9/15

Our small, friendly dance weekend focuses on contra dancing, and includes squares and English country dance. Join us for our final year! We feature top-notch dance instruction and live music. Other options: join the yoga or singing conferences, relax with a nap, rock on the porch, or explore the island.

Dance Caller: Tony Parkes

Musicians: Dave Langford - fiddle, Max Newman - guitar and mandolin, Liz Faiella - fiddle, Dan Faiella - guitar and low whistle

Program Fee: \$90/person

Questions? Contact Registrar Peter Thompson at pjt368@hotmail.com

Website: www.starhampshire.org





Star Women

WED 9/11 or FRI 9/13 to SUN 9/15

A retreat with a mind/body/spirit focus. Strong bonds are developed through conference traditions like the opening-closing circle and poetry weave. With time to unwind, conferees enjoy the island's rejuvenating energy. Conference size is limited to ensure a sense of community and intimacy. Attendees must be 21+



Meditation Week

Meditation and Daily Life

SAT 8/24 to SAT 8/31

Join a community of kindred spirits for a week devoted to "practicing presence", through formal silent group meditation, solitary nature contemplation, mindful discussion and community building. This retreat gathers adults of all ages, old friends and newcomers, beginning and advanced in experience, from many traditions and faith backgrounds.

Minister & Speaker: Rev. David Scheuneman, Spiritual Director at Studio Zero, Las Vegas, NV

Program Fee: \$115/person

Questions? Contact Rev. Dave Scheuneman at Dave@StudioZero.org or (702) 530-9376

Website: www.starmeditation.org

Eligible for a discount

Program Fee: \$75/person 4-night option; \$50/person 2-night option

Scholarships: Visit starwomen.weebly.com for more information

Questions? Contact Registrar, Lauri Yanis at registrarstarwomen@gmail.com

Website: www.starwomen.weebly.com

Innerpeace Healing Arts

*Goddess Weekend:
Sea, Star & Sisterhood*

FRI 9/6 to SUN 9/8

Calling all Goddesses! Time to Nourish You! Release physical, mental, and emotional stress. Join us to cultivate inner peace, compassion, strength, and vitality. Enliven your natural ability to renew and heal with self-compassion, qi-gong, gentle yoga, mantra, meditation, mindfulness, deep relaxation expressive art and play. Live in beauty and harmony with nature, self, and community. Enter into the wonder of island, sea, stars, and sunsets. You might even transform your life!

Program Fee: Early Birds Register by August 1/\$150.00

After August 1 (if there is still space)/\$175.00



This is our 17th annual retreat on Star Island, bringing together some of New England's top yoga teachers and most delightful students. Deepen your practice and release your daily cares during this truly special long weekend, with the option to extend your stay an extra night. A one-night Yoga Festival option is also available: starisland.org/yogafestival

Program Fee: \$180/person before April 1, 2018; \$210/person after April 1, 2019

Scholarships & Questions? Contact Carrie Tyler at info@rasamaya.com

Website: www.rasamaya.com

*Practices for the Clinician - For
Therapists, Counselors, & Healthcare
Professionals*

TUE 9/10 to THU 9/12

Have you ever thought, "I am such a caring clinician, but I'm feeling so tired and run down"? Or perhaps life has been hard, so you shut down in an effort to protect yourself. Or do you sometimes have a sense of overwhelm or helplessness in working with your clients? Maybe you just feel that you and your clients would benefit from learning some effective compassion skills. Join us for three days to enliven your compassionate heart, mind and body!

Program Fee: \$350/person

*Innerpeace Information
The Innerpeace programs are
organized and run by Susan Stibler,
LICSW, E-YRT 500.*

*If you have questions about an
Innerpeace program or scholarship
opportunities, email Susan at susan@susanstibler.com
or visit www.susanstibler.com.*

Yoga Retreat

Taking the Leap

THU 9/12 to SUN 9/15

Taking the Leap can mean so many things—leaping into a new phase of life, leaping into new challenges, leaping into joy, together!



Star Island Paranormal Weekend

Paranormal Adventures

WED 6/13 to SAT 6/15

Paranormal Reactions are a group of paranormal investigators that love what we do so much we wanted to share our experiences with as many people as we can. We have decided the best way to educate people would be to take them on a real paranormal investigation. Get to see Star Island in a new historical way and in the dark.

Program Fee: \$75/person

Questions? Contact Maureen Raiche at paranormalreactions@gmail.com

Website: www.paranormalreactions.com

Gatsby on the Isles

Summer Soiree on Star Island

SAT 8/24 to SUN 8/25

Gatsby on the Isles, a 1920s bash on the high seas, featuring music, lawn games, and a picnic on Star Island. Join us for the day or spend the night for an evening of dancing at the historic hotel. It's a summer jaunt guaranteed to be the bee's knees.

Questions? For overnight accommodations, contact Star Island. For general event questions, contact Adam at adam@oldasadam.com

Website: www.oldasadam.com/gatsby-on-the-isles



Young Adults Conference

Homeward Bound: Our Incredible Journeys

SAT 6/8 or TUE 6/11 to SAT 6/15

YAC welcomes people in the first decades of adult independence. Home is where we grew up and grow, find comfort and shelter, prepare and unwind. Although the physical spaces change, we return home to find and be ourselves. Join us for "Homeward Bound" as we acknowledge our homes; discuss issues of seeking and protecting sanctuaries; and honor our spirits' home, Star Island.

Minister: Rev. Dr. Leon Dunkley, North Chapel, Woodstock, VT

Program Fee: \$125/person 7-night option, \$100/person 4-night option, \$25/person per night for any other durations

Scholarships: Visit our website for more info. Applications due May 1, 2019

Questions? Contact Mary Light at chairofyac@gmail.com or Abbi Neel at yacregistrar@gmail.com

Website: www.bigyacattack.com

Eligible for a discount

Do It Yourself Experience

Share in the Wealth

SAT 7/15 to TUE 7/18

This unique program provides an opportunity for each participant to create a session to share with the entire community – presentations on science, history or art, performances, art & craft workshops, yoga, games – the sky's the limit on what you may offer and in turn, experience from fellow participants.

Program Fee: \$35

Questions? Contact Chair, Ann Beattie at diyexperience@comcast.net

Midweek 2 & Quaker Retreat

Star for Star's Sake

MON 9/9 to FRI 9/13

Attendees enjoy the freedom to roam, read, commune, and be one with the island. We are an adult retreat. In addition to our two daily chapel services there is Quaker silent worship every day.

Minister: Rev. Telos Whitfield, Universalist Society of Strafford, VT

Program Fee: \$25/person

Questions? Contact Sarah Marter at beachplumblonde@gmail.com

Eligible for a discount

Midweek 1 Retreat

MON 9/2 to FRI 9/6

Escape to a place of salt spray and ocean breezes with spectacular sunrises, sunsets, starry nights and three meals a day. You can choose to be lazy - even the few scheduled activities are optional. Build new friendships, rekindle the old, kayak, sing, rest, relax and return home feeling refreshed!

Minister: Rev. Mary Giles Edes

Program Fee: \$25/person

Questions? Contact Jeanette Heidmann heidmannj@eagles-rest.net

Eligible for a discount



Birding Weekends

Studying Spring & Fall Bird Migration

FRI TO SUN

5/10-5/12 5/17-5/19 9/20-9/22 9/27-9/29

Star Island boasts a list of almost 250 recorded bird species and is THE place to witness bird migration in New Hampshire. On previous trips, we have seen more than 20 species of warblers, and rarities including King Eider, Chuck-wills-widow, and Lazuli Bunting. Schedule permitting, we will pay a morning visit to the Appledore Banding Station.

Program Fee: \$100/person

Scholarships & Questions: Contact Eric Masterson at erictheirish@gmail.com

Website: www.ericmasterson.com



UNITARIAN UNIVERSALIST ALLIANCE OF CAMP & CONFERENCE CENTERS

Our vibrant network of camps, retreats and conference centers offer experiences of growth, connection, spirituality, and community throughout the year. Each of these independent camps and centers identifies with Unitarian Universalist (UU) values and traditions.

UUACCC MEMBER CAMPS & CONFERENCE CENTERS

(listed in reverse alphabetical order)

Unirondack Camp & Conference Center
Lowville, NY unirondack.org

Unicamp Camp & Retreat Center
Honeywood, ON unicampofontario.ca

UBarU Camp & Retreat Center
Mountain Home, TX ubaru.org

Star Island Conference & Retreat Center
Isles of Shoals, NH starisland.org

Shelter Neck Unitarian Universalist Camp
Burgaw, NC shelterneckuuacamp.org

The Rowe Center
Rowe, MA rowecenter.org

Murray Grove Retreat & Renewal Center
Lanoka Harbor, NJ murraygrove.org

The Mountain Retreat & Learning Center
Highlands, NC themountainrlc.org

Ferry Beach Park Association
Saco, ME ferrybeach.org

**Center for Ethical Living and
Social Justice Renewal (CELSJR)**
New Orleans, LA celjr.org

Camp de Benneville Pines
Angelus Oaks, CA uuacamp.org

uuaccc.org

Room & Board Rates

Rates are per person and include lodging, meals, tips & ferry transportation

Adults (18+)	Standard Shared	Standard Single	Motel Shared	Motel Single
7-night Programs	\$1,006	\$1,368	\$1,239	\$1,817
Watercolor	\$879	\$1,189	\$1,083	\$1,584
ISHRA June, Writelines June, Family Fest 4-night	\$605	\$808	\$736	\$1,110
New England Heritage 3-night				
Do It Yourself, Pel Reunion 3-night	\$477	\$638	\$586	\$875
SGW 3-night				
Pel Reunion 2-night, SGW 2-night	\$367	\$486	\$449	\$638
Photo, ISHRA Sept, Harmony, Women 2-night, Practices for the Clinician, Star Hampshire, Chamber Music, Paranormal	\$335	\$446	\$409	\$579
WITR, Yoga	\$454	\$601	\$553	\$794
Rug 1 & 2	\$371	\$492	\$452	\$648
Quilting 1 & 2, Midweek 1 & 2, Writelines Sept	\$466	\$622	\$566	\$821
Women 4-night	\$572	\$762	\$694	\$1,003
Goddess Retreat	\$272	\$365	\$335	\$474



Youth rates are determined by age on the first day of the program, regardless of room type

Youth	Under 6	6-11 Yrs	12-17 Yrs
7-night Programs	Free	\$466	\$666
Pel Reunion 3-night, Do It Yourself, NEH 3-night, SGW 3-night	Free	\$225	\$322
Pel Reunion 2-night, SGW 2-night	Free	\$172	\$249

Standard rooms are in the Oceanic Hotel, Gosport Building, or Cottages with shared half-bathroom. Motel units are rooms in Founders, Sprague, YPRU or Baker with en-suite half-bathroom.

Discounts

In an effort to make Star Island accessible and affordable for everyone, we're offering a variety of discounts for the 2019 season. Visit our website for additional information, more discounts, to apply, and to view the select conference list.

www.starisland.org/discounts

Guide to finding your discount!

Are you new to Star Island?

Receive **30% off room & board** if you have never attended a conference on Star Island **AND** are associated with one of the groups listed below. Only applies to select conferences.

- Congregation/Religious Organization
- Historical Society/Organization
- Arts Group/Organization
- Science/Environmental Organization

Are you a former Pelican?

Former Pelicans who have not attended more than one night of a conference on Star Island in the last three years or more receive two years of a discounted rate for any conference.

Discount Rate:

- Year 1 Discount: **50% off room & board**
- Year 2 Discount: **25% off room & board**

Have you been to Star Island, but not recently?

Receive **30% off room & board** if you have not attended more than one night of a conference on Star Island in the last three years or more. Only applies to select conferences.

Are you a returning Shoaler and bringing someone new?

Receive a room & board credit if you are a returning conferee and bring a new Shoaler to Star Island. Receive a **\$50** or **\$125** credit depending on how many people you refer.

The new Shoaler receives **30% off room & board** of one of the select conferences.

Select conferences are boxed in orange throughout this book. Visit our discount web page to see a full list of conferences.

Financial Aid

Many programs offer scholarships - contact the registrar for more information. Star Island also has a confidential Financial Aid Program available to individuals and families registered for a program who have not received a program scholarship. Learn more about your options at www.starisland.org/financial-aid.

Star Island Events

We hope to see you at our on and off island events in 2019! Be sure to visit our events webpage for more offerings and updates throughout the year: www.starisland.org/events

Thank you to our sponsors!



SHOPS ON STAR

Thank you to the following photographers for use of their images

Anonymous, Tristan Binns, Amy Cook, Cynthia Cratsley, Sean D. Elliot, Fiona Hughes, Jaci Lawson, Nelson Linscott, Keri Mattaliano, Michele Messick, Bruce J. Parsons, Annaliese Reutemann, Schooner Adventure, Jeff Spoor, Star Arts Retreat

Important Information

As an island community surrounded by water, we take safety seriously. Below are a few of our most important island rules and policies. Please visit our website for a full list of policies to review before your visit to Star Island. www.starisland.org/importantinfo

Island Safety

On Star Island we promote a nurturing and caring environment in which individuals are safe and respected. To that end, important and relevant policies may be found at www.starisland.org/island-policies.

Medical Information

Star Island is a remote location with extremely limited capacity to respond to medical emergencies. Star Island Corporation assumes no liability for accidents, illnesses, or any medical treatment. Our first aid station is equipped with basic emergency supplies and is staffed intermittently. The process of evacuating individuals who experience significant health issues ranges from one hour (in ideal conditions) to many hours. Star Island Corporation strongly recommends not participating in a conference if you have a medical condition that could require emergency medical response. Our policy states that conferees who knowingly come to the island with any of the conditions listed on our website and then require emergency medical evacuation will be charged for the full conference.

The first aid station does not maintain an inventory of prescription medications. Everyone must bring enough of any needed medicine to cover the length of the stay. We recommend an extra four days' worth as a precaution.

If someone has a condition that affects walking ability, the conference registrar must be informed in advance in order to assist in accommodations. Please supply information concerning any health condition which might affect participation in conference programs and/or which would help us to provide proper care in case of an emergency. Include names, specific medical conditions, allergies, continuing medication, electrical needs for medical equipment, etc.

Minors

Any person under eighteen attending without a parent or legal guardian is required to submit a Minor Medical Release Form to the conference registrar before your application can be accepted. This form may be downloaded from our website.

Star Island

Morton-Benedict House
30 Middle Street
Portsmouth, NH 03801
(603) 430-6272

www.starisland.org

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