



100 Years • 1915-2015

Star Island

Isles of Shoals, NH

Discover. Delight. Unwind.



2015 Programs

DISCOVER. DELIGHT. UNWIND.

Many describe a week on Star Island as going to summer camp with their family. And we completely agree. From mid-June through August, programs are generally family oriented with pertinent theme speakers and workshops for adults, and related youth activities coordinated by age groups. Community events, like chapel services and softball games, bring everyone together highlighting our multi-generational mix. In September, adults form community and focus on lifelong education in a more relaxed and reflective atmosphere.

Star Island welcomes you to discover, delight and unwind with the community, experiences and spiritual renewal only found on this unique summer island.

For over a century people have visited Star Island, and the other Isles of Shoals off New Hampshire's coast, for a chance to renew spiritually, explore matters of consequence, and gain knowledge about the world as it might ideally be removed from the constraints of mainland life. Immerse yourself within one of our cherished "conferences" -- an historic term we call our traditional summer island gatherings.

On the following pages you will find the 2015 programs. A group of volunteers works hard to provide these opportunities. We hope you find time to visit Star Island this summer and participate in our community.

Our Mission

Our mission since 1915 is to hold and maintain Star Island and such other property as the Corporation may hold or acquire, as a center for religious, education, and kindred purposes consistent with the principles of the Unitarian Universalist Association and the United Church of Christ.

Our Vision

Our vision is to create on Star Island an environment that frees all who come to renew spiritually, explore matters of consequence, and gain knowledge about the world as it might ideally be.

summer 2015 programs

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Our catalog is organized into categories to help you choose from similar programs:

Multi-Generational 4-9 | Youth 10 | History 11-12 | The Arts 13-18

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Register online @ StarIsland.org

Discounts: StarIsland.org/Discounts | Financial Aid: StarIsland.org/Financial-Aid

AS1

All Star 1 Family Conference

EXPERIENCE CREATIVITY, MEMORABLE MOMENTS & PASSION CONVERSATIONS

SAT 7/4 to SAT 7/11 • www.allstarone.org

Today's marketing isn't about tech platforms or social media doodads – it's about real relationships, real passion and real people. Our speaker will share lessons from her book, *The Passion Conversation: Understanding, Sparking and Sustaining Word of Mouth Marketing*, exploring how passion compels brands to inspire us to talk, share and connect.

Theme Speaker: Robbin Phillips, Co-Founder and President of brainsonfire.com

Minister: Rev. Nancy Wood

Program Fee: \$95/adult (18+); \$75/child with a family maximum of \$365

Scholarships: Aid is offered on a completely confidential basis. Forms are available online.

Questions should be directed to Ali Walton, Registrar at ali@waltongrantwriting.com.

Please consider a donation to the Financial Assistance fund. You can write a check payable to All Star One, memo FA Fund and mail to Ann Etter, 820 Superior Drive, Northfield, MN 55057.

Questions? Email the chairs at suzcook65@gmail.com



SG1
UCC

Star Gathering 1 UCC Family Conference

SPIRITUALITY AND RECOVERY

SAT 8/1 to SAT 8/8 • www.starisucc.com

Join us for a family-friendly week focused on understanding a spiritual path. Mixed among intergenerational activities like arts and crafts, softball games, and talent shows, children and adults will find age appropriate groups to create long-lasting bonds of friendship. This year's theme invites adults in recovery or not to explore the spiritual path and Christian Journey that many experience on a 12 step program.

Theme Speaker: Rev. Emily Heath, pastor, Congregational Church of Exeter, NH

Minister: Rev. Dr. Adam Hearlson, Asst. Professor of Preaching and Worship at Andover Newton Theological School, Newton, MA

Program Fee: \$115/adult, \$90/child entering 8th grade or lower

Financial Aid: Contact the registrar at stargathering1reg@gmail.com

Questions? Email stargathering1reg@gmail.com

AS2

All Star 2 Family Conference

LIFE STORIES: CREATIVE ADVENTURERS, ADVENTUROUS CREATORSSAT 7/11 to SAT 7/18 • www.allstar2.org

All Star II is a family-friendly creative week full of activities for adults and children including music, art, laughter and opportunities for quiet peaceful reflection. We welcome novelist Tim Weed who travels extensively as a featured expert for National Geographic Expeditions and teaches in the MFA writing program at Western Connecticut State University. Read more about Tim and his recently released debut novel, *Will Poole's Island*, at www.timweed.net

Theme Speaker: Tim Weed, novelist and featured expert for National Geographic Expeditions

Minister: Rev. David Messner, UU Church of Savannah, GA

Program Fee: \$100/adult (18+); \$85/child (\$370/family maximum)

Scholarships: Available through the Ginny Levine Shoalership Fund. Visit our website or contact Mary Ellen Mellen, (802) 795-0033, financial.aid@allstar2.org. Inquiries/awards are kept confidential.

Questions: Contact the Registrar, Ron Cordes at registrar@allstar2.org

SG2
UCC

Star Gathering 2 UCC Family Conference

RACE AND RELIGIONSAT 8/8 to SAT 8/15 • www.starisucc.com

Through the use of six stories of American race relations, we will reflect on the history of race and religion. Throughout the sessions we examine nonviolence and violence, the critical contributions of people of faith, and how the experience of race both separates us and brings us together.

Theme Speaker: Warren Goldstein, Chair of Dept. of History at University of Hartford, CT

Minister: Rev. Donna Schaper, Sr. Minister at Judson Memorial Church, NYC

Program Fee: \$115/adult; \$90/child entering 8th grade or lower

Financial Aid: Contact the Registrar at stargathering2registrar@gmail.com

Questions? Email stargathering2registrar@gmail.com



Life on a Star 1 Family Conference

SMALL STAR, BIG UNIVERSE

SAT 8/15 to SAT 8/22 • www.lifeonastar.org

This week we will explore the many ways – political, social, artistic, spiritual – that we interact with each other and our world. We will soothe, uplift, entertain, and replenish ourselves and each other as we share a week on this beautiful island. Come join us!

Minister: Ana Levy-Lyons, minister at the First Unitarian Congregation in Brooklyn, NY

Program Fee: \$100/adult and \$75/child

Scholarships: See lifeonastar.org for details

Questions? Email our registrar at patti@emmons.org

Multi-Conference Discount

Save 30% on room and board when attending New England Heritage or Star Island Experience Week after attending the full length of any 2015 summer program.

Visit StarIsland.org/Discounts for complete details.



Life on a Star 2 Family Conference

IGNITING HUMAN POTENTIAL

SAT 8/22 to SAT 8/29 • www.lifeonastar.org

Mark Fernandes is a leading thinker on the topic of Values Based Leadership. Mark will share his company's amazing journey and mission to ignite human potential. He will also share his thoughts on how VBL can apply to our own lives and help us experience self-renewal.

Theme Speaker: Mark Fernandes, Chief Leadership Officer, Luck Companies

Ministers: Rev. Alison Cornish, Senior Director of Programs for Partners for Sacred Places

Program Fee: \$100/adult (18+), \$75/child

Scholarships: See lifeonastar.org for details

Questions? Email the chairs, Jamie and Paul Jensen, at LOAS2Chairs@lifeonastar.org

IA

International Affairs Family Conference

CLIMATE CHANGESAT 7/25 to SAT 8/1 • www.internationalaffairsconference.org

Climate change is a critical concern, but do we understand it? Each new UN report paints a sobering picture of the science and risks. IA's speakers and programming will address the science of climate change, its social, cultural, economic and political impacts, and what we can do individually and collectively.

Theme Speakers: Steven Hamburg, Chief Scientist, Environmental Defense Fund; Kate Sheppard, Sr. Reporter and Environmental and Energy Editor, Huffington Post; Keya Chatterjee, Exec. Director, Climate Action Network

Minister: Rev. Mara Dowdall, First Unitarian Universalist Society of Burlington, VT

Program Fee: \$160/adult (18+); \$120/youth (18 months through 17 years)

Scholarships: Visit internationalaffairsconference.org for more information

Questions? Email Kathy Elefterakis at kathy@internationalaffairsconference.org

IRAS

Institute on Religion in an Age of Science

**UNSETTLING SCIENCE AND RELIGION:
CONTRIBUTIONS AND QUESTIONS FROM QUEER STUDIES**SAT 8/8 to SAT 8/15 • www.iras.org

The goal of the 2015 IRAS conference is to borrow the techniques and challenges from within queer studies and queer theory, with the goal of unsettling – or “queering” – our own discipline(s). This might include ways to challenge the boundaries within and between religion and science, and/or between and within the academy, as well as the boundaries of the sacred and secular, of reason and faith.

Theme Speakers: Carol Wayne White, Karen Barad, Rabbi Fern Feldman, Catherine Keller, Laurel Schneider, Emilie Townes, Claudia Schippert, Whitney Bauman, Lisa Stenmark

Minister: Rev. Donna Schaper, Sr. Minister at Judson Memorial Church, NYC

Program Fee: \$275/person for members; \$300/person for non-members

Scholarships: Learn more at iras.org/fellowshipscholarships.html

Questions? Email wbauman@fiu.edu



LRE

Lifespan Religious Education

COLLABORATIVE LEADERSHIP

SAT 7/18 to SAT 7/25 • www.starweek.com

LRE Week is designed to meet the professional and personal needs of those working in Unitarian Universalist Religious Education. We are religious educators, ministers and our families, promoting excellence in lifespan learning, transforming ourselves and the world to make a difference. Join us in modeling collaborative leadership in a multi-generational UU community.

Theme Speakers: Rev. Patricia Hart, UU Congregation in Charleston, SC; Cathy Seggel, First Unitarian Church of Providence, RI; Sandra Greenfield, Widener University in Chester, PA; Andrea Lerner, District Exec. for Metro New York; Pat Infante, Regional Consultant for Faith Development of Central East Regional Group; Carey McDonald, Dir. of Outreach with the UUA.

Ministers: Rev. Chris Holton Jablonski & Rev. Lauren Smith, South Church, Portsmouth, NH
Program Fee: \$180 for first 2 family members, \$155 for the next member with a max of \$625 per family. (\$125 special price for children 6 and under).

Scholarships: Contact Registrar Jane Clay at jhclay@roadrunner.com

Questions? Email jhclay@roadrunner.com



LFW

Laity Family Weekend

A SPIRITUAL APPROACH TO PERSONAL WELLNESS

FRI 9/4 or SAT 9/5 to MON 9/7 • www.facebook.com/Laity.Weekend

Reverend Fellows will guide us through a program that will help us find our own path to personal wellness – putting spirituality at the center. Wellness is more than just physical health, exercise, and nutrition. It also includes emotional health, stress management, environmental responsibility, and the most important dimension of well-being – healthy spirituality; all of which we will explore. This program is not a series of lectures. We will have fun, move, reflect on our personal journeys, share, and get to know each other better.

Minister: Rev. Robert Fellows, Pastor of Community Congregational Church, Greenland, NH

Program Fee: \$30/adult (15+ years old), \$20/youth

Questions? Email Barbara Smith Delahunt at 2015laityevent@gmail.com

NHW

Natural History Week

BEEES AND POLLINATORSSAT 6/27 or SAT 7/4 • www.nhcstar.org

What kinds of threats face honeybees and other pollinators of 75% of the world's food crops? We'll view the fascinating world of Peter Cowin's bees, as well as Star Island's own beehive, and explore issues of single crop pollination, parasites, pesticides, and loss of habitat.

Theme Speaker: Peter Cowin, "The Bee Whisperer" of Hampden, ME; President, Penobscot County Chapter of Maine State Beekeepers Association.

Minister: The Rev. Nancee Campbell

Program Fee: \$125/adult (18+); \$25/youth

Scholarships & Questions: Email Betty Olivolo at bettyolivolo@gmail.com for confidential scholarship assistance.

Former Pelican Discount

For our former staff, come back to Star Island and save up to 50% on room and board when attending the full length of any conference. Visit StarIsland.org/Discounts for complete details and deadlines.



PEL

Pelican Reunion

WHEN I WAS A PELICAN...FRI 9/4 or SAT 9/5 to MON 9/7 • www.pelicansarepelicans.org

Do you remember the sometimes crazy ways things worked at Star Island when you were a Pelican and the fun you had working and living together? Renew your Pelican friendships, make new friendships with Pelicans from other years, and find out what it is like to be a Pelican today.

Minister of the Week(End): Rev. Susie Phoenix

Program Fee: \$40/adult (18+), \$20/youth by August 15; \$80/adult and \$40/youth thereafter.

Scholarships: Email financialaid@pelicansarepelicans.org

Questions? Email registrar@pelicansarepelicans.org for more information.

YES

Youth Empowerment and Spirituality

CHANGING TIDESSAT 6/27 to SAT 7/4 • www.yesonstar.org

The YES Conference is an open, welcoming community for youth ages 15-22. We provide a safe space for spiritual growth and self-empowerment. It is a transformative week of adventure, thought-provoking workshops, and impromptu dance parties under the stars.

Minister: Rev. Dave Scheuneman, Studio Zero, Las Vegas, NV

Program Fee: \$85/person

Scholarships & Questions: Contact Taylor Travers, Registrar, at registraroftheyes@gmail.com

SG1
youth

Star Gathering 1 UCC Youth Conference

SPIRITUALITY AND RECOVERYSAT 8/1 to SAT 8/8 • www.starisucc.com

We invite you to take a step away from the noise of the mainland and join us on Star Island to reflect on what it means to be holy and what is sacred. We will covenant to live together in a respectful community as we plumb the depths of our understanding of ourselves and the Divine, however it makes itself known to us. This week is for those seeking to understand themselves and their world in a richer and deeper way.

Program Leader: David Clark, MDiv Candidate, '17, Andover Newton Theological School

Program Fee: \$115/youth

Financial Aid: Contact the registrar at stargathering1reg@gmail.com

Questions? Email David Clark at dclark@ants.edu

SG2
youth

Star Gathering 2 UCC Youth Conference

ADULTHOOD IN THE 21st CENTURY: STARS OR ISLANDSSAT 8/8 to SAT 8/15 • www.starisucc.com

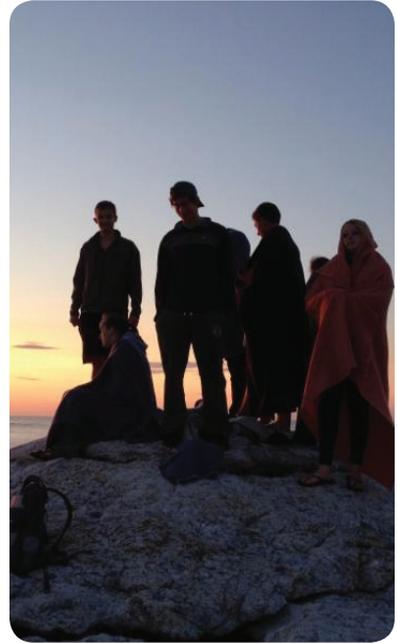
Star Island is committed to being a leader in environmental practice, and we are committed to assisting our youth in becoming transformational leaders of today and tomorrow through the healthy practice of vitality, sustainability, and accountability in every aspect of their lives. Practice for a week, experience for a lifetime!

Program Leader: Rev. Brian Gruhn, 2nd Church in Newton UCC, Newton, MA

Program Fee: \$115/youth

Financial Aid: Contact the Registrar at stargathering2registrar@gmail.com

Questions? Email Rev. Brian Gruhn at brian.gruhn@gmail.com



ISHRA
june

Isles of Shoals Historic and Research Association - June

**FISHWIVES, WITCHES, WRITERS, PELICANS, AND SCIENTISTS:
400 YEARS OF WOMEN ON THE SHOALS**

SAT 6/27 to WED 7/1 • www.ishra.org

For over four hundred years women have played an active, important, and often overlooked role in Shoalers work and community life. We will explore the lives of these women as a group and as individuals, looking at them in the context of their time in history and the impact they had in supporting and shaping life on the Isles of Shoals.

Program Fee: \$100/person

Questions? Email Amy Cook, Registrar, at juneconference@ishra.org or Maryann Stacy, Conference Chair, at mstacy@townofogunquit.org



Historical Society Discount

People new to Star Island and members of historical societies can save 30% on room and board when attending New England Heritage or either ISHRA program. Visit StarIsland.org/Discounts for complete details.

ISHRA
sept

Isles of Shoals Historic and Research Association - September

STAR'S HIDDEN NOOKS AND CRANNIES

FRI 9/11 to SUN 9/13 • www.ishra.org

Join us as we explore hidden Star Island: find the last of the season's Scarlet Pimpernel, search for remnants of the past among the rocks on the beach, explore the Oceanic in a new way, and learn about future archaeological investigations on Star and architectural oddities of the hotel buildings.

Theme Speakers: Nathan Hamilton, Ph.D.; Robert Cook, MA, Architecture

Program Fee: \$60/person

Questions? Email Maryann Stacy, Conference Chair at mstacy@townofogunquit.org

NEH

New England Heritage

HEARTH & HOME: THE HISTORIC NEW ENGLAND PALATE

SAT 8/29 to TUE 9/1 or SAT 9/5 • [facebook.com/historicstarconference](https://www.facebook.com/historicstarconference)

Step back in time and delve into the cuisine of New England's past. Discover historic specialties and learn how the traditions of various settlers melded with the area's available natural resources to produce dishes that defined both an age and a region.

Minister: Rev. Rosemarie Smurzynski

Program Fee: Full conference: \$125/person (age 12+); 3-night session: \$90/person (age 12+) Although there is no separate children's programming, New England Heritage welcomes children of all ages under the supervision of their parents/guardians.

Questions? Email NewEnglandHeritage@comcast.net

conducted in partnership with the Portsmouth Athenaeum



G

Gatsby on the Isles

JAZZ AGE LAWN PARTY AND SOIREE ON STAR ISLAND

SAT 8/29 to SUN 8/30 • www.oldsadam.com/gatsby-on-the-isles

A 1920's bash on the high seas, featuring live music, lawn games, and a picnic. Join us for the day or spend the night on the island for an evening of dancing at the historic hotel. It's a summer jaunt guaranteed to be the bee's knees.

Program Fee: \$48/person for day trip; \$195+/person and up for overnight (includes boat, lodging and meals)

Questions? Contact Adam Irish at adam@oldsadam.com or (603) 661-9373.





Star Arts

EXPRESS YOURSELFSAT 6/20 to SAT 6/27 • www.stararts.org

Star Arts is an adult conference offering morning workshops in visual arts, writing, dance, music, theater, and photography. Come expand on current talents, or take risks on new frontiers. Join a workshop, work on your own, or major in “porch sitting.” Do everything – or do nothing. All experience levels welcome.

Workshop Leaders: Jon Arterton, music; Laurie Brown, visual arts; Ron Cox, photography; Jeannie Martin, writing; Bragan Thomas, Theater

Minster: Rev. Kate Wilkinson, Unitarian Universalist Meeting House of Provincetown, MA

Program Fee: \$110/person

Scholarships: Visit www.stararts.org for more information

Questions? Email chair@stararts.org or registrar@stararts.org



Chamber Music

FRENCH IMPRESSIONISM

FRI 9/11 to SAT 9/12 or SUN 9/13

For our second summer, cellist Theodore Mook once again brings some of his extraordinary friends to Star for another exquisite weekend of world-class chamber music. This year the repertoire will draw from the golden age of French Impressionism – Claude Debussy, Maurice Ravel, Erik Satie, Gabriel Faure and others – once again played in our candlelit 200 year-old stone chapel, the stately lobby of our 19th Century wooden hotel, and the hotel’s more intimate Pink Parlor.

Musicians: Paul Rosenbloom, piano; Theodore Mook, cello; Alexey Shabalin, violin; Rob Hayden, clarinet

Program Fee: \$80/person

Scholarships: Visit www.stararts.org for more information

Questions? Contact the Registrar, Jill Brody, at registrar.chambermusic@gmail.com

Room & Board Rates

These rates include lodging, meals, and ferry transportation

Adults (18+)	Standard Shared	Standard Single	Motel Shared	Motel Single
7-night Programs	\$885	\$1,125	\$1,090	\$1,495
Yearly Adults Conference 7-night	\$810	\$1,015	\$990	\$1,355
ISHRA June, Couples, Cranio-Sacral	\$533	\$665	\$648	\$913
New England Heritage 3-night, Pel Reunion 3-night, Laity 3-night	\$420	\$525	\$515	\$720
Pel Reunion 2-night, Laity 2-night	\$323	\$400	\$395	\$525
Gatsby	\$195	\$235	-	-
ISHRA Sept, Fall Back, Harmony, Hampshire Dance, Women 2-night, Innerpeace Goddess 2-night, Chamber Music	\$296	\$367	\$360	\$477
Photo, WITR, Yoga, Paranormal	\$400	\$495	\$487	\$653
Creative and Professional Practice	\$240	\$300	\$295	\$390
Midweek 1 & 2, Writelines, Quakers, Transformative Mediation	\$410	\$512	\$498	\$675
YAC 4-night, Women 4-night, Innerpeace Goddess 4-night	\$503	\$627	\$610	\$825
Innerpeace Practitioner	\$327	\$405	\$398	\$533

Youth rates are determined by age on the first day of the program, regardless of room type.

Youth	Under 6	6-11 Yrs	12-17 Yrs
7-night Programs	Free	\$462	\$640
NEH 3-night, Pel Reunion 3-night, Laity 3-night	Free	\$223	\$310
Pel Reunion 2-night, Laity 2-night	Free	\$170	\$239

When choosing to register, please remember that Star Island is in a remote location and access can be limited even for emergency purposes. Learn more about Star Island, resources, and precautions you can take at StarIsland.org/Info/Important.

We promote a nurturing and caring community in which individuals are safe and respected. To that end, important and relevant policies may be found at StarIsland.org/Island-Policies

About Our Rates

Our rates cover some of our total operating costs, which include things like generating electricity, creating drinking water, treating wastewater, and properly maintaining our historic buildings. The rest is covered by other sources such as charitable donations.

Attending a summer program is about more than keeping the solar array collecting - it's about us helping one another to live our vision and create community.

Financial Aid

If paying the full rate would prevent you and your family from attending a program, please inform your registrar. Many programs have scholarships to help in cases of need. Star Island also has a confidential Financial Aid Program available to individuals and families already registered for a program and have not received a program scholarship. Learn more about your options at StarIsland.org/Financial-Aid.

Multi-Program Discount

Attend a second 7 night program between August 29 and September 5 and receive 30% off your room and board during this August/September week. Find complete details at StarIsland.org/Discounts.

Former Pelican Discount

Come back to Star Island as a guest and receive 50% off your room and board when attending the full length of any 2015 program. If you used this discount in 2014, receive 25% off. Registration deadlines and other restrictions apply. Visit StarIsland.org/Discounts for more information.

Medical Information

Star Island Corporation assumes no liability for accidents, illnesses, or their treatment. Our first aid station is equipped only for basic treatment in an emergency, and may not be staffed at all times. Star Island is a remote location with extremely limited capacity to respond to medical emergencies. Evacuation of individuals experiencing significant health issues ranges from one hour (in ideal conditions) to many hours. Star Island Corporation strongly recommends not participating in a conference if you experience any medical condition which might reasonably require emergency medical response. Due to operational costs, conferees who knowingly come to the island with any of the above conditions and then require emergency medical evacuation will be charged for the full conference.

Special Health Conditions

If someone has a condition that affects walking ability, the conference registrar must be informed in advance in order to assist in accommodations. Please supply information concerning any health condition which might affect participation in conference programs and/or which would help us to provide proper care in case of an emergency. Include names, specific medical conditions, allergies, continuing medication, electrical needs for medical equipment, etc.

Medications

The first aid station does not maintain an inventory of prescription medications. Everyone must bring enough of any needed medicine to cover the length of the stay. We recommend an extra four days worth as a precaution.

Minors

Any person under eighteen attending without a parent or legal guardian is required to submit a Minor Medical Release Form to the conference registrar before your application can be accepted. This form may be downloaded from www.starisland.org/conferences/info.



Star Harmony

CHORAL HARMONY SINGING FOR CHOIR DIRECTORS, CHOIR SINGERS, & FOLKS WHO LOVE TO SING

FRI 9/18 to SUN 9/20 • www.amidonmusic.com/workshops/star-island-harmony

A weekend of mostly a cappella 4-part harmony singing; for directors and singers in church, hospice and community choruses, and for those who simply love to sing; of arrangements of folk songs, hymns, spirituals, gospel, seasonal songs, shape note songs, and songs written by folks steeped in the oral tradition.

Singing Leaders: Peter Amidon, Mary Alice Amidon, Mary Cay Brass

Program Fee: \$100/person.

Questions? Contact Peter Amidon, Registrar, at amidonpeter@gmail.com



NH Society of Photographic Artists Retreat

PHOTOGRAPHY RETREAT

THU 9/10 to SUN 9/13 • www.nhspa.org

This 4-day retreat, now in its 17th year, offers conferees a creative and learning get away with the camaraderie of film and digital photographers of all levels and will feature a workshop led by a special guest photographer who will also exhibit a presentation of their work. You will also have the opportunity to display your passion of this art form by sharing your photographs with the group for critiquing purposes.

Program Fee: \$110/person, includes a one year individual membership to the New Hampshire Society of Photographic Artists



Writelines

CREATIVE WRITING RETREAT

MON 9/7 to FRI 9/11 • www.writelines.net

Come to write, watch magnificent sunsets, write, relax, discuss the craft of writing, and write some more. Bring with you several pens, at least one blank journal or notebook, and a mind ready to explore parts of itself you didn't even know were hidden there. The facilitator will take care of the rest. She creates a safe environment, carefully chosen prompts and fun excursions on the island.

Workshop Leader: Dale Slongwhite

Program Fee: \$299/person

Questions? Email dale@writelines.net

SH
dance

Star Hampshire Dance

22nd TRADITIONAL MUSIC & DANCE WEEKENDFRI 9/18 to SUN 9/20 • www.nhcountrydance.com/star

Our small, friendly music and dance weekend features contra, but includes square, English country and couples dances. There is time to relax and explore the island, join yoga or singing conferences, rock on the porch, and attend our non-traditional chapel service. Waltzing before breakfast, a musicians' workshop and music jams fill out the schedule. Our website has more details, including biographies of our talented staff.

Dance Caller: Tony Parkes

Musicians: George Wilson, fiddle, and Selma Kaplan, piano

Program Fee: \$90/person

Questions? Email Chrissy Fowler at ktaadn_me@hotmail.com



WITR

Writers in the Round

**NURTURING CONNECTIONS
BETWEEN THE ARTS**THU 9/10 to SUN 9/13 • www.witrhome.org

Writers in the Round is a supportive, creative, and collaborative retreat for songwriters and poets of all levels of experience. It is a time for stretching boundaries, playing with new forms and ideas, learning from one another and breathing fresh salt air. WITR offers daily classes, unstructured time for composition and sharing, small group workshops and nightly song and poetry swaps.

Program Fee: \$110/person



RS

Road Scholar

DIGITAL PHOTOGRAPHY, WATERCOLORS, EXPERIENCE

SAT 6/27 to SAT 7/4 & SAT 8/29 to FRI 9/4 & SAT 9/5 to FRI 9/11

Watercolor Painting on a Historic Ocean Island (#11879RJ) - August & September

Enjoy painting where Childe Hassam created over 100 canvases. Focus on shoreline landscapes, the lighthouse, stone buildings and ocean seascapes on the historic Isles of Shoals. Create your own mix of class instruction, painting on location and daily critique to suit your interests. Beginners through advanced painters are welcome.

Digital Photography on a Historic Ocean Island (#15432RJ) - August & September

Explore, study and photograph the beautiful Isles of Shoals. Each day includes instruction, critique, historical studies, free time for exploring, composing and taking photographs and the mutual support of other photographers. Emphasis will be on composition, visual language and learning how to see. Beginning and experienced photographers are welcome.

Experience Star on a Historic Ocean Island (#21155RJ) - June & August

Venture out to Star Island and join in a wide variety of activities, including meditation, engaging with your creative process, and delving into New England history. And if you need a rest after a botany walk, there is plenty of time to gaze out to sea while relaxing on the front porch.

Register online at www.roadscholar.org.



CPP

Creative and Professional Practice for Artists

PROFESSIONAL DEVELOPMENT FOR ARTISTS

MON 9/7 to WED 9/9 & WED 9/9 to FRI 9/11

www.kimbernard.com/star_island.html

This intensive workshop is for artists who want to create a sustainable life making art. Issues of how and where to exhibit, documentation, creating a website, grant writing, residencies, developing a supportive community and time management will be thoroughly covered with breaks for nature walks, journaling, yoga and dark chocolate.

Program Fee: \$295/person

Questions? Contact Kim Bernard at info@kimbernard.com





Innerpeace Healing Arts

NOURISHING THE PRACTITIONER: FOR THERAPISTS, COUNSELORS, HEALTHCARE PROFESSIONALS

MON 9/14 to THU 9/17 • www.innerpeacehealingarts.com

Renew your light in this self-care retreat. Learn practices that you can share with your clients, friends, and loved ones. Understand the symptoms, prevention, treatment, and ethical concerns of compassion fatigue, vicarious traumatization and burn out. You will experience effective, nourishing holistic practices that can reduce stress reaction, depression and anxiety. Included will be breath work, meditation, mindfulness and gentle yoga for inner peace, along with time for self-reflection, sharing and bliss on our beautiful island. Give yourself a gift of renewal, and strengthen your body, mind and soul with love and healing energy, so that you may live and work with a radiant heart.

18 CEUs (6 of these in Ethics) approved by NH NASW #2893

Registration: www.innerpeacehealingarts.com

Program Fee: \$325/person



Innerpeace Healing Arts

NOURISHING THE GODDESS

WED 9/9 or FRI 9/11 to SUN 9/13 • www.innerpeacehealingarts.com

Celebrate your divine goddess spirit! Join us and experience inner peace, while you nurture and renew with gentle yoga, mantra, meditation, mindfulness, and Yoga Nidra (the practice of deep relaxation) and healing self-exploration through the arts. Participating in the full retreat will allow more time for quiet, rest, and self-reflection. Enter into the wonder of island, sea, stars and sunsets. Live in beauty and harmony with nature, self, and community on our island haven. Heal as you release physical, mental, and emotional stress. Nourish yourself, and fill your soul with joy in a journey that is both inward and expansive. Be supported in opening your heart, mind, and body to live with love and compassion for self and others. You might even transform your life. You are invited to experience the majesty, wisdom and power of beautiful Star Island and your own true goddess nature!

Program Fee: Full Retreat \$150/person; Weekend Only \$125/person

MED

Meditation Week

GROUND, PATH & FRUIT

SAT 6/20 to SAT 6/27 • www.starmeditation.org

Join a community of kindred spirits for a week devoted to “practicing presence”, through formal silent group meditation, solitary nature contemplation, mindful

discussion and savoring life-in-the-moment. This retreat gathers adults of all ages, beginning and advanced in experience, from many traditions and faith backgrounds.

Minister & Registrar: Rev. David Scheuneman, Studio Zero, Las Vegas, NV

Program Fee: \$95/person

Questions? Contact Rev. David Scheuneman at dave@studiozero.org or (702) 530-ZERO



Religion & Spirituality

For a conference focused on religion and spirituality, check out these offerings:

Lifespan Religious Education pg. 8

Star Gathering UCC 1 pg. 4

Laity Family Weekend pg. 8

Institute on Religion in an Age of Science pg. 7

Star Gathering UCC 2 pg. 5

WMN

Star Women

BUILDING CONNECTIONS

WED 9/16 or FRI 9/18 to SUN 9/20 • www.starwomen.weebly.com



A casual retreat with a mind/body/spirit focus that encourages individuality and creativity while respecting solitude. Past workshop offerings have included fiber arts, crafts, painting, poetry, basket weaving, wellness and movement. Strong bonds are developed with each other and Star Island. We will be joyfully celebrating our 20th anniversary this year!

Program Fee: Full Retreat \$50/person; Weekend \$25/person

Scholarships: Learn more at starwomen.weebly.com

Questions? Contact the chair, Martha McGovern, at martha@marthamcgovern.com

CS

Craniosacral Therapy Alliance

THE WITNESS CLASS FOR CRANIOSACRAL THERAPISTS

SAT 8/1 to WED 8/5 • www.cstalliance.com/curriculum/witness

In this three-day workshop we will explore the power of the most neutral stance as therapist/facilitator, that of Witness. This class is designed to open the therapist to the natural elements of life—breath, water and awareness – in order to cultivate a deeper appreciation for the craniosacral rhythms, our breath, and inner stillness.

Program Fee: \$598/person

CR

Couple's Retreat

**IMPROVING CONNECTION AND COMMUNICATION
IN YOUR RELATIONSHIP**

SUN 6/21 to WED 6/24 • www.meredithmediates.com

"All You Need Is Love," the Beatles sang. While that may be true in the heady beginning of a relationship, challenges arise. Join couples therapist, Susan Lager, and conflict coach and mediator, Meredith Richardson, on a couple's retreat designed to improve communication, deepen connection, and reduce conflict within your relationship.

Workshop Leaders: Susan Lager, LICSW, BCD, CPC, The Couples Center; Meredith Richardson, Esq., CPC, Meredith Mediates

Program Fee: \$500/person. Reduced fees may be available. Contact information below.

Questions? Email Meredith Richardson at meredithmediates@aol.com

TMT

Transformative Mediation Training

EXPLORE TRANSFORMATIVE MEDIATION AND STAR ISLAND

SUN 8/30 to WED 9/2 • www.meredithmediates.com

This retreat is designed to allow you to explore Transformative Mediation and the Isles of Shoals. You will have 14 hours of experiential learning in which to develop your transformative mediation skills. The remaining time is yours – to explore, to relax, recenter and rejuvenate.

Theme Speaker: Meredith Richardson, Esq., CPC, NH certified family mediator, Meredith Mediates

Program Fee: \$500/person

Questions? Email Meredith Richardson at meredithmediates@aol.com



YOGA

Star Island Yoga Retreat

SHINE YOUR LIGHT

THU 9/17 to SUN 9/20 • www.rasamaya.com/pages/star-island-yoga

This yoga retreat is truly special. A team of teachers with different specialties means you can take up to six classes a day. But we also love time to do nothing, relax, rock on the porch and meditate. In the same day find challenges and community, silence and joyful noise. Newcomers to Star and to yoga are welcome!

Program Fee: \$175/person

Scholarships: Email carrie@rasamaya.com for more information

Questions? Email tristan@rasamaya.com



YOGA teacher

Yoga Teacher Training with Carrie Tyler of Rasamaya

200 HR VINYASA YOGA TEACHER TRAINING

SAT 9/5 to SUN 9/20 • www.rasamaya.com/pages/yoga-training

This transformational yoga teacher training with master teacher Carrie Tyler is ideal for aspiring teachers and dedicated students. This program is approved by the Yoga Alliance and is focused on providing you with all the tools you need to start your path as a confident, accomplished and thoughtful Vinyasa yoga teacher. A major part of this training focuses on drawing forth your personal strengths, creativity, knowledge and voice. By the time you graduate you will be fully prepared to teach classes in a multi-level format for all levels of skill from gentle to power.

BONUS!

Includes the Shine Your Light Yoga Retreat

Tuition: Before June 15: \$3,200 shared, \$3,700 single; After June 15: \$3,700 shared, \$4,100 single. Includes a \$500 non-refundable deposit. Payment plans for tuition are available.

Questions? Please contact training@rasamaya.com.



Midweek 1

RETREAT

MON 9/7 to FRI 9/11

Escape to a place of salt spray and ocean breezes with spectacular sunrises, sunsets, starry nights and three meals a day. Where you can choose to be lazy – even the few scheduled activities are optional. Build new friendships, rekindle the old, kayak, sing, rest, relax and return home feeling refreshed!

Minister: Rev. Mary Giles Edes

Program Fee: \$35/person

Questions? Contact Janna Levesque at janna1124@roadrunner.com



Midweek 2 & Quaker Retreat

STAR FOR STAR'S SAKE

MON 9/14 to FRI 9/18

We welcome kite flyers, rock sitters and writers seeking inspiration. First time Shoalers are welcome. Ours is the conference for lovers of Star. It is a great place to engage with the island with a minimum of planned activities. We have two short daily chapel services and a daily Quaker silent worship.

Minister: Rev. Telos Whitfield

Program Fee: \$25/person

Questions? For Midweek 2, contact Howard Bennett at (267) 980-6518 or howbenn@gmail.com. For Quakers, contact Sarah Marter at (617) 335-5193 or savery08@comcast.net

BIRD

Birding Weekends

SPRING AND FALL MIGRATION ON STAR ISLAND

FRI 5/22 to SUN 5/24 & FRI 9/25 to SUN 9/27 • www.ericmasterson.com

Though fewer than 30 species of birds breed on Star Island, almost 250 species have been recorded. Most are migrants that use the island as a staging post each spring and fall. Two weekend conferences will focus on the identification and natural history of the many species that we encounter.

Birding Leader: Eric Masterson, author of *Birdwatching in New Hampshire*.

Program Fee: \$100/person

Questions? Contact Eric Masterson at eric.masterson@myfairpoint.net



FB2S

Fall Back to Star

END OF SUMMER HOMECOMING

FRI 9/11 to SUN 9/13 • www.shoals.org

Come enjoy and share the island at this charming time of year. Explore the natural beauty, experience a moving candlit chapel, and steep yourself in the quiet excitement of a cultural weekend.

Program Fee: \$25/person (includes Isles of Shoals Assoc., UU membership); \$10/person for current members

Questions? Email Emily Cann at emily_cann@hotmail.com

YAC

Yearly Adults Conference

THE GRATEFUL SPIRITSUN 6/15 or WED 6/17 to SUN 6/21 • www.bigyacattack.com

We are an intentional community of creative adults, committed to fun, fellowship, and deepening our understanding of ourselves and each other. Join us as we share our talents and gifts through programming that showcases our crafts, music, recipes, and humor. This year we'll be exploring the concept of gratitude as it relates to all aspects of our lives.

Minister: Rev. Leon Dunkley, UU Church of Silver Spring, MD

Program Fee: \$100/person

Scholarships: Contact Mary Light, Registrar, at yac.registrar2015@gmail.com

Questions? Email Program Chair Ashley Collins at stanza913@gmail.com



PARA

Star Island Paranormal Adventure Weekend

PARANORMAL INVESTIGATINGTHU 6/17 to SAT 6/20 • www.paranormalreactions.com

Paranormal Reactions brings real paranormal adventures live to Star Island. Investigate some of the most active areas on the island. During the day enjoy our Reiki sessions, new high tech classes as you bring us the evidence. Work with our high tech equipment and enjoy night long investigations.

Guest Speaker: Staff of North East Paranormal Associates, Surprise Paranormal guests

Program Fee: \$75/person

Questions? Email Maureen Raiche at paranormalreactions@gmail.com





Star Island Experience

STAR ISLAND

SAT 8/29 to SAT 9/5 • www.starisland.org/experience

Venture out to Star Island and join in a wide variety of activities, including meditation, engaging with your creative process, and delving into New England history. And if you need a rest after a botany walk, there is plenty of time to gaze out to sea while relaxing on the front porch.

Program Fee: \$90/person



Gosport Regatta

REGATTA WEEKEND

SAT 9/26 to SUN 9/27 • www.starisland.org/regatta

The centerpiece of this program features a sail race that was first hosted in 1874 and carries the tradition of winning the Oceanic Cup, first won by the historic yacht "America." Follow the race from the starting line on the M/V Thomas Loughton and come ashore in time for lunch with live entertainment and the best views of the finish line. The awards reception and dinner bring race crews and spectators together in the Oceanic Hotel dining room. Guests are treated to a brunch on Sunday. Overnight and race-day tickets available starting March 1 at StarIsland.org/Regatta.

Thank you to our 2014 Gosport Regatta Sponsors



We also wish to thank past sponsors:
 Andersen Windows • Fred C. Church • Northeast Yachts • Olde Port Properties • Piscataqua Savings Bank
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Thank you to the following photographers for allowing us to use their work in this catalog:
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Chronological List of Conferences

- Spring Birding Weekend
May 22 - 24
- Yearly Adults Conference
June 15 or 17 to 21
- Paranoramal Weekend
June 17 to 20
- Star Arts
June 20 to 27
- Meditation Week
June 20 to 27
- Couple's Retreat
June 21 to 24
- Isles of Shoals Historic & Research Assoc. - June
June 27 to July 1
- Natural History Week
June 27 to July 4
- Youth Empowerment & Spirituality
June 27 to July 4
- Road Scholar June
June 27 to July 4
- All Star 1
July 4 to 11
- All Star 2
July 11 to 18
- Lifespan Religious Education
July 18 to 25
- International Affairs
July 25 to August 1
- Star Gathering 1 Family & Youth
August 1 to 8
- Craniosacral Therapy Alliance
August 1 to 5
- Star Gathering 2 Family & Youth
August 8 to 15
- Institute on Religion in an Age of Science
August 8 to 15
- Life on a Star 1
August 15 to 22
- Life on a Star 2
August 22 to 29
- Road Scholar August
August 29 to September 4
- Star Island Experience
August 29 to September 5
- Gatsby on the Isles
August 29 to 30
- Transformative Mediation
August 30 to September 2
- Pelican Reunion
September 4 or 5 to 7
- Laity Family Weekend
September 4 or 5 to 7
- Road Scholar September
September 5 to 11
- Vinyasa Yoga Teacher Retreat
September 5 to 20
- Creative and Professional Practice
September 7 to 9 or 9 to 11
- Midweek 1
September 7 to 11
- Writelines
September 7 to 11
- Innerpeace Healing Arts: Nourishing the Goddess
September 9 or 11 to 13
- NH Society of Photographic Artists Retreat
September 10 to 13
- Writers in the Round
September 10 to 13
- Fall Back to Star
September 11 to 13
- Isles of Shoals Historic & Research Assoc. - Sept.
September 11 to 13
- Chamber Music
September 11 to 12 or 13
- Innerpeace Healing Arts: Nourishing the Practitioner
September 14 to 17
- Midweek 2 & Quaker Retreat
September 14 to 18
- Star Women
September 16 or 18 to 20
- Yoga Retreat
September 17 to 20
- Star Hampshire Dance
September 18 to 20
- Star Harmony
September 18 to 20
- Fall Birding Weekend
September 25 to 27
- Gosport Regatta
September 26 to 27

How to Register

- 1.) Visit StarIsland.org to register online.
- 2.) Visit StarIsland.org to print out a paper registration form to mail in.
- 3.) Call or email the Star Island office to send you a paper registration form.

Questions?

Contact the Star Island office
Phone: (603) 430-6272
Email: office@starisland.org



STAR ISLAND

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