Star Island
100 Years


2016
A week on Star Island is like going to summer camp. But our summer experience is for people of all ages. From mid-June through August, programs are generally family oriented with pertinent theme speakers and workshops for adults, and related youth activities coordinated by age groups. Chapel services, softball games and other community events bring everyone together highlighting our multi-generational mix. In September there’s a focus on lifelong education in a more relaxed and reflective atmosphere.

**Star Island welcomes you to discover, delight and unwind with the community, experiences and spiritual renewal only found on this unique summer island.**

Since 1915, Star Island’s location off the New Hampshire coast has been known as a place to renew spiritually, explore matters of consequence, and gain knowledge about the world as it might ideally be removed from the constraints of mainland life. Immerse yourself within one of our cherished “conferences” -- an historic term we call our traditional summer island gatherings.

On the following pages you will find the 2016 programs. A group of volunteers works hard to provide these opportunities. We hope you find time to visit Star Island this summer and participate in our community.

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**Our Mission**

Our mission since 1915 is to hold and maintain Star Island and such other property as the Corporation may hold or acquire, as a center for religious, education, and kindred purposes consistent with the principles of the Unitarian Universalist Association and the United Church of Christ.

**Our Vision**

Our vision is to create on Star Island an environment that frees all who come to renew spiritually, explore matters of consequence, and gain knowledge about the world as it might ideally be.
Our catalog is organized into categories to help you choose from similar programs:

Multi-Generational 4-9 | Youth 10 | History 11-12 | The Arts 13-18
Personal Growth 19-22 | Religion & Spirituality 20 | Adults 23-25

Register online @ StarIsland.org

Discounts: StarIsland.org/Discounts | Financial Aid: StarIsland.org/Financial-Aid
Robert Pappalardo, Project Scientist for NASA’s spacecraft mission to Jupiter’s ocean moon Europa, will provide a planetary geologist’s perspective on our solar system. How do scientists study the planets and moons? What are the key similarities and differences compared to our home planet Earth? How are icy worlds such as Europa changing the prospects for finding life in our cosmic backyard?

Theme Speaker: Robert Pappalardo, Ph.D., Europa Project Scientist, Jet Propulsion Laboratory
Program Fee: $95/adult (18+); $75/child not to exceed a family maximum of $365

Financial Aid: Offered on a completely confidential basis. Forms are available online at AllStarOne.org/financial-assistance. Questions should be directed to Ali Walton, Registrar, at ali@waltongrantwriting.com. Please consider a donation to the Financial Assistance fund. You can write a check payable to All Star One, with memo FA Fund and mail to Ann Etter, 820 Superior Drive, Northfield, MN 55057.

Questions? Email the registrar, Ali Walton, at ali@waltongrantwriting.com

Youth & Children’s Programs
Explore the conference listings on StarIsland.org to discover more about each conference and their youth programs.

Come, come, whoever you are. Come create a boundless, compassionate playground to refresh your spirit with fun and ease. Experiment with stretching, breathing, moving your hands, 3-sentence stories and in the process build real opportunities for your body, mind, heart, and spirit to play together with a process called InterPlay. During the week we will play with “exformation” (releasing information), BIBO easy breath that can expand a capacity for inner and outer Presence, and “the physicality of grace” (can sound like Awww silly!), “noticing” (looking for the good), “easy focus” and five core movements, to create a variety of expression and fun.

Theme Speaker: Rev. Dr. Dirkje Legerstee, InterPlay Leader and Play Practitioner
Minister: Rev. Kurt A. Walker, Senior Minister, Chapel Street UCC, Lincoln, RI
Program Fee: $115/adult, $90/child entering 8th grade or lower

Financial Aid & Questions?: Contact the registrar at stargathering1reg@gmail.com
Interfaith initiatives abound; from multi-religious book groups, to grassroots interfaith neighborhood coalitions, to international interreligious networks of peace activists. In our churches it is increasingly common to find programs focused on “understanding our religious neighbors from other faiths.” But what is interfaith work all about? Why does it matter? In this program we will explore questions both practical and theological while making a case for the relevance of interreligious work for both individuals and communities.

Theme Speaker: Dr. Jennifer Howe Peace, Associate Professor of Interfaith Studies at Andover Newton Theological School and founding co-director of the Center for Interreligious and Communal Leadership Studies

Minister: Rev. Matthew Wooster, Senior Minister, Wellesley Hills Congregational Church

Program Fee: $115/adult, $90/child entering 8th grade or lower

Financial Aid: & Questions? Contact the registrar at stargathering2registrar@gmail.com
Life on a Star 1 Family Conference
THE NATURE OF STAR:
OUR RELATIONSHIP WITH THE WORLD AROUND US
SAT 8/13 to SAT 8/20 • www.lifeonastar.org

This week on Star will explore how we have developed as human beings and what that means for the world around us and our future. There will be workshops covering a diverse array of subjects including art, music, yoga, finance, reading and science.

Theme Speaker: David Mangold Heiser, Head of Education and Outreach of the Yale Peabody Museum of Natural History
Minister: Rev. Megan Lloyd Joiner, Unitarian Society of New Haven, CT
Program Fee: $130/adult and $80/child.
Scholarships: Visit www.lifeonastar.org and click on the “Helping to Pay for LOAS” link.
Questions? Contact the chairs at loas12016@gmail.com or the registrar at patti@emmons.org

Life on a Star 2 Family Conference
CREATING A PANDEMIC OF GLOBAL COMPASSION THROUGH EDUCATION AND MEDIA
SAT 8/20 to SAT 8/27 • www.lifeonastar.org

The activities planned for Life On A Star 2 will engage the mind, body and spirit. Wake up and invigorate yourself with a polar bear plunge off the dock into the brisk North Atlantic. Then come join our workshops to explore your creative side, center your body via movement and partake in some intriguing intellectual debates (check the conference website for up to date workshop offerings) – or just settle into a rocking chair on the porch, overlooking the gorgeous Isles of Shoals... and reflect on your role in spreading global compassion.

Theme Speaker: David Lehman, PhD
Minister: Rev. Frank Clarkson, Unitarian Universalist Fellowship of Haverhill, MA.
Program Fee: $130/adult, $80/child
Scholarships: Visit www.lifeonastar.org and click on the “Helping to Pay for LOAS” link.
Questions? Contact the registrar at LOAS2Registrar@gmail.com
IA 2016 will focus on education from different perspectives based on cultural differences, philosophies, and value systems. We will explore education in terms of what students and teachers need, and examine different models around the world that are shaping education through a variety of approaches.

**Theme Speaker:** Andy Calkins, Deputy Director Next Generation Learning Causes, Educause

**Program Fee:** $160/adult, $120/youth

**Scholarships:** The International Affairs Conference provides financial assistance for full-week conferees who find themselves under financial pressures and aims to help as many individuals or families as possible. IA welcomes applications from all who wish to join our exciting community and are committed to making IA as financially accessible as possible.

**Questions?** Email the registrar at kristin@internationalaffairsconference.org

**International Affairs Family Conference**

**EDUCATION AROUND THE WORLD: AN INTERNATIONAL PERSPECTIVE**

SAT 7/23 to SAT 7/30 • www.internationalaffairsconference.org

**Institute on Religion in an Age of Science**

**HOW CAN WE KNOW?**

SAT 6/25 to SAT 7/2 • www.iras.org

What does knowing reliably and living humanely require of us in 2016 – as persons, communities, institutions and whole societies? Come. Explore this question. What we take as known shapes our daily routines, our relationships and our fate – global, societal and personal. Agreeing to disagree is no longer enough.

**Theme Speakers:** Warren Brown, Dir. Lee Edward Travis Research Institute; Phillip Cary, Prof. of Philosophy, Eastern University; Chris Corbally, Jesuit Astronomer, Vatican Observatory Research Group; Wentzel van Huyssteen, former James J. McCord Prof. of Theology and Science, Princeton Theological Seminary; Jonathan Marks, Prof. of Anthropology, Univ. of North Carolina; Margaret Boone Rappaport, Co-founder, Human Sentience Project; Louise Sundararajan, Chairperson, Task Force on Indigenous Psychology for the APA; John A. Teske, Prof. of Psychology, Elizabethtown College.

**Minister:** Pat Bennett, Program Development Worker, Iona Community in Scotland.

**Program Fee:** Visit StarIsland.org for more information.

**Questions?** Contact Ruben Nelson, Co-Chair. 1-888-673-3537 or rubennelson@shaw.ca

**Multi-Conference Discount**

Save 30% on room and board when attending New England Heritage or Star Island Experience Week after attending the full length of any 2016 summer program. Visit StarIsland.org/Discounts for complete details.
Lifespan Religious Education

SUSTAINABILITY & FAITH: A NEW WAY OF LIVING
SAT 7/16 to SAT 7/23 • www.starreweek.com

Sustainability is the ability for something to continue forever. As stewards of the earth, we must develop programs that will impact humanity and engage spiritual growth for all. We will discover what sustainability looks like in some of the important places in our lives: our faith, the environment, and friendships.

Theme Speaker: Tim DeChristopher, climate activist and co-founder of the environmental group Peaceful Uprising.

Program Fee: Visit StarIsland.org for more information
Scholarships & Questions: Contact the registrar, Jane Clay, at jhclay@roadrunner.com

Laity Family Weekend

WHAT GOES INTO MAKING A TRUE FRIEND?
FRI 9/2 or SAT 9/3 to MON 9/5 • www.facebook.com/Laity.Weekend

Come and learn about what goes into making a true friend. We will study aspects of “The Transforming Friendship” by Leslie Weatherhead and take a personality test - The Myers Briggs Type Indicator. We will explore the historical Jesus and “…the strength of his peace” while better understanding one’s own personality.

Theme Speaker & Minister: Rev. Dr. Samuel W. Young
Program Fee: $30/adult, $20/youth under 15 years of age
Scholarships: Indicate the need for an application on the registration form and the scholarship committee will send an application form to individuals applying.
Questions? Email 2016laityevent@gmail.com
Bernd Heinrich, noted naturalist and prolific author, will speak of his owl acquaintances; his experiences with ravens, the brainy wolf-birds; the opening process of his favorite Star Island iris; and the why of metamorphosis. All will be enhanced by his own art and photography.

**Theme Speaker:** Bernd Heinrich, Ph.D., University of Vermont

**Minister:** Rev. Nancee Campbell, Retired Unitarian Universalist Minister

**Program Fee:** $125/adult $25/youth (under 18)

**Scholarships & Questions:** Email the registrar, Anne Perkins at anneperkins43@gmail.com.

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Pelican Reunion

**100 YEARS OF PELICANS**

FRI 9/2 or SAT 9/3 to MON 9/5 • www.pelicansarepelicans.org

A century’s worth of fun, exploration and rekindling bonds awaits your participation at this Pelican Reunion conference. Pelicans, former and future, will gather to pay tribute to Star Island’s centennial and to our connections as “birds of a single feather.” Our Pelicans-in-Training kids’ program, crafts, books, rocking on the porch, lime rickies, warm-hearted conversation, and more are on the schedule!

**Minister:** Rev. Dr. Leon Dunkley, Associate Minister, UU Church of Silver Spring, MD

**Program Fee:** $40/adult (18+) and $20/youth by Aug 15. $80/adult and $40/youth thereafter.

**Scholarships:** Email financialaid@pelicansarepelicans.org for more information

**Questions?** Contact the registrar, Matt Baya, at registrar@pelicansarepelicans.org

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Former Pelican Discount

For our former staff, come back to Star Island and save up to 50% on room and board when attending the full length of any conference. Visit [StarIsland.org/Discounts](http://StarIsland.org/Discounts) for complete details and deadlines.
The Youth Empowerment and Spirituality Conference is welcome to anyone ages 15-22. During our week, Shoalers participate in exciting workshops, nightly worships, and explore the natural beauty of the island. The purpose of our conference is to build community, promote personal spiritual growth, and to create life-changing experiences.

Minister: Rev. Dave Scheuneman
Program Fee: $85/person
Scholarships: Please contact our registrar, Julia Dudley-Kramer, at registraroftheyes@gmail.com.
Questions: Email Bianca Giolitto or Taylor Travers at chairoftheyes@gmail.com

Why is it that children play in order to learn about the world around them, but as we get older somehow play becomes separated from, or irrelevant to, "real life"? The Star Gathering 1 Youth will spend their week together learning about how to connect with each other, themselves, and their faith through play. Games, toys, pretend... when are those NOT good for us? And for the communities we seek and build?

Minister: Jenn Murray
Program Fee: $115/youth
Financial Aid & Questions?: Contact the registrar at stargathering1reg@gmail.com
EXPERIENCE THE ISLES OF SHOALS IN A WHOLE NEW WAY
SAT 6/25 to WED 6/29 • www.ishra.org

Discover the Isles of Shoals through all your five senses: sight, sound, touch, taste, and smell. Visit Appledore with Childe Hassam, be amazed at the photography of Alexandra de Steiguer, sample local seafood, resurrect the Dawn Birds, enjoy music and literature at Celia’s Salon, and dory race to Smuttynose.

Theme Speakers: Alexandra de Steiguer, photographer and author; Arthur Eves, naturalist
Program Fee: $100/person
Questions? Email juneconference@ishra.org

READERS AND BOOKLOVERS WEEKEND
FRI 9/9 to SUN 9/11 • www.ishra.org

Join ISHRA for a relaxing weekend with good books. Meet a surprise local author, discuss, share, and enjoy your favorite Shoals literature, and don’t forget there is always time for social hours, rocking chair therapy, rowboat trips, ice cream socials, and hot coffee on cool fall mornings on the porch.

Program Fee: $60/person
Questions? Email juneconference@ishra.org

Historical Society Discount
People new to Star Island and members of historical societies can save 30% on room and board when attending New England Heritage or either ISHRA program. Visit StarIsland.org/Discounts for complete details.
Discover how textiles and clothing both shaped and reflected civilization in New England over time. Through a variety of lectures and workshops, explore transitions from farm to factory, homespun to decorative art and handcrafts to mill manufacturing. Delve into the story of how society wove the fabric of both labor and leisure.

Minister: Rev. Rosemarie Smurzynski

Program Fee: Full conference, 7-nights: $125/person (age 12+); 3-nights: $90/person (age 12+)

Questions? Email Ann Beattie, Planning Co-Chair at NewEnglandHeritage@comcast.net

conducted in partnership with the Portsmouth Athenaeum

Gatsby on the Isles

JAZZ AGE LAWN PARTY AND SOIREE ON STAR ISLAND

Gatsby on the Isles, a 1920s bash on the high seas, featuring music, lawn games, and a picnic on Star Island. Join us for the day or spend the night for an evening of dancing at the historic hotel. It’s a summer jaunt guaranteed to be the bee’s knees.

Program Fee: Visit StarIsland.org for further details

Questions? Email Adam at adam@oldasadam.com
Star Arts is an adult conference offering morning workshops in visual arts, writing, dance, music, theater, and photography. Come expand on current talents, or take risks on new frontiers. Join a workshop, work on your own, or major in “porch sitting.” Do everything, or do nothing. All experience levels welcome.

**Workshop leaders:** Annie Tiberio Cameron, Photography; Nancy Sargent Howell, Visual Arts; Steven Ratiner, Writing; Dance, Theater, Music to be determined

**Minister:** Rev. Kate Wilkinson, Unitarian Universalist Meeting House of Provincetown, MA

**Program Fee:** $110/person

**Scholarships:** Visit www.stararts.org for more information.

**Questions?** Email the registrar, Barbara O’Brien, at registrar@stararts.org

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For our third summer, cellist Theodore Mook once again brings some extraordinary musician friends to Star for a superb weekend of world-class chamber music. This year, the repertoire will be drawn from salon music of the late 19th and early 20th Century, concentrating on American and British composers — once again played in our 200 year-old, candlelit stone chapel, the stately lobby of our 19th Century hotel, its intimate Pink Parlor and a fourth venue experienced last summer in our Stone Village.

**Musicians:** Paul Rosenbloom, piano; Theodore Mook, cello; Alexey Shabalin, violin; Rob Hayden, clarinet; Diana McVey, soprano; and friends.

**Program Fee:** $100/person

**Questions?** Contact the registrar, Jill Brody, at registrar.chambermusic@gmail.com
Room & Board Rates

These rates include lodging, meals, and ferry transportation

<table>
<thead>
<tr>
<th>Adults (18+)</th>
<th>Standard Shared</th>
<th>Standard Single</th>
<th>Motel Shared</th>
<th>Motel Single</th>
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<tbody>
<tr>
<td>7-night Programs</td>
<td>$912</td>
<td>$1,193</td>
<td>$1,123</td>
<td>$1,585</td>
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<tr>
<td>Yearly Adults Conference 7-night</td>
<td>$834</td>
<td>$1,076</td>
<td>$1,020</td>
<td>$1,436</td>
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<td>ISHRA June, Watercolor</td>
<td>$549</td>
<td>$705</td>
<td>$667</td>
<td>$968</td>
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<tr>
<td>New England Heritage 3-night, Pel Reunion 3-night, Laity 3-night</td>
<td>$433</td>
<td>$557</td>
<td>$530</td>
<td>$763</td>
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<tr>
<td>Pel Reunion 2-night, Laity 2-night, Creative and Professional Practice</td>
<td>$333</td>
<td>$424</td>
<td>$407</td>
<td>$557</td>
</tr>
<tr>
<td>ISHRA Sept, End of Summer, Harmony, Hampshire, Women 2-night, Nourishing the Goddess, Chamber Music, Paranormal Photo, WITR, Yoga</td>
<td>$304</td>
<td>$389</td>
<td>$371</td>
<td>$506</td>
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<tr>
<td>Midweek 1 &amp; 2, Writelines, Quakers, Surfboard Workshop</td>
<td>$422</td>
<td>$543</td>
<td>$513</td>
<td>$716</td>
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<tr>
<td>YAC 4-night, Women 4-night</td>
<td>$518</td>
<td>$665</td>
<td>$628</td>
<td>$875</td>
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<tr>
<td>Mindfulness for the Practitioner</td>
<td>$337</td>
<td>$429</td>
<td>$410</td>
<td>$565</td>
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<tr>
<td>Embodying the Goddess Archetypes</td>
<td>$247</td>
<td>$318</td>
<td>$304</td>
<td>$413</td>
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</table>

Youth rates are determined by age on the first day of the program, regardless of room type.

<table>
<thead>
<tr>
<th>Youth</th>
<th>Under 6</th>
<th>6-11 Yrs</th>
<th>12-17 Yrs</th>
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<tbody>
<tr>
<td>7-night Programs</td>
<td>Free</td>
<td>$462</td>
<td>$640</td>
</tr>
<tr>
<td>NEH 3-night, Pel Reunion 3-night, Laity 3-night</td>
<td>Free</td>
<td>$223</td>
<td>$310</td>
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<tr>
<td>Pel Reunion 2-night, Laity 2-night</td>
<td>Free</td>
<td>$170</td>
<td>$239</td>
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</table>

When choosing to register, please remember that Star Island is in a remote location and access can be limited even for emergency purposes. Learn more about Star Island, resources, and precautions you can take at StarIsland.org/Info/Important.

We promote a nurturing and caring community in which individuals are safe and respected. To that end, important and relevant policies may be found at StarIsland.org/Island-Policies.
Our rates cover some of our total operating costs, which include things like generating electricity, creating drinking water, treating wastewater, and properly maintaining our historic buildings. The rest is covered by other sources such as charitable donations. Attending a summer program is about more than keeping the solar array collecting - it’s about us helping one another to live our vision and create community.

Financial Aid

If paying the full rate would prevent you and your family from attending a program, please inform your registrar. Many programs have scholarships to help in cases of need. Star Island also has a confidential Financial Aid Program available to individuals and families already registered for a program and have not received a program scholarship. Learn more about your options at StarIsland.org/Financial-Aid.

Multi-Program Discount

Attend a second 7-night conference between August 27 and September 3 and receive 30% off your room and board during this August/September week. Find complete details at StarIsland.org/Discounts.

Former Pelican Discount

Come back to Star Island as a guest and receive 50% off your room and board when attending the full length of any 2016 program. If you used this discount in 2015, receive 25% off. Registration deadlines and other restrictions apply. Visit StarIsland.org/Discounts for more information.

Medical Information

Star Island Corporation assumes no liability for accidents, illnesses, or their treatment. Our first aid station is equipped only for basic treatment in an emergency, and may not be staffed at all times. Star Island is a remote location with extremely limited capacity to respond to medical emergencies. Evacuation of individuals experiencing significant health issues ranges from one hour (in ideal conditions) to many hours. Star Island Corporation strongly recommends not participating in a conference if you experience any medical condition which might reasonably require emergency medical response. Due to operational costs, conferees who knowingly come to the island with any of the above conditions and then require emergency medical evacuation will be charged for the full conference.

Special Health Conditions

If someone has a condition that affects walking ability, the conference registrar must be informed in advance in order to assist in accommodations. Please supply information concerning any health condition which might affect participation in conference programs and/or which would help us to provide proper care in case of an emergency. Include names, specific medical conditions, allergies, continuing medication, electrical needs for medical equipment, etc.

Medications

The first aid station does not maintain an inventory of prescription medications. Everyone must bring enough of any needed medicine to cover the length of the stay. We recommend an extra four days worth as a precaution.

Minors

Any person under eighteen attending without a parent or legal guardian is required to submit a Minor Medical Release Form to the conference registrar before your application can be accepted. This form may be downloaded from www.starisland.org/conferences/info.
A weekend of a cappella and piano/SATB choral singing: arrangements of folk songs, hymns, spirituals, gospel, seasonal songs, shape note songs and songs written by folks steeped in the oral tradition; for directors and singers in community, church and hospice choruses, and for those who simply love to sing.

**Singing Leaders:** Mary Alice Amidon, Mary Cay Brass, Peter Amidon

**Program Fee:** $100/person

**Questions?** Contact the registrar, Peter Amidon, at amidonpeter@gmail.com

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Come enjoy a photography retreat on beautiful Star Island! This four day retreat, in its 19th consecutive year, which will be led by a professional photographer, will offer conferees an opportunity to enhance their creativity and knowledge through a specially designed workshop, and with the camaraderie of other photographers, of all levels of experience.

**Program Fee:** $85/person

**Questions?** Email Barbara Zulkiewicz at barbara.zulkiewicz@comcast.net or 603.422.5558

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**Workshop Leader:** Dale Slongwhite

**Program Fee:** $349/person

**Questions?** Email dale@writelines.net
Our small, friendly dance weekend includes dancing (contra, square, English country and Scandinavian), waltzing before breakfast, a musicians’ workshop & jams, a staff concert, and a participatory chapel service. Our relaxed schedule includes plenty of time to explore the island. Top-notch dance instruction and live music!

Dance Caller: Will Mentor
Musicians: Jane Orzechowski, fiddle; Russell Orzechowski, keyboard & accordion; Dave Langford, fiddle; Max Newman, guitar & mandolin
Program Fee: $90/person
Questions? Contact the registrar, Chrissy Fowler, at ktaadn_me@hotmail.com

Writers in the Round is a supportive, creative, and collaborative retreat for songwriters and poets of all levels of experience. It is a time for stretching boundaries, playing with new forms and ideas, learning from one another and breathing fresh salt air. WITR offers daily classes, unstructured time for composition and sharing, small group workshops and nightly song and poetry swaps.

Program Fee: $110/person
Watercolor Painting on a Historic Ocean Island (#11879RJ) - August & September
Enjoy painting where Childe Hassam created over 100 canvases. Focus on shoreline landscapes, the lighthouse, stone buildings and ocean seascapes on the historic Isles of Shoals. Create your own mix of class instruction, painting on location and daily critique to suit your interests. Beginners through advanced painters are welcome.

Digital Photography on a Historic Ocean Island (#15432RJ) - August & September
Explore, study and photograph the beautiful Isles of Shoals. Each day includes instruction, critique, historical studies, free time for exploring, composing and taking photographs and the mutual support of other photographers. Emphasis will be on composition, visual language and learning how to see. Beginning and experienced photographers are welcome.

Experience Star on a Historic Ocean Island (#21155RJ) - June & August
Venture out to Star Island and join in a wide variety of activities, including meditation, engaging with your creative process, and delving into New England history. And if you need a rest after a botany walk, there is plenty of time to gaze out to sea while relaxing on the front porch.

Register online at www.roadscholar.org.

This intensive workshop is designed for artists who want to create a sustainable life making art: how and where to exhibit, documentation, creating a website, grant writing, residencies, developing a supportive community and time management will be thoroughly covered with breaks for nature walks, journaling sessions, yoga and dark chocolate.

Program Fee: $350/person
Questions? Contact Kim Bernard at info@kimbernard.com
Mindfulness in therapy is a growing trend, and with good reason! Research has documented a myriad of benefits occurring through mindfulness practice. These benefits accrue to the practitioner, the client and the therapeutic relationship. You will experience and explore the breadth of “mindfulness,” from a variety of body centered awareness practices (including mindful meditations, yoga-nidra inquiry, qi-qong, yoga, self-massage) to positive psychology and compassion practices.

Program Fee: $395/person

Innerpeace Healing Arts
EMBRACING THE GODDESS ARCHETYPES
MON 9/12 to THU 9/15 • www.innerpeacehealingarts.com

Cultivate balance in your life through experiential exploration of the feminine archetypes. Embody your full wisdom, power, freedom, and intuition through an archetypal circle. Celebrate the power and presence of your Goddess energy with movement (qi-gong, gentle yoga, dance), quiet, self-reflection, meditation, connection in nature, and play on the island.

Program Fee: $150/Goddess

Innerpeace Healing Arts
EMBRACING THE GODDESS ARCHETYPES
WED 9/7 to FRI 9/9 • www.innerpeacehealingarts.com

Celebrate your divine goddess spirit! Nurture and renew with qi-gong, gentle yoga, meditation, mindfulness, and deep relaxation. Infuse yourself with light and energy. Heal and release physical, mental, and emotional stress. You are invited to experience the majesty, wisdom and power of beautiful Star Island and your own true goddess nature!

Program Fee: $150/Goddess

Innerpeace Information
The programs on this page are organized and run by Susan Stibler, LICSW, E-YRT 500.

If you have any questions about an Innerpeace program, please email Susan at susansinnerpeace@gmail.com.

Innerpeace Healing Arts
MINDFULNESS FOR THE PRACTITIONER
MON 9/12 to THU 9/15 • www.innerpeacehealingarts.com
18.5 Category I CEUs - Approved by NH-NASW #3210

Mindfulness in therapy is a growing trend, and with good reason! Research has documented a myriad of benefits occurring through mindfulness practice. These benefits accrue to the practitioner, the client and the therapeutic relationship. You will experience and explore the breadth of “mindfulness,” from a variety of body centered awareness practices (including mindful meditations, yoga-nidra inquiry, qi-qong, yoga, self-massage) to positive psychology and compassion practices.

Program Fee: $395/person
Meditation Week
PRACTICING PRESENCE
SAT 8/27 to SAT 9/3 • www.starmeditation.org

Join a community of kindred spirits for a week devoted to “practicing presence”, through formal silent group meditation, solitary nature contemplation, mindful discussion and savoring life-in-the-moment. This retreat gathers adults of all ages, beginning and advanced in experience, from many traditions and faith backgrounds.

Minister & Registrar: Rev. David Scheuneman
Program Fee: $95/person
Questions? Contact Rev. Dave Scheuneman at Dave@StudioZero.org or (702) 530-ZERO

Religion & Spirituality
For a conference focused on religion and spirituality, check out these offerings:

- Lifespan Religious Education pg. 8
- Star Gathering UCC 1 pg. 4
- Laity Family Weekend pg. 8
- Institute on Religion in an Age of Science pg. 7
- Star Gathering UCC 2 pg. 5

Star Women
FINDING YOUR VOICE
WED 9/14 or FRI 9/16 to SUN 9/18 • www.starwomen.weebly.com

A casual retreat with a mind/body/spirit focus that encourages individuality and creativity while respecting solitude. Past workshop offerings have included fiber arts, crafts, painting, poetry, basketry, wellness, and movement. Strong bonds are developed with each other and the island.

Program Fee: 4-night $75/person; 2-night $50/person
Scholarships: Learn more at starwomen.weebly.com
Questions? Email Leslie Melfi at lesliesews@yahoo.com
Personal Growth

**WC**
Watercolor Intensive

**LETTING COLOR SING**
SAT 7/30 to WED 8/3 •

Color! Color! Color! Experience the beauty of Star through your eyes, mind, heart, and hands. Discover the serendipitous, engaging process of watercolor with instruction in a small, supportive group. All levels welcome.

Instructor: Julia Morgan
Program Fee: $200/person
Scholarships: If the program fee is a hardship, please inquire about limited scholarships.
Questions? Email Julia Morgan at julia@jmorganart.com

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**SB**
Grain Surfboard Workshop

**SURFBOARD BUILDING CLASS**
SUN 9/11 to THU 9/15 • www.grainsurfboards.com

A fun board-building class with each student going home with their own wooden board. The process includes building up the rails, prepping for top planks, adding internal support blocking, gluing down the deck, shaping the rails and finish sanding. We'll also teach you a few extra techniques for building these in quick-time.
When we come to Star Island for the Yoga Retreat, we feel like the sludge that accumulates all year around our hearts turns liquid and runs right off. We return home light and focused, ready for the challenges ahead. Whatever your yoga experience, please join us to practice, laugh, learn, sweat, and rest.

Program Fee: $175/person
Scholarships: Email carrie@rasamaya.com for more information.
Questions? Email tristan@rasamaya.com or carrie@rasamaya.com

This transformational yoga teacher training with master teacher Carrie Tyler is ideal for aspiring teachers and dedicated students. This program is approved by the Yoga Alliance and is focused on providing you with all the tools you need to start your path as a confident, accomplished and thoughtful Vinyasa yoga teacher. A major part of this training focuses on drawing forth your personal strengths, creativity, knowledge and voice. By the time you graduate you will be fully prepared to teach classes in a multi-level format for all levels of skill from gentle to power.

BONUS!
Includes the Star Island Yoga Retreat

Tuition: Before June 15: $3,249 shared, $3,749 single; After June 15: $3,749 shared, $4,149 single. A $500 non-refundable deposit is required. Payment plans for tuition are available.
Questions? Please contact training@rasamaya.com.
Escape to a place of salt spray and ocean breezes with spectacular sunrises, sunsets, starry nights and three meals a day. You can choose to be lazy - even the few scheduled activities are optional. Build new friendships, rekindle the old, kayak, sing, rest, relax and return home feeling refreshed!

Minister: Rev. Mary Giles Edes
Program Fee: $25/person
Questions? Email Sarah Hooker at Sjh18hillside@gmail.com

We welcome kite flyers, rock sitters and writers seeking inspiration. First time Shoalers are welcome. Ours is the conference for lovers of Star. Engage with the island with a minimum of planned activities. Daily, we have two short chapel services and Quaker silent worship.

Minister: Rev. Telos Whitfield
Program Fee: $25/person
Questions? For MidWeek II contact Howard Bennett at howbenn@gmail.com. Quakers should contact Sarah Marter at savery08@comcast.net
Star Island boasts a list of almost 250 recorded bird species and is the place to witness bird migration in New Hampshire. On previous spring trips, we have seen more than 20 species of warblers, and rarities including King Eider, Lark Sparrow, and Summer Tanager. Schedule permitting, in the Spring we will pay a morning visit to the Appledore Banding Station. On previous trips we have seen King Eider, White-eyed Vireo, Sedge Wren, Connecticut Warbler, Clay-colored Sparrow, Lark Sparrow, Summer Tanager, Blue Grosbeak, Dickcissel, Yellow-headed Blackbird, and in 2015, the first state record of Lazuli Bunting. Birding is suitable for kids aged 8 and older.

Program Fee: $100/person.

Questions? Email Eric Masterson at eric.masterson@myfairpoint.net

End of Summer Conference
THE BEST OF SUMMER
FRI 9/9 to SUN 9/11

Come experience Star Island during the Golden Weekend. The weather is charming, the sky the bluest, and the water is welcoming warm. Step onto the island, and enjoy an artist’s pallet of sights, sounds, and experiences. As with last year, this year we are featuring a rich and vibrant offering of live music, quiet relaxation, and outdoor activities such as kayaking, row boating, lawn games, and progressive joke telling.

Program Fee: $25/person
The Yearly Adults Conference is an intentional community of creative people in our first decades of adult independence, committed to learning, growing, and evolving together. We share our talents and skills through programming that showcases our crafts, music, recipes, and humor. Join us this year to connect, reflect, and rejuvenate.

**Minister:** Rev. Leon Dunkley, UU Church of Silver Spring, MD

**Program Fee:** $125/person for 7-day stay, $100/person for 4-day stay, $25/person per night for other durations

**Scholarships:** For financial aid information, please visit bigyacattack.com

**Questions?** Email Ashley Collins at chairofyac@gmail.com

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Paranormal Reactions brings real paranormal adventures live to Star Island. Investigate some of the most active areas on the island. During the day enjoy our Reiki sessions, new high tech classes as you bring us the evidence. Work with our high tech equipment and enjoy night long investigations.

**Guest Speaker:** Staff of North East Paranormal Associates

**Program Fee:** $75/person

**Questions?** Email Maureen Raiche at paranormalreactions@gmail.com
Gosport Regatta
REGATTA WEEKEND
SAT 9/24 to SUN 9/25 • www.starisland.org/regatta

The centerpiece of this program features a sail race that was first hosted in 1874 and carries the tradition of winning the Oceanic Cup, first won by the historic yacht “America.” Follow the race from the starting line on the M/V Thomas Laighton and come ashore in time for lunch with live entertainment and the best views of the finish line. The awards reception and dinner bring race crews and spectators together in the Oceanic Hotel dining room. Guests are treated to a brunch on Sunday. Overnight and race-day tickets available starting March 1 at StarIsland.org/Regatta.

Thank you to our 2015 Event Sponsors

Thank you to the following photographers for allowing us to use their work in this catalog:
Kyle Belmont, Tristan Binns, Katy Biron, Ashley Collins, Sean D. Elliot, Bob Giles, Bob Levine, Dave Scheuneman, Mark Schwerin, Perry Smith, Susan Stibler, Carrie Tyler

Front Cover: Mary Johanna Brown     Back Cover: Perry Smith
Chronological List of Conferences

- Spring Birding Weekend
  May 20 - 22
- Yearly Adults Conference
  June 11 or 14 to 18
- Paranomal Weekend
  June 16 to 18
- Star Arts
  June 18 to 25
- Natural History Week
  June 18 to 25
- Institute on Religion in an Age of Science
  June 25 to July 2
- Road Scholar June
  June 25 to July 2
- Isles of Shoals Historic & Research Assoc. - June
  June 25 to June 29
- All Star 1
  July 2 to 9
- All Star 2
  July 9 to 16
- Lifespan Religious Education
  July 16 to 23
- Creative and Professional Practice
  July 18 to 20 or 20 to 22
- International Affairs
  July 23 to 30
- Star Gathering 1 Family & Youth
  July 30 to August 6
- Watercolor Intensive
  July 30 to August 3
- Star Gathering 2 Family
  August 6 to 13
- Youth Empowerment & Spirituality
  August 6 to 13
- Life on a Star 1
  August 13 to 20
- Life on a Star 2
  August 20 to 27
- Gatsby on the Isles
  August 27 to 28
- Road Scholar August
  August 27 to September 2
- New England Heritage
  August 27 to 30 or September 3
- Star Island Experience
  August 27 to September 3
- Meditation Week
  August 27 to September 3
- Pelican Reunion
  September 2 or 3 to 5
- Laity Family Weekend
  September 2 or 3 to 5
- Road Scholar September
  September 3 to 9
- Vinyasa Yoga Teacher Retreat
  September 3 to 18
- Midweek 1
  September 5 to 9
- Writelines
  September 5 to 9
- Innerpeace Healing Arts: Embodying the Goddess Archetypes
  September 7 to 9
- NH Society of Photographic Artists Retreat
  September 8 to 11
- Writers in the Round
  September 8 to 11
- End of Summer Conference
  September 9 to 11
- Isles of Shoals Historic & Research Assoc. - Sept.
  September 9 to 11
- Innerpeace Healing Arts: Nourishing the Goddess
  September 9 to 11
- Chamber Music
  September 9 to 11
- Grain Surfboard Workshop
  September 11 to 15
- Innerpeace Healing Arts: Mindfulness for the Practitioner
  September 12 to 15
- Midweek 2 & Quaker Retreat
  September 12 to 16
- Star Women
  September 14 or 16 to 18
- Yoga Retreat
  September 15 to 18
- Star Hampshire Dance
  September 16 to 18
- Star Harmony
  September 16 to 18
- Fall Birding Weekend
  September 23 to 25
- Gosport Regatta
  September 24 to 25

How to Register
1.) Visit StarIsland.org to register online.
2.) Visit StarIsland.org to print out a paper registration form to mail in.
3.) Call or email the Star Island office to send you a paper registration form.

Questions?
Contact the Star Island office
Phone: (603) 430-6272
Email: office@starisland.org